



BSR RFC

OFFICIAL MATCH PROGRAMME

THIS WEEKS FEATURES:

AN INTERVIEW WITH
PETER AINSWORTH

MINIS FESTIVAL 2017

IN THE SPOTLIGHT:
GEORGE CULLEN

NATIONAL LEAGUE 1

BISHOP'S STORTFORD RFC V AMPHILL & DISTRICT RFC

30 September 2017

£12

Members £5



This beautiful programme has been
produced using the very latest
printing gizmos!

It's produced weekly...
Designed Friday morning,
Printed and finished Friday afternoon
and in your good hands
by Saturday lunchtime!

Impressed?

Give us a call to find out more
01279 757333 | proco.com



PRESIDENT'S WELCOME

PERRY OLIVER



WELCOME EVERYONE TO OUR 5TH GAME IN NATIONAL ONE AND OUR 3RD AT HOME.

I'd like to extend a particularly warm welcome to all the Players, Officials and Supporters of Ampthill & District RFC. We haven't played them for a couple of seasons but Silver Leys will be familiar territory to them!

I think if you had offered us at the outset 3 wins from our first 4 games at this level we'd have bitten your hand off. We knew Plymouth Albion would be tough. As Longy said immediately after the game they will be up there in the top three or four come the end of the season. We lost, but I felt the score slightly flattered them and I know our team & supporters took a lot of heart from our performance.

That said we still travelled to Roehampton last Saturday as underdogs to take Nat 1 stalwarts Rosslyn Park. Last season 'Park' finished 6th in this league but as we all know whilst our guys are respectful towards opponents who ever they are, they are seldom overawed. And so it proved as just before 5pm we emerged with an unexpected but thoroughly well-deserved 31-24 victory and another 5 league points in the bank! It really isn't an overstatement to call the achievement 'historic' and it was so pleasing to see so many Blazers there to witness it. Even better that the normally reverentially quiet Stortford supporters actually out sung the locals. Russ Abbott would have loved it. Long may that continue!

Today's opponents Ampthill & District are familiar rugby friends. They of course beat us in a promotion play-off to get up to this level in May 2015. In truth they deserved their victory that day and have since gone from strength to strength. Like us they are a community focused

club not just a team and their example of not only how to survive but thrive at this level should give us cause for optimism.

Another 'historic' event took place a couple of Sundays ago when our Ladies XV won their first ever league match 20-5 at St Neots. Their next game is at home on Sunday week (8th) when they entertain Royston. The game kicks off at 2pm and it would be fantastic to see lots of 'Blazers' on the touch line lending their support. Put it in your diary.

At the time of writing, today's other senior men's fixtures find our Blues also at home to Ampthill. Whilst our Mitres, Chindits & Abbotts are all supposed to be away in league action against CS Rugby, Enfield Ignitions & Epping Upper Clapton respectively. Go well guys & finally like a Phoenix from the ashes, our new pitch side bar or 'Banksy's Bar' is now ready for action. It has three times the capacity of 'the wagon' meaning that you should be able to drink even more in the 80 minutes or so that you're pitch side!! Many thanks to Andy Banks for his sponsorship of this vital facility and Tubby, our very own 'Pub landlord' Pete Douglas & John Allanson for swinging speedily into action when the unexpected need arose, to ensure that the faithful haven't had to wait too long for a replacement.

Please christen it & whilst you're at it drink a toast to our much missed friend and 'landlady' - Joolie 'Cookie' Hanger.

Have a lovely day with us here at Silver Leys.

Perry Oliver
President

BARONS STANSTED. YOUR LOCAL BMW RETAILER.

PROUDLY SUPPORTING BISHOPS STORTFORD RFC.



The Ultimate
Driving Machine






As your local BMW Retailer, and sponsor of Bishop's Stortford Rugby Football Club, we have a range of fantastic offers for BSRFC members and fans. Barons Stansted offers the highest levels of service and expertise in the local area, and is the only Centre for all of your BMW needs.

Whether it's a New or Approved Used BMW, or even a Service, our commitment is to maintain the highest of standards.

For more information or to arrange a test drive*, call us on 01279 755906 or visit www.baronsgroup.co.uk/bmw.

BARONS STANSTED

Stansted Road, Bishop's Stortford,
Hertfordshire CM23 2BT

01279 755906   

www.baronsgroup.co.uk/bmw

*Images used for illustration purposes only. Test drive subject to status and availability.

DIRECTOR OF RUGBY

ANDY LONG



THE ELATION OF LAST WEEK'S VICTORY OVER ROSSLYN PARK HAS DIED DOWN NOW, AS WE LOOK AHEAD TO OUR NEXT CHALLENGE IN NATIONAL ONE.

Taking nothing away from the win, we could see how much it meant to our supporters, so thank you to all who came out and helped us over the line.

For us as a team, they are just another side that we had to go and play against.

We try to stay quite grounded, and it didn't surprise me that we went there and won. We know that if we get our game right in the places we identify as vulnerable, we can beat sides like that.

In saying that, it sure was a funny old game, especially considering we were 14-nil down in the first quarter and had actually played some quite good rugby.

We knew that we could expose Rosslyn Park, but we were just a little bit careless with some of our attack, which put us under pressure. I think the turning point was just before half time, when we scored.

That was an emotion shift there.

They were keen to get off the field and we managed to get a penalty kick into the corner with time up on the clock, and were brave enough to take a lineout and go for it. It would have been easy to kick the ball off and go into the change room, but the fact that we weren't scared to try to put a nail in their coffin was a statement for us.

Then we really stepped up our physicality in the second half, playing really direct with our forwards to create some holes, and we were clever with what we did.

We put a lot of pressure on them.

We controlled a lot of possession, and towards the end that was really crucial.

Success over such a renowned side got me thinking about the progression of the club over the years, and how much we have developed to form today's strong foundations.

One of the newest editions to our club is the Ladies team, who were really the missing part of the jigsaw for us as a whole club.

Full credit to Carly for all the effort she has put in to generate the ambition of the ladies squad - if we can harness that and encourage more women to get into the sport then brilliant.

It's great to see them up there on Tuesday training, and I look forward to helping them out and working with them.

I'd like to extend a warm welcome to the Ampthill playing group, as well as their supporters.

Historically, they are a team pretty similar to Plymouth - they have a big forward pack, are pretty direct and have some dangerous runners out wide.

They have picked up a few new players this season, and they will be dangerous.

Like any side, they are going to be a step up from some of the teams we have played.

They have been competitive in this league for a few years now. But we will go out there and as long as we get right what we have planned, I think we have a good chance of causing them a few problems.

Enjoy the game

Longy

BARONS STANSTED.

YOUR LOCAL MINI RETAILER.

PROUDLY SUPPORTING BISHOPS STORTFORD RFC.



As your local MINI Retailer, and sponsor of Bishop's Stortford Rugby Football Club, we have a range of fantastic offers for BSRFC members and fans. Barons Stansted offers the highest levels of service and expertise in the local area, and is the only Centre for all of your MINI needs.

Whether it's a New or Approved Used MINI, or even a Service, our commitment is to maintain the highest of standards.

For more information or to arrange a test drive*, call us on 01279 945786 or visit www.baronsmini.co.uk.

BARONS STANSTED
Stansted Road, Bishop's Stortford,
Hertfordshire CM23 2BT

01279 945786

www.baronsmini.co.uk

*Images used for illustration purposes only. Test drive subject to status and availability.

CHAIRMAN'S VIEWS

COLIN TILLEY

FIRSTLY, A WARM WELCOME TO SILVER LEYS TO TODAY'S OPPONENTS AND OLD RIVALS FROM OUR NATIONAL 2 DAYS

Amphill, who will most likely provide us with another stern test!

Four games into the season and three wins that see us sitting fourth in the League table currently is a situation that we should all be quite happy with, although it is still early days. The away win against Rosslyn Park last week was immense if only for the fact that, by the boys' own admission, they did not play as well as they would have liked! The resilience and determination they showed to come back from an early 14 point deficit said much for the character of the side and demonstrate that we are capable of competing in this League.

A warm welcome also to our many sponsors. The Club places great value on its sponsors and their relationship with us, and is, as ever, extremely grateful for all the support that you give to us and have given over the years. Your support is even more important this year as we move into somewhat unknown territory of playing in National 1. It is going to be a stern challenge but one that we are determined to approach in a very positive way. Just as you are all trying to grow your businesses, we also are trying to grow into tackling the biggest test in the Club's history.

You will all notice that we are able to resume normal service with the completion

of the installation of our replacement pitch side bar, which is in the same location as the original that was destroyed by fire. Once again, I would like to thank Mullucks Wells for their generous donation towards the purchase of the replacement, as well as to Andy Banks, who is sponsoring it under the banner of Banksy's Bar, and Greene King, who helped with the fitting out and supplied all the bar fittings.

Returning to the playing front, congratulations are due to our recently formed Ladies section, who won their first ever League match away to St Neots by 20-5. Their next fixture is at home to Royston on Sunday the 8th October, with a kick off at 2pm and I would encourage as many of you as possible to get up to the Club and give them your support.

Finally, our best wishes go to Paul Maxfield, who has been hospitalised for the past few days, for a speedy recovery and I look forward to seeing him back at the Club imbibing his usual glass of red wine as soon as possible.

Yours in rugby

Colin Tilley
Chairman

THE PLAYERS

BSRFC 1'S XV 2017/18



ADAM EAGLE

SPONSORED BY
CSL Stansted
carstorgeltd.co.uk



ALEX PATTON

SPONSORED BY
Ratcliff & Burridge
ratcliffburridge.co.uk



BEN LAW

SPONSORED BY
Zelleys
zelleysonline.com



BAXTER WILSON

SPONSORED BY
Bit Solutions
bitsolutions.net



BEN BAKER

SPONSORED BY
RecruitAbility
recruitability.co.uk



BEN HARRISON-PRICE

SPONSORED BY
The Axe & the Compass
theaxeabraughing.uk



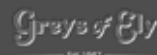
CAMERON IVES

SPONSORED BY
Forward Corporate Finance
forwardcf.co.uk



CHRIS ALDAM

SPONSORED BY
Greys of Ely
greysofely.co.uk



CONOR AUSTIN

SPONSORED BY
Family Sankey
lesley.narburgh@roche.com



CONOR MAHONEY

SPONSORED BY
CC Sports Coaching
marcuscatell05@hotmail.com



DAVE ALDAM

SPONSORED BY
Lunch Club
perry@perryoliver.co.uk



DAN ELSOM

SPONSORED BY
Westbury Garden Rooms Ltd
westburygardenrooms.com





DAN LEO

SPONSORED BY

Tees Law
teeslaw.com



DECLAN CAULFIELD

SPONSORED BY

T Tuscany
to-tuscany.com



GEORGE CULLEN

SPONSORED BY

Mantle Business Centres
mantlebusinesscentres.co.uk



GEORGE KEEN

SPONSORED BY

Bell Street Dental Practice



JACK KAVANAGH

SPONSORED BY

ActionCOACH
actioncoach.com/nickruddle



JAMES ORBART

SPONSORED BY

DRS LLP
www.drslip.com



JACK SCANTLEBURY

SPONSORED BY

NFU Mutual
nfumutual.co.uk



JAMES APPERLEY

SPONSORED BY

Japanese Knotweed
knotweedmanagement.co.uk



JACK PETTS

SPONSORED BY

Multitech
temporary-electrics.co.uk



JAMIE CAMPBELL

SPONSORED BY

McMillans Engineering Limited
mcmillansengineering.co.uk



JIMMY REA

SPONSORED BY

Cammas Hall Farm
cammashall.co.uk



JOE CLARKE

SPONSORED BY

Nockolds Solicitors
nockolds.co.uk





JOE TRACY

SPONSORED BY
Red Pixie
redpixie.com



JOSH WRIGHT

SPONSORED BY
Yoga with Marcella
yogawithmarcella@gmail.com



JON GEORGE

SPONSORED BY
New Globe Homes
newglobehomes.com



JOHNNY NEVILLE

SPONSORED BY
Longmores
longmores-solicitors.co.uk



LAURENCE JOEL

SPONSORED BY
smallman and son ltd



LEWIS BRUNGER

SPONSORED BY
Hanbury Wealth
hanburywealth.co.uk



LUKE WEBBER

SPONSORED BY
Anglia Improvements
angliaimprovements.co.uk



MARCUS BROWN

SPONSORED BY
Mitre Carpentry & ADA Joinery
Design
adsjoinerydesign.com



MARK McCRAITH

SPONSORED BY
Radleys
radleys.com



MATT RIDDINGTON

SPONSORED BY
SMR
smrltd.co.uk



MATT TOMLINSON

SPONSORED BY
Rickard Luckin
rickardluckin.co.uk



MIKE GALLAGHER

SPONSORED BY
R W Marsh
R.W.Marsh@hotmail.co.uk





NICK HANKIN

SPONSORED BY

Physio & Sports Clinic
physio-and-sports-injury-clinic.co.uk



OLI JONES

SPONSORED BY

Nuffield Health
nuffieldhealth.com/gyms/bish-ops-stortford



RORY BANKS

SPONSORED BY

The Star in Standon
thestarstandon@btconnect.com



RORY YOUNG

SPONSORED BY

Midas Underwriting Limited
midasuw.com



ROSS BIRD

SPONSORED BY

BEW Electrical Distributors Ltd
bewdirect.co.uk



SAM JAMES

SPONSORED BY

Seneca Reid
senecareid.co.uk



SAM COLEMAN

SPONSORED BY

Bovis Homes
bovishomes.co.uk



SAM WINTER

SPONSORED BY

Pestell and Co
pestell.co.uk



SEAN EDWARDS

SPONSORED BY

Palmer & Martin
palmerandmartin.co.uk



STEVE BALL

SPONSORED BY

Croucher Needham
cnmadvisory.com



STEVE HEARN

SPONSORED BY

Inscope Imaging
inscope-imaging.com



TOMMY CATTELL

SPONSORED BY

Pro84 Construction LTD
[FB: pro84construction](mailto:FB:pro84construction)



2017-18
 1XV CAPTAIN



TOM BANKS

SPONSORED BY
Russell Partnership
russellpp.co.uk



TOM McCRONE

SPONSORED BY
Novo Creative
novo-creative.com



WILL SIMMONDS

SPONSORED BY
CM23 Scaffolding
info@cm23scaffolding.co.uk



WILL ROBERTS

SPONSORED BY
R W Pearman & Son
Jeffrey.pearman@farmline.com



INTERESTED?

**IF YOU ARE INTERESTED IN SPONSORING
ONE OF THE AVAILABLE PLAYERS
THIS SEASON PLEASE CONTACT:**

Julie North

julienorth1@gmail.com



WESTBURY

GARDEN ROOMS

01245 326500
westburygardenrooms.com

PETE AINSWORTH INTERVIEW



BACK IN 2005 WHEN HIS SON WAS JUST FIVE YEARS OLD, PETER AINSWORTH TOOK HIM ALONG TO THE RUGBY CLUB AT THE BEGINNING OF SEPTEMBER WITH A VIEW TO JOINING THE MINIS SECTION.

He was watching from the sidelines when he soon became more involved than he had expected. "Someone approached me and said you look like a coach. That was the start of it and I've been involved ever since," said Peter.

In fact, Peter hadn't coached before, but he rose to the challenge. No stranger to the game, he had played at school and university, and before long committed himself to coaching the minis on a weekly basis and also enrolled on several coaching courses with the club's backing. In 2010 he was asked to become chairman of the minis section when the previous incumbent stepped down.

He held that position for two years and then, when his son moved up into the youth section, he was also asked to move up to chairman of the section, a post he has held ever since.

Peter is a keen advocate of coaching and under his chairmanship has launched the club's first Young Rugby Ambassadors Programme. "There has been lots of talk about the retention of players in the game. At around the age of 15/16 lots of the young lads stop coming. Encourage "It might be because of girls, social life etc but it can also be because of injury, which holds them back for a while and then they might not come back at all. Whatever the reason we want

to try and encourage them to stay and to that end have piloted a new scheme to try and keep them involved."

The Young Rugby Ambassadors Programme is part of an initiative with the RFU and encourages under-16s to volunteer at the club. They can take courses and continue their involvement with rugby even if they aren't playing. Ironically, shortly after launching the programme, Peter saw the scheme have a positive impact on his own family. "My son had a bad injury and ruptured his anterior cruciate ligament which has meant he can't play for at least 12 months. This programme has given him the opportunity to keep involved so he is still regularly at the club, he sees his mates and is very much a part of it." Some members have also gone on to do refereeing courses. Today the youth section is thriving and standards are high. It's open to new players of all age groups and youth registration takes place on the first two Sundays in September with a team of volunteers on hand to help you through the registration process from 9.30am to 11.30am. There is also a "try before you buy" option, which allows children to experience mini rugby before parents commit the funds.

By Tracey Waples
sportsdesk@hertssexnews.co.uk

THE MINI'S BIG DAY APPROACHES.....

REGISTRATION IS BEHIND US, PARENTS ARE VISITING BOB'S SHOP TO PURCHASE NEW KIT FOR KIDS WHO HAVE GROWN A FOOT OVER THE SUMMER AND THE FIRST FIXTURE TAKES PLACE TOMORROW.



So begins a new season of Mini Rugby at Bishop's Stortford RFC.

Word of mouth regarding our minis is as strong as ever and the number of kids we have on a Sunday is once again at record levels. The additional pitch space provided by the College assists us with our perennial issue of a lack of real estate and our long line of mini players will be swelling the ranks of our youth and then our senior teams for many years.

One of the many highlights of the Mini's season is the annual BSRFC Mini Rugby Festival hosted here at Silver Leys and taking place this year on 15th October. Commencing in 2011 we have hosted clubs from across Hertfordshire, Essex, Cambridgeshire and Bedfordshire. Our festival has a reputation of being very well organised and has always been enjoyable for all involved, both within BSRFC and for our guests.

Primarily run by the club's Under 9 age group, the festival relies on a small army of volunteers to put in place a day of rugby for up to 750 youngsters with 1000 spectators expected to visit us on the day.

The BBQ has, on more than one occasion, been

maned by our very own club president, Perry and the inimitable Paula Amos with our army of "blazers" turning out bright and early to assist with running the car parking. In addition to these volunteers from the senior club helping on the day – that's "One Club" for you – the parents of every child participating from Bishop's Stortford will also help on the day. Without everyone working together like this, the festival could not take place and we are grateful to all who volunteer.

If you have not previously had to pleasure of attending the festival we would encourage you to come to the club on 15th October to witness the sheer joy on the faces of the new Under 7s scoring their first tries for the club or the determination of the Under 12s playing in their final season of mini rugby and running out for their first time – and hopefully not the last – on to our 1st XV pitch and all the kids in between.

The festival committee are still searching for sponsors for the day and if anybody would like to get involved with sponsorship or is available to assist on the day, please get in touch with festival chair Neil Clark,

neil.clark@hessiancoffee.com.



**CROUCHER
NEEDHAM**

accountancy • audit • tax • advisory

Proud supporters of Bishop's Stortford Rugby Club

With a passion for business and a different take on how we help our clients we can work with you to give you:

- more profit
- less tax
- more time

Working with us you will be able to concentrate your time on the things you do best and the things you would rather be doing!

Contact us to arrange a meeting to chat through how we can help you and your business prosper.

01279 213320

www.croucherneedham.com

1A Bridge Street, Bishop's Stortford, Hertfordshire, CM23 2JU
Market House, 10 Market Walk, Saffron Walden, CB10 1JZ

We are always on the lookout for your property



**RUSSELL
PROPERTY**
SALES CONSULTANCY LETTINGS

Whether you're a landlord or tenant...
you want to work with someone who understands all aspects of lettings.

Whether you're concerned about process, putting people together or getting things right legally, we can help.

Please call 01279 501500 to speak to one of our property professionals





Whole College

Saturday 23rd September

9.30am-1.00pm

Consistently ranked within the top 100 Independent Schools; based on A Level results

(Telegraph league table)

SatNav for parking CM23 2PQ

Do you want your child to realise their true potential?

Come to our Open Morning

"The school successfully meets its aim to be a place of learning with a broad and balanced curriculum that enables all pupils to fulfil their potential in everything they undertake." ISI Inspection 2017.

Come to the Open Morning or arrange a private visit. We look forward to welcoming you.

Building confidence for life.

01279 838604

admissions@BishopsStortfordCollege.org



Bishop's Stortford College

Co-educational Day and Boarding 4–18 years

www.BishopsStortfordCollege.org



TODAY'S OPPOSITION

AMPTHILL & DISTRICT RFC



THE PLAYING OF THE GAME OF RUGBY IN AMPTHILL CAN BE TRACED BACK AS FAR AS 1881. THE CURRENT CLUB WAS REFORMED AFTER WWII IN 1950.

They have played at their Dillingham Park ground since 1960.

They were elevated to National One at the end of the 2014-15 season when of course they defeated us in a promotion play-off, 19-10

One of the biggest clubs in Bedfordshire they boast no fewer than six senior men's teams, a Ladies team and a massive Mini & Youth section covering all age groups from U6 to Colts

This is then their 3rd consecutive season at level 3 and indeed they have very quickly established themselves as one of the 'teams to beat' at this level. In their first season quite incredibly they finished fourth, winning no fewer than 20 of the 30 games.

Last season they went one better by finishing 3rd (elevated to Runners up after Plymouth Albion's points deduction) and in doing so improving their win record to 22 out of the 30.

So far this season they have won two, drawn one and lost one of the four games played but in fairness they have played two of the teams who will be fighting them for promotion this year away, Blackheath & Birmingham Moseley.

Last Saturday they ran in seven tries to demolish Esher at Dillingham Park.

Team Colours





Proud to support Bishop's Stortford Rugby Club

Wealth management advice to kick-start your financial planning

We provide an experienced wealth management service
and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact GQ Wealth Management on:

Tel: 01279 210085

Email: leigh.gqwm@sjpp.co.uk Website: www.gqwm.co.uk

the physio& sports injury clinic

The Physio & Sports Injury Clinic based at Bishop's Stortford Rugby Club, supporting BSRFC from Minis to Seniors.

We treat all age groups and abilities, providing Quality Treatment for all types of muscle and joint problems in a Friendly and Supportive atmosphere by Experienced Chartered Physiotherapists.

Proud Sponsor of Bishop's Stortford Rugby Club

For appointments and information contact **07944 394096**

EMAIL: physioandsportsclinic@gmail.com

WEBSITE: www.physio-and-sports-injury-clinic.co.uk

Clinics Monday-Saturday with evening appointments available

Julie Wright BSc (Hons) MCSP Chartered Physiotherapist

The Physio and Sports Injury Clinic, Bishop's Stortford Rugby Club, Hadham Road, Bishop's Stortford, Herts, CM23 2QE

Belcom

Industrial Network Cables

A LOCAL COMPANY WITH INTERNATIONAL REACH SUPPORTING

BISHOP'S STORTFORD RFC

Our cables operate in some of the toughest environments within the industry worldwide. We design and manufacture cables to the highest performance levels with third party verification, we are specified for use on the world's largest industrial projects.

No secret: Experience, common sense, plain speaking, technical knowhow and the will to deliver.



01279 871 150

www.belcom.co.uk

INDUSTRIAL NETWORKS - NETWORK & DATA - MARINE, OIL & GAS - ENTERTAINMENT & BROADCAST - RETAIL & LEISURE - COMMERCIAL BUILDING - SECURITY - TRANSPORT INFRASTRUCTURE





Proud Supporters
of the Bishop's
Stortford Rugby
Football Club



Bishop's Stortford

6 Market Square
Bishop's Stortford
Hertfordshire CM23 3UZ

t: 01279 755777



London

46 New Broad Street
London
EC2M 1JH

t: 020 7294 7330

www.nockolds.co.uk





HELPING YOUR BUSINESS SUCCEED

PROUD SUPPORTERS OF BISHOP'S STORTFORD RFC

Price Bailey offers a full range of compliance and advisory services from audit and assurance to strategic corporate finance, tax consulting, pensions and outsourcing. We are here to help you and your business to grow.

For further information please contact Gary Miller or Tony Pennison:

Gary Miller, Partner

T: 01279 712719

E: gary.miller@pricebailey.co.uk

Tony Pennison, Partner

T: 01279 712716

E: tonyp@pricebailey.co.uk

 **Price Bailey**
CHARTERED ACCOUNTANTS

pricebailey.co.uk

Price Bailey ® is registered as a UK trademark of Price Bailey Group Limited. © 2016 Price Bailey. For more information about Price Bailey and regulatory details please visit www.pricebailey.com/legal.

PROUD SUPPORTERS OF BISHOP'S STORTFORD RFC

OUR HERITAGE,
OUR PASSION.
YOUR IPA.

greenekingipa.co.uk



GREENE KING
BURY ST EDMUNDS



Mi|Home™

is a Smart Home



take control of your home using your smartphone, tablet or PC

Mi|Home
Sockets



Mi|Home
Lights



Mi|Home
Relay



Mi|Home
Heating



ENERGENiE®
your switch is my command

BIT Solutions

Premier support, individually tailored



BIT Solutions are big on ideas, expertise and results

And small where it matters, offering the personal touch and tailored solutions. BIT Solutions are a leading provider of cloud and on premise IT solutions for clients throughout the South of England.

With our enterprise cloud platform located in two of the most advanced datacentres in Hertfordshire we are able to provide our clients with flexible, high performance and ultra reliable cloud solutions to suit every need.

We also offer strategic IT planning, on premise IT infrastructure design, assistance to in-house IT teams and a range of business IT support plans.

Proud sponsors of Bishop's Stortford Rugby Club

tel: 0845 459 4172 email: info@bitsolutions.net web: www.bitsolutions.net



TOTAL SUPPORT FOR COMMERCIAL PROPERTY CLIENTS

Commercial agents who mean business

Coke Gearing
consulting

Chartered Surveyors

01279 758758

- INVESTMENTS
- VALUATIONS
- ACQUISITIONS
- LANDLORD AND TENANT
- PLANNING ADVICE
- DEVELOPMENT
- SALES AND LETTINGS
- BUILDING CONSULTANCY

www.cokegearing.co.uk



Come to expect more.

**Legal and financial advice from
experts on your side.**

www.teeslaw.com

Bishop's Stortford

Tees House, 95 London Road, Bishop's Stortford, Hertfordshire CM23 2GW

01279 755200

Tees is a trading name of Stanley Tee LLP regulated by the Solicitors Regulation Authority. Registered in England and Wales number OC327874. Tees is a trading name of Tees Financial Limited which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales number 4342506.

ANDREW BANKS

Wood Flooring Specialist



TEAMWORK
MAKES THE
DREAM WORK

www.andrewbanks.co.uk

KORU

strength + fitness

OPEN NOW



DON'T DREAM OF IT. TRAIN FOR IT.

Without doubt, the best training facility
in the area. Come and check us out.

Peek Business Park, Woodside, Bishops Stortford, CM23 5RG

T: 01279 506487 E: team@korugym.com

www.korugym.com



Proud supporters of Bishop's Stortford Rugby Football Club



Strategic Financial Planning

We want to understand our clients' goals and values. Then deliver ongoing strategic advice aligned to these goals and values.

We aim to have a personal, long standing relationship with all our clients. We adopt a personal and comprehensive approach to each individual's financial circumstances and help to improve their financial strength through protecting and generating wealth as well as consolidating and focusing their existing plans.

**To discuss how we may be able to help you achieve your financial goals call us on
01279 874480**

RESULTS GRID, TABLE & FIXTURES

NATIONAL LEAGUE 1

National League 1 Results Grid																
	Ampt&D	B'ham	BSRFC	B'heath	Caldy	Camb	Coventry	DarlMPk	Esher	Fyde	Hull Ion	L'boro S	O.Alb'n	O.Eltham	Plym'th	RossPk
Ampt&D		28/4	20/1	6/1	17/2	21/10	14/4	7/4	45-5	7/10	16/12	3/2	28-24	4/11	10/3	25/11
B'ham	21-21		21/10	7/10	25/11	10/3	23/12	17-31	3/2	12/2	38-24	4/11	20/1	2/4	0/12	21/4
BSRFC	30/9	10/2		3/2	49-26	21/4	27/1	25/11	11/11	7/4	14/10	9/12	28/10	23/12	17-36	13/1
B'heath	16-15	27/1	4/11		25/11	2/4	23/12	21/10	12/2	10/3	30/9	24/11	14/10	31/4	32-31	23/12
Caldy	29/10	25/3	28/4	14/4		16-20	3/3	20/1	16/12	37-19	11/11	6/1	2/12	27/1	14/10	10/2
Camb	10/2	11/11	16/12	2/12	13/1		28/10	6/1	14/4	28/4	3/3	9-14	24/3	30/9	27/1	14/10
Coventry	9/12	50-11	7/10	37-10	4/11	17/2		21/4	20/1	3/2	28/4	21/10	6/1	10/3	25/11	7/4
DarlMPk	2/12	15/1	24/3	10/2	30/9	35-18	16/12		3/2	14/4	23/12	33-23	27/1	14/10	28/10	11/11
Esher	13/1	14/10	10/3	28/19	21/4	9/12	30/9	4/11		25/11	27/1	2/4	10/2	39-14	23/12	32-17
Fyde	27/1	28/10	2/12	11/11	23/12	12-25	14/10	9/12	24/3		10/2	21/4	3/3	7-43	13/1	30/9
Hull Ion	21/4	6/1	3/2	20/1	10/3	4/11	20-63	15-27	7/10	21/10		17/2	26-36	25/11	7/4	0/12
L'boro S	14/10	3/3	14/4	24/3	26-31	23/12	10/2	28/4	3/12	16/12	28/10		11/11	13/1	30/9	27/1
O.Alb'n	23/12	11/11	12/2	3/2	2/4	25/11	19-21	7/10	21/10	4/11	13/1	10/3		9/12	21/4	0-58
O.Eltham	3/3	2/12	13-19	16/12	7/10	20/1	11/11	3/2	28/4	6/1	24/3	36-20	14/4		10/2	28/10
Plym'th	11/11	14/4	6/1	28/4	3/2	7/10	24/3	12/2	43-10	68-15	2/12	20/1	16/12	21/10		3/3
RossPk	24/3	16/12	24-31	6-25	21/10	3/2	2/12	10/3	6/1	20/1	14/4	2/10	28/4	17/2	4/11	
															Round 16-30	
															Round 1-15	

Season 2017-2018 NATIONAL 1

23rd September Results

Home Team			Away Team
Amphill & District	45	5	Esher
Birmingham Moseley	17	31	Darlington Mowden Park
Caldy	16	20	Cambridge
Coventry	37	10	Blackheath
Hull Ionians	26	36	Old Albanian
Old Elthamians	36	20	Loughborough Students
Plymouth Albion	68	15	Fylde
Rosslyn Park	24	31	Bishop`s Stortford

Season 2017-2018 NATIONAL 1

30th September Fixtures

Home Team		Away Team
Darlington Mowden Park	Vs	Caldy
Bishop`s Stortford	Vs	Amphill & District
Blackheath	Vs	Hull Ionians
Cambridge	Vs	Old Elthamians
Esher	Vs	Coventry
Fylde	Vs	Rosslyn Park
Loughborough Students	Vs	Plymouth Albion
Old Albanian	Vs	Birmingham Moseley

National League 1

Club	Pld	W	D	L	F	A	PD	TBP	LBP	Ded	Pts
1) Darlington Mowden Park	4	4	0	0	126	73	53	4	0	0	20
2) Coventry	4	4	0	0	171	60	111	3	0	0	19
3) Plymouth Albion	4	3	0	1	178	74	104	4	1	0	17
4) Bishop`s Stortford	4	3	0	1	116	99	17	2	0	0	14
5) Blackheath	4	3	0	1	83	89	-6	1	0	0	13
6) Amphill & District	4	2	1	1	109	66	43	2	1	0	13
7) Caldyc	4	2	0	2	110	114	-4	3	1	0	12
8) Old Elthamians	4	2	0	2	106	85	21	2	1	0	11
9) Cambridge	4	2	0	2	72	77	-5	1	1	0	10
10) Esher	4	2	0	2	86	119	-33	2	0	0	10
11) Rosslyn Park	4	1	0	3	105	88	17	2	1	0	7
12) Birmingham Moseley	4	1	1	2	87	126	-39	1	0	0	7
13) Old Albanian	4	1	0	3	79	133	-54	1	2	0	7
14) Loughborough Students	4	1	0	3	83	109	-26	0	1	0	5
15) Hull Ionians	4	0	0	4	85	164	-79	1	0	0	1
16) Fylde	4	0	0	4	53	173	-120	0	0	0	0

THE TEAMS



PLEASE NOTE THAT OUR BAR LICENCE SPEC
AND GLASS BOTTLES ONTO THE FIELD. REUSABLE, R
SO PLEASE ASK FOR ONE, IF YOU INT

BISHOP'S STORTFORD 1ST XV

BLUE AND WHITE

1	Will Roberts
2	Declan Caulfield
3	Sean Edwards
4	Dave Aldam
5	Matt Tomlinson
6	Dan Leo
7	James Apperley
8	Steve Ball
9	James Lennon
10	George Cullen
11	Jimmy Rea
12	Johnny Neville
13	Sam Winter ©
14	Chris Smith
15	Nick Hankin

REPLACEMENTS

16	Sam James
17	Tom McCrone
18	Oli Jones
19	Matt Riddington
20	Sam Coleman

Man of the Match Sponsor



Director of Rugby Andy Long | **Team Manager** Ed Merivale | **Physio** Paul Sharma
Coaches Danny Johnson, Richard Gill, Tom Coleman, Marcus Cattell

IFICALLY FORBIDS THE TAKING OF GLASSES
RIGID PLASTIC GLASSES ARE AVAILABLE AT THE BAR,
TEND TO TAKE YOUR DRINK OUTSIDE



AMPTHILL & DISTRICT RFC

MAROON AND GOLD

	Toby Trinder	1
	Aleki Lutui	2
	Karl Garside	3
	Paino Hehea	4
	Ben Gulliver	5
	Syd Blackmore	6
	Joe Bercis	7
	Maama Molitika	8
	Stef Liebenberg	9
	Elliot Reeder	10
	Sam Baker	11
	Will Goodge	12
	Sam Hanks	13
	James Pritchard	14
	Karim Lynch	15

with thanks to

FORWARD

Corporate Finance

REPLACEMENTS	
Josh Taylor	16
Jack Culverhouse	17
Simon Pitfield	18
Ben Calder	19
Josh Sharp	20



Heating & Plumbing

20 Rectory Lane, Farnham,
Bishop's Stortford, CM23 1HU,
Email: nharper114@aol.com

Proud members of

Checkatrade.com
Where reputation matters



01279 771 981
harpersplumbing.co.uk



You can rely on a Worcester...

The only gas boiler manufacturer
to be awarded **Which? Best Buy**
for 6 years running...

**and you can rely
on us to install them**

The game **has** **changed.**



Beyond technology.



fishnchickn[®]

One taste and you'll be hooked...

PROUD SPONSORS OF BISHOP'S STORTFORD RUGBY CLUB FOR THE 2016/17 SEASON



WE CAN CATER FOR PARTIES OR CELEBRATIONS

Let us deliver piping hot delicious fish and chips to your door! Each individual portion comes in a hot pack with a knife, fork, face wipe, salt, vinegar and a paper napkin.

MEAL	ORDERS UNDER 100 PORTIONS PRICE PER PORTION	ORDERS OVER 100 PORTIONS PRICE PER PORTION
COD & CHIPS	£5.60	£5.45
HADDOCK & CHIPS	£5.60	£5.45
1/4 CHICKEN & CHIPS	£4.50	£4.35
JUMBO SAUSAGE & CHIPS	£3.20	£3.15
VEGETARIAN BURGER & CHIPS	£3.60	£3.50

Price includes delivery (for orders of 50 portions or less there will be a £15.00 Delivery charge).

Our staff will even clear all of the rubbish away for you!

Please call our head office on 01279 713560 to check availability and place your order.

For more information visit our website at

www.fishnchickn.co.uk

or why not visit your local branch at

8 Thorley Centre, Thorley Park, Bishop's Stortford CM23 4EG

tel: 01279 466283

ROSSLYN PARK 24 BISHOP'S STORTFORD 1ST XV 31

By John Allanson

It's no overstatement to term this an historic win for Stortford, enjoyed by a huge crowd of traveling supporters, including main sponsor, Tees Law.

This is the first time that Stortford have played a league game against the institution that is Rosslyn Park and to go there and gain a well-deserved win, represents a massive achievement for players, coaches and, indeed, the whole Club - much of which seemed to be in highly vocal attendance!

Having started brightly, Stortford suffered a few early lapses in concentration with one or two crucial errors and a handful of penalties conceded, particularly at breakdowns. The home side needed no second invitation and scored two converted tries on 6 and 17 minutes, the first from a powerful driving maul from a 5 metre lineout and the second through some quick handling to create and exploit a mismatch in midfield. Stortford, though remained undaunted and soon narrowed the deficit to 7 points, when Nick Hankin ran back a Park box kick to set up possession well inside home territory, from where quick hands along the backs created a two on one, which Jack Scantlebury exploited clinically to draw the last man and set Ryan Hutler free to the line. George Cullen confidently added the extra 2 points. Better was yet to come as, with halftime approaching, Alex Patton took a quick penalty and sent Johnny Neville running at the opposition, making some 30 metres before the powerful centre was stopped. The strength of the home defence was such, though that it took several phases, before it was fully stretched and it took a tremendous long pass by Cullen to find winger, Jimmy Rea in space for a try. The fly half's conversion levelled the score, but there was time enough for further drama, as the home side sought to get back into the changing room all square. Forgetting the new Law on penalties to touch after time has expired, Park's fly half stabbed a penalty direct into touch close to halfway, which, in contrast to last year's Laws resulted in a lineout. Possibly confused by the need to play on, the home side were unable to retain the ball from their own throw and, having won a turnover, Stortford managed to gain a breakdown penalty. Going for broke, Cullen found touch some 7 metres out from the opposition line and it was almost inevitable, given the sudden and - to Rosslyn Park, unexpected - turn of events, it was no surprise that the visitors were able to score a last-ditch unconverted try, as Will Roberts broke from the back of a driving maul. Stortford thus went into the break 5 points ahead.

The visitors, though didn't start the second period well, with the lineout suddenly wobbling and one misdirected pass was enough to put the home side onto the attack, forcing Cullen to carry the ball over his own try line, as he fielded a kick ahead under severe pressure. Stortford managed to repel a series of drives at their line but, following a long delay for a back or neck injury to Park's captain, Adam Frampton, the restart took the form of an attacking scrum, though it had appeared from the touchline that Park had knocked the ball on. The home side did not waste the opportunity and levelled the scores with an unconverted try after a couple of phases and now seemed to have their tails up. They were straight back onto the attack and registered another 5 points some 5 minutes later, after quick hands and some elusive running gave their outside centre room to wriggle his way over in the corner. Once again, the young Stortford side proved to be unphased by going behind and launched themselves into a series of attacks involving the whole side, putting Rosslyn Park under tremendous pressure. The result was two more scores to the battling visitors. First Roberts forced his way over for his second and his team's bonus point try after 28 minutes and Cullen's conversion established a 2 point lead. This was extended to 7 some 5 minutes later, when replacement winger, Chris Smith crashed over for a try out wide after his side had run through many more phases of 15 man rugby. The game was still not over, though and Stortford's defensive mettle was again put to a stern test, as the home team pounded on their line for some 3 or 4 minutes. With the visiting supporters in full voice, though, there seemed no way that the team would allow such a momentous victory to be snatched from them and a crucial final turnover was duly won and the ball despatched safely into touch to end the game.

For those many Stortford supporters present, this win will live long in their memories and for those not present - dare you miss next week's big home game against Ampthill? COYB!!

Our best wishes in the meantime go to Adam Frampton for a full and speedy recovery from his injury.

When it comes to supporting our local rugby club, we're in the front row.



Das WeltAuto.

Used cars you can trust. Guaranteed.

12 months Roadside Assistance

12 months warranty

142 point check

30 days or 1,000 miles

'no quibble' exchange policy

Servicing

Collection and delivery

Courtesy cars available

MOT

Price Match on Volkswagen servicing and repairs

M J Warner

Hare Street, Buntingford, Hertfordshire, SG9 0EA.

Telephone: 01763 290145.

www.mjwarner.co.uk



Volkswagen



We try harder.

Backup and disaster recovery for Education and Business

CALL NOW

01279 465 654

www.gigasoftdatabackup.co.uk



Opening Hours

Lunch

Open 7 days a week
11.30am to 2.00pm

Dinner

Sunday - Thursday
5.00pm to 11.00pm
Friday & Saturday
5.00pm to midnight

Find Us

24 Hadham Road,
Bishop's Stortford, CM23 2QS

01279 507777/658888

Order Online

www.zara-dining.com

Zara

Indian Dining

Modern Indian Dining in Elegant Surroundings

We are a family friendly restaurant, serving innovative Indian cuisine for those who enjoy good food and wine with friends in a relaxed atmosphere in the heart of Bishop's Stortford.

Why not pop in for just a glass of wine or one of our specially selected cocktails before your meal.

Or order a take-away by phone or from our web site.



LADLERS
RED POLL

JR Farming

Fuelling our 1st XV this
Season with Red Poll Beef !



Providing Bishop's Stortford & surrounding
areas with **SCRUMmy** local beef ...



LADLERS
RED POLL

Ladlers, Dunmow, Essex, CM6 1SP

07729 562996 ladlers@hotmail.co.uk

www.facebook.com/ladlersredpoll

IN THE SPOTLIGHT: GEORGE CULLEN



WE MOVED AS A FAMILY OUT OF LONDON TO STORTFORD WHEN I WAS 7 YEARS OLD HAVING ONLY PLAYED FOOTBALL UP UNTIL THAT POINT.

I still vividly remember my first Sunday morning up at the club, passing a ball around in a circle with all my new team mates.

I got into rugby mainly through my Dad, JC, who played a lot back in the day! He has certainly had the biggest impact on my rugby career of anyone, particularly in the early years at BSRFC.

We had a very strong age group coming up through the ranks at the club and it's great to see so many of the team now playing 1st XV rugby at the club, including Banksy, Rory Young, Will Roberts, Scants and Cronie.

We won a handful of national competitions including the Belfast tournament at U12s when we beat our old rivals Bridgend from Wales. It's great to see a core group from that team have come up through the club and are pushing the 1st team to new heights, and to be part of that group is pretty special.

I highly doubt there is another club in the country, certainly not anywhere near this level, who are able to field 6 players who have played together at that club since aged 7.

We were initially coached by Nigel Smith and JC, but from U14s onwards we were taken over by Jim Taylor and, as well as a great tour to Toulon, a great memory is winning the National U17s plate at Franklins Gardens. Finishing off our youth rugby at the club on such a high definitely prompted a lot of us to carry on playing into colts and senior rugby thereafter.

As is the case with a lot of boys, uni commitments took over for the majority, which restricted playing for the club to holiday periods only. I think it's awesome how despite going off to different corners of the country, most guys at the club are still drawn to coming back and keep playing when they can.

For me, while my two years after my undergrad studies were, for the initial few months of the season focused on playing at Oxford in the varsity campaign, I was always looking forward to coming back and joining back up here for the second half of the season (maybe I should have stayed away because as soon as I stopped doing that we got promoted!)

Last year I was presented with the opportunity to play for London Scottish in the championship which was something I had always wanted to do; to be able to test myself in a professional environment and play alongside and against top level, sometimes international players.

I feel the experience greatly improved me as a player and hopefully it's allowed me to be able to bring a bit of extra experience to the team this year. In the end it was an easy decision to come back and play at Stortford as we embark on the club's journey in the third tier.

While I have no doubt there will be some tough outings this year, I have every confidence that we have the ability to beat any team we play.

Free 5 Day Membership at Nuffield Health Bishop's Stortford



- ✓ Swimming Pool (20m) with Sauna, Steam Room & Spa Facilities
- ✓ Large Gym area containing Cardio equipment (treadmills, cross-trainers, steppers, rowing machines & bikes); Functional Training area with TRX, punch-bag, ropes & kettle bells.
- ✓ Free weights area with two squat racks & large variety of cabled equipment to work all your muscle groups, Power plate & two hydration units.
- ✓ Two studios where over 80 classes are held throughout the week including Zumba, Pilates, Yoga, Cycle, Body Balance, Boxercise, Body Pump...
- ✓ Relaxation area providing treatments including massages, facials & nail treatments where Elemis products are used.
- ✓ Swim School providing group & private swimming lessons.
- ✓ Café Bar providing hot/cold drinks, sandwiches, salads & range of hot food options
- ✓ In Addition to above you will receive free MOT health check & Programme with a Personal Trainer

Contact Iryna Moulding on 01279507002 or iryna.moulding@nuffieldhealth.com

Offer valid until 18th of December 2016. Terms and conditions apply.

Bovis Homes is delighted to support Bishop's Stortford RFC



New Bovis Homes coming soon
to Bishop's Stortford

Photography shows a typical Bovis Homes interior

bovishomes.co.uk


BOVIS
HOMES

CLUB STORTFORD

NOW IN ITS FIFTH SEASON, CLUB STORTFORD WAS SET UP BY A SMALL WORKING PARTY, TO SUPPORT THE 1STXV SQUAD AFTER PROMOTION TO NATIONAL LEAGUE RUGBY IN 2013/14. OUR AIM IS “TO ENSURE BISHOP’S STORTFORD RFC HAS A SUSTAINABLE FUTURE IN NATIONAL LEAGUE RUGBY AND CONTINUES TO NURTURE HOME GROWN TALENT.”

Working in conjunction with the 1stXV coaching team, CS provides funding for various expenditure beyond the financial resources of the main club. These are specific to the first team/Blues squad, and include items such as strength and conditioning, video analysis of matches, equipment, additional medical support, travel and overnight stays for long distance away fixtures.

Director of Rugby, Andy Long, has reiterated on a number of occasions the importance he attaches to the financial support given by Club Stortford. Quite simply, without it's support, the team would not be able to perform at such currently high levels. Two third place finishes, a second place play off and now promotion to National 1 in the last four seasons is an outstanding achievement.

Club Stortford currently has 30+ like-minded members, all willing to provide the necessary funds to allow the club to play at National league level. These are either individual, corporate or syndicate members, enjoying various benefits associated with their membership.

We continue to look for new members, to allow us to broaden and deepen the extent of our support. We would urge you to consider joining Club Stortford.

If you are interested and would like further information, please contact our secretary, Russell Cattell 07778 101988, Charlie Dunsford 07710 120011, Brian Moore 07768 356746 or our chairman Neil Parker 07860 300080.

THE OVAL CLUB



THE OVAL CLUB WAS FOUNDED IN 1998 BY A GROUP OF MEMBERS WHO GOT TOGETHER TO FIND A WAY OF RAISING FUNDS FOR THE CLUB WHICH COULD BE USED TO FUND FACILITIES AND PROJECTS WHICH WOULD ENHANCE THE PLAYING SIDE OF THE CLUB. WITH THAT IN MIND THE STATED MISSION STATEMENT OF THE OVAL CLUB IS:

‘TO CONTRIBUTE TOWARDS PROMOTING THE HIGHEST POSSIBLE STANDARD OF RUGBY THROUGHOUT BISHOPS STORTFORD RUGBY CLUB’

The Oval Club operates as an autonomous body and is entirely independent of the Rugby Club's financial and administrative operations. No member of the Oval Club Committee can be a member of the official Rugby Club management. The Oval Club does not seek to influence decisions of the Rugby Club.

Of the contributions received into The Oval Club's Fund two thirds of each contribution is set aside for the Rugby Club and one third is allocated to the Members to fund social occasions.

Since its establishment the Oval Club has raised over £225,000 and to date £138,000 has been allocated in support of funding requests from the Rugby Club for many projects including:

- Floodlighting the back field pitches,
- Improvement of the playing surfaces, including the purchase of a Verti-drainer,
- Supporting Youth and Minis through, tours, kit and additional playing facilities,
- Replacement of goal posts,
- Playing equipment and travel costs for all teams,
- Purchase of physiotherapy equipment,
- Refurbishing the changing rooms' showers,
- The drainage of the floodlit pitch,
- Junior coaching courses, and
- Pitch repair and maintenance.

At present on the Member's side social functions held each year include:

- A Home Match Lunch and Drinks
- An away match Coach Trip and Lunch and Drinks
- An Annual Forum Dinner and Drinks incorporating a partially financed Golf day

The current membership is 74 which is deemed by the Committee as an appropriate and manageable number however this is not set in stone and new members are always welcome. If anyone would like to join please contact one of the Committee Members listed below.

The Oval Club has played an important part in providing much needed funds for the Rugby Club to enable playing facilities and standards to be improved and it will continue to do so with the help of its members.

Members of the present Oval Club Committee are:

Robbie Kerr	Chairman
John Robinson	Secretary
John Power	Treasurer
Mark Caulfield	
Mike Howatson	

Belcom

Industrial Network Cables

A LOCAL COMPANY WITH INTERNATIONAL REACH SUPPORTING

BISHOP'S STORTFORD RFC

Our cables operate in some of the toughest environments within the industry worldwide. We design and manufacture cables to the highest performance levels with third party verification, we are specified for use on the world's largest industrial projects.

No secret: Experience, common sense, plain speaking, technical knowhow and the will to deliver.

 **01279 871 150**
www.belcom.co.uk

INDUSTRIAL NETWORKS - NETWORK & DATA - MARINE, OIL & GAS - ENTERTAINMENT & BROADCAST - RETAIL & LEISURE - COMMERCIAL BUILDING - SECURITY - TRANSPORT INFRASTRUCTURE

david
hawkins



Essex Commercial Photography
www.davidhawkins.biz
mail@davidhawkins.biz
08707 874 184



WE ARE VERY PROUD TO SUPPORT
BISHOP'S STORTFORD RUGBY FOOTBALL CLUB
GOOD LUCK FOR THE REST OF THE SEASON




**CONNECT
SCAFFOLDING**


**CONNECT
EVENTS**


**CONNECT
HOISTS**



Safer, easier, quicker ... better connected!



MULTITECH

SITE SERVICES

Temporary Electrics - Permanent Commitment®

BSRFC SPONSORS

**AND SUPPLIERS OF TEMPORARY SITE SERVICES TO
THE UK CONSTRUCTION INDUSTRY SINCE 1998**

New Game, New Job?

Check out the latest career opportunities at Multitech:

www.temporary-electrics.co.uk/careers

See if you can join **our** talented team (*no gum shields required*)

temporary-electrics.co.uk

Multitech Site Services Ltd, Multitech House,
Flitch Industrial Estate, Great Dunmow, Essex CM6 1XJ. Telephone: 01371 877060

Reedside Ltd

(Ben Clarke)

Offices To Let

From starter units of 150sq. ft. increasing in size.

All with parking, near to railway station.

Keen prices, lease or licence.

Tel: 01279 658 301

Fax: 01279 506 126

Email: jsbclarke@zoo.co.uk

Properties:

The Maltings, Southmill Road, Bishop's Stortford, Herts.

The Maltings, Station Road, Sawbridgeworth, Herts.

FLEXIBLE OFFICES • COWORKING • VIRTUAL OFFICES • MEETING ROOMS



Thremhall Park, Stansted



CB1, Cambridge



Elizabeth House, Chelmsford



The Officers' Mess, Duxford

mantle
BUSINESS CENTRES
creating better business spaces

**WORK SPACE IS CHANGING - GET IN TOUCH
TO TALK ABOUT HOW WE CAN HELP YOUR
BUSINESS TO WORK MORE FLEXIBLY**

0333 00 66 330 • www.mantlebusinesscentres.co.uk

We'll work around the clock to find a buyer for your property...



**RUSSELL
PROPERTY**
SALES CONSULTANCY LETTINGS

Considering a move this year?

With a wealth of local knowledge Russell Property can advise you on the best ways to maximise your homes full potential when moving.

Please call 01279 501500 to speak to one of our property professionals who will help guide you through the moving process.





Propel your business into the **New Season!**

Find out how we can help reduce costs in your office and make life easier for you and your staff with increased productivity and profit!

System One will streamline your office workflow with a range of multi-functional devices to suit both your working environment and your pocket.

System Two will design, print and provide mailing services, helping you to promote your business, services or products.

Get in touch now to find out more...

SystemOne
SIMPLE OFFICE SOLUTIONS

01279 602700
www.systemone.co.uk



SystemTwo
PRINT SOLUTIONS

01279 602709
www.systemtwo.co.uk

yoga with Marcella

vinyasa  flow



Benefits of Yoga

Yoga is a beautiful exercise for both the body and the mind.

- . Increased **Core Strength**
- . Lowers Blood Pressure
- . Increased **Flexibility**
- . Improved **Intuition**
- . Improved Digestion
- . Body **Detoxification**

Book Now:
Classes in and around:
Great Dunmow, Buckhurst Hill
and Woodford areas
Please contact for full time table
Private and group bookings
also available
Kids, Pre-natal and
Post-natal classes available
Nutritional advice available
Specialising in Yoga for athletes
Bishops Stortford 1st XV
Rugby team official sponsor and
Yoga Instructor




**"YOGA IS
THE PRACTISE
OF QUIETING
THE MIND"**


PANTAJALI





What is Vinyasa Flow Yoga?

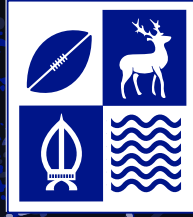
The word "**vinyasa**" can be translated as "arranging something in a special way," like yoga poses for example. Vinyasa Yoga is a style of **yoga** that focuses on **flow**. Vinyasa Yoga movements are very **smooth** and each pose connects to the next with either an inhale or an exhale.

 @yogawithmarcella
 @marcellayoga
 @yogawithmarcella

Yogawithmarcella@gmail.com 

07852 197539 

/yogawithmarcella 



BISHOP'S STORTFORD RFC

FIREWORKS DISPLAY 2017

SKY'S ALIGHT 7PM

Saturday 4th November

See website for advance ticket sales

Advance Ticket Prices

Family Ticket (2 adults + 2 children (2-17yrs))	£15
Additional Child Ticket	£3
Additional Adult/ Unaccompanied Child Ticket	£5

Tickets bought on the night will cost more
No Re-admittance, No Sparklers

BISHOP'S STORTFORD RFC

FUNCTION ROOM HIRE

WITH OUR MODERN CLUBHOUSE WE HAVE THREE QUALITY ROOMS, WHICH CAN BE HIRED FOR A RANGE OF EVENTS INCLUDING BIRTHDAYS, ANNIVERSARIES, CHRISTENINGS, WEDDING RECEPTIONS, FITNESS CLASSES, BUSINESS MEETINGS AND PRESENTATIONS.

THE PRESIDENT'S BAR



HOLDS 40 PEOPLE

THE STOKES ROOM



HOLDS 150 PEOPLE

THE SCRUM BAR



HOLDS 200 PEOPLE

**For further information including
function rates please contact:**

SIAN WILDE. BSRFCBOOKINGS1@GMAIL.COM
OR MOBILE 07484520278.

Bishop's Stortford RFC Club Shop



OPENING TIMES:

Saturday: 12 noon - kick off time
(1st XV match days only)

Sunday: 9am - 1pm

For further information please see the club website: www.bsrfc.co.uk
or contact **Bob Winnington** on
07988 646 384.



www.palmerandmartin.com

Unit 14 Twyford Business Centre
London Road
Bishop's Stortford
Herts
CM233YT
Tel: 01279 505072
Fax: 01279 508004



We pride ourselves in providing you with a one stop shop for your Self Drive Hire

Storage, haulage and Garage service requirements.

Our extensive fleet has Cars, People Carriers, Small vans, Pannel vans, Luton vans, 7.5 tonne, 18 tonne, 32 tonne & 44 tonne trucks &

Trailers for self drive hire purposes.

We can offer substantial discounts on long term and contract hires.

Our well equip workshop can service and maintain most makes of cars and HGV vehicles

and we can offer a range of courtesy vehicles whilst your vehicle is in being repaired with us*.

Don't delay call us today on 01279 505072

one of our helpful staff will see to your requirements.

Proud Sponsors of The Bishop's Stortford Rugby Club .

The driving force behind "The Bishop's Stortford Rugby Club"





SUPPLIERS OF

COPPER EMBEDDED COMPRESSION WEAR

TO BSRFC



WICKING



ANTI BACTERIAL



UPF 30+



ODOUR FREE



COPPER
EMBEDDED



COPPER IONS



BLOOD
CIRCULATION



PERFORMANCE



20% DISCOUNT

at www.copper88-uk.co.uk

USE VOUCHER CODE: BSRFC2017/18

www.copper88-uk.co.uk



COPPER88UK

YOUR LOCAL AIR AMBULANCE

TOP 10 FACTS



The HEMS team consists of:

- 2 Pilots
- A Pre-hospital Care Doctor
- A Critical Care Paramedic

We rely on the support of nearly
300 fundraising volunteersOur two helicopters and
four Rapid Response
Vehicles cover Essex,
Hertfordshire and
surrounding areas 365
days a yearWE FLY ON AVERAGE
3 MISSIONS A DAY

WE'RE A CHARITY

We rely on the generosity of
people and businesses in Essex and
Hertfordshire to keep saving livesON AVERAGE WE TREAT 1,000 PATIENTS
EVERY YEARIt costs £500,000
every month to keep both
helicopters
flying and
to cover all
charitable costsTHE AVERAGE COST
PER MISSION IS £2,700We can reach the
furthest parts of Essex
or Hertfordshire
in under 15 MINUTES

125

THE COST FOR FUEL
PER FLYING HOUR
IS £125For further information call
0345 2417 690 or visit www.ehaat.org



EVERY BONE-CRUNCHING TACKLE,
GRUELLING RUN &
EAR-DEFORMING SCRUM.

EVERY KICK, MAUL, RUCK & LINE-OUT.
EVERY EXHILARATING TRY.

PROUDLY SUPPORTING
BISHOP'S STORTFORD RUGBY CLUB

Investment planning
Retirement planning
Protecting your family

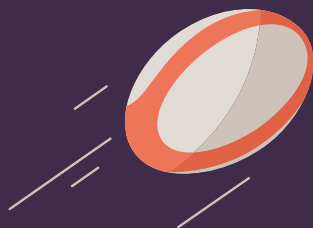
01279 466706
info@hanburywealth.co.uk
hanburywealth.co.uk



**HANBURY
WEALTH**

FORWARD.

Corporate Finance



Proud sponsors of Bishop's Stortford RFC

Helping you complete

Business
acquisitions

Management
buy outs

Business
sales

Independent corporate finance,
consulting and private equity services
for East Anglia and the South East.

forwardcf.co.uk

T: 01279 215559 E: hello@forwardcf.co.uk

Thremhall Park, Start Hill, Bishop's Stortford CM22 7WE

Andy Todd Photography

Proud supporter of Bishop's Stortford RFC



To buy photos, visit andytodd.co/bsrfc
#oneclub



DUNMOW FENCING SUPPLIES

Timber & Fencing Merchants

www.dunmowfencingsupplies.co.uk 01371 734400

BISHOP'S STORTFORD RFC MATCH DAY EXPERIENCE

BEHIND THE SCENES WITH THE 1ST XV



As part of the Clubs ethos 'to be a strong and successful rugby club united from Senior to Mini's, trusted and valued by our community' the BSRFC Director of Rugby, Andy Long, Club Captain Sam Winter, & the rest of the 1st XV Squad provide an insight for our "Mini & Junior" Members into what goes on behind the scenes as the Players prepare for a National League

1 Match. The day kicks off with a Q&A in the 1st XV Changing Room, followed by Training, Games & Warm up Sessions with the Coaches and Players. They then form the "Players Tunnel" alongside the "Blazers" to welcome both the opposition and the 1st XV onto the pitch before the game. Their experience culminates with Post Match Photos alongside the Players.



SPONSORED BY
**RUSSELL
PROPERTY**

**SALES
CONSULTANCY
LETTINGS**

Why not join Bishop's Stortford Rugby Club?

As an Associate member:

- You receive notices and newsletters
- Will be entitled to a reduced entrance fee on 1st XV Match Days
- 10% Bar Discount
- Become a part of a thriving and vibrant community of like minded people

MEMBERSHIP

Associate Membership

Amount

£ 75.00

CONTACT DETAILS

Name:

D.O.B.:

Contact address :

Postcode:

Telephone :

Mobile :

Email :

Hand this form with your payment to a member of the bar staff or contact the Membership Secretary – contact information on the website.

**For Playing, Non Playing and Family Memberships
please check the website for details:**

www.pitchero.com/clubs/bishopsstortfordrfc/signup



CHARTERHOUSE

VOICE & DATA



Proud Sponsors of the Colts 2017/18 & The National Rugby Awards, Club Sponsor of the Year 2016/17

***Voice, data, mobile and document
management solutions.***

Charterhouse Voice & Data design, implement and manage communications solutions that help improve processes, enhance user experience and reduce cost. We're an independent, multi-award winning provider of voice, data, mobile, video, connectivity and managed documents solutions. ***Go on, give us a try...***



The UK's Club Sponsor of the Year



www.cvd.plc.uk

Tel. 020 7324 7470



WESTBURY

WINDOWS & JOINERY

01245 326510
westburyjoinery.com