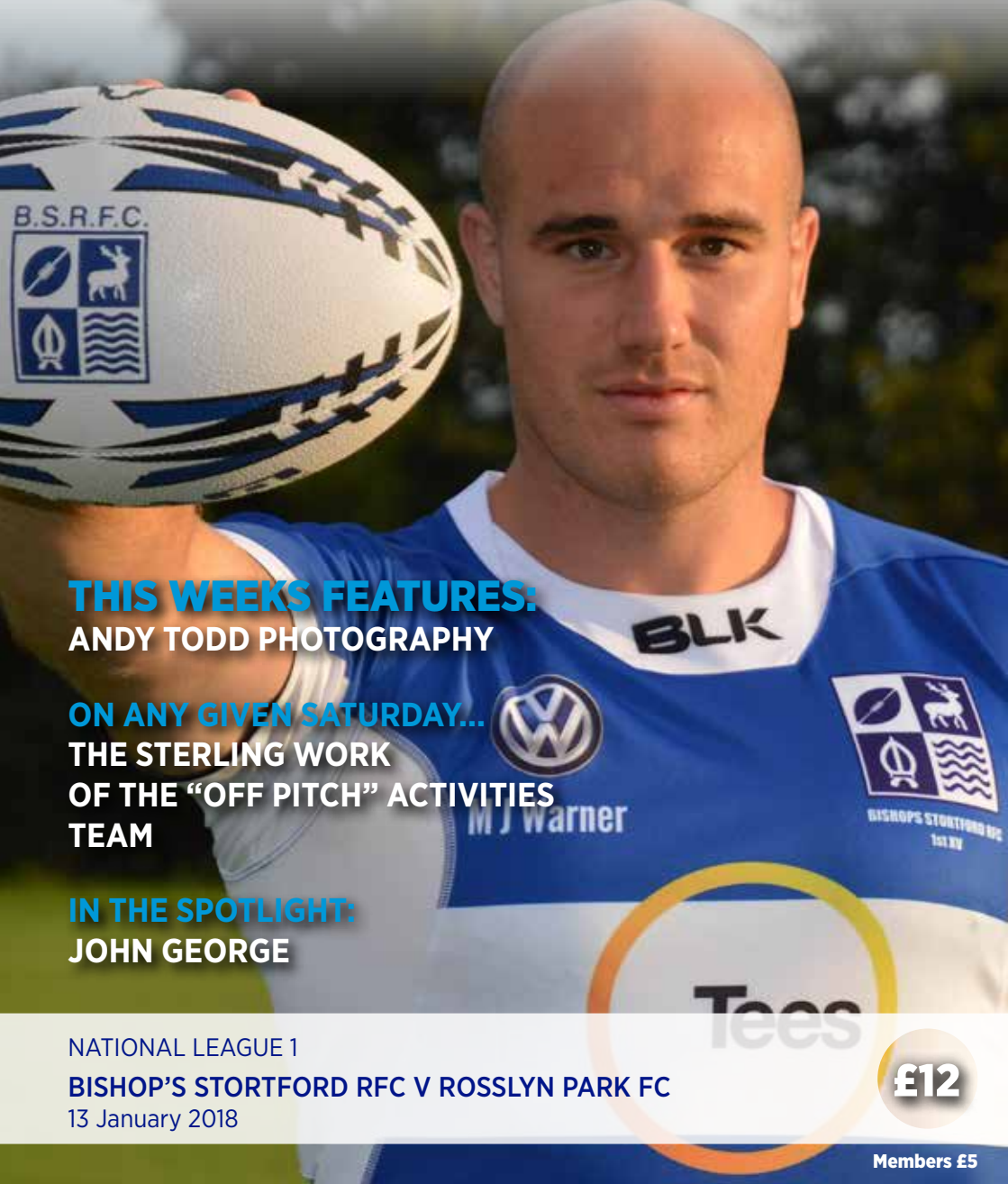




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OFFICIAL MATCH PROGRAMME



THIS WEEK'S FEATURES:

ANDY TODD PHOTOGRAPHY

ON ANY GIVEN SATURDAY...

THE STERLING WORK
OF THE "OFF PITCH" ACTIVITIES
TEAM

IN THE SPOTLIGHT:

JOHN GEORGE

NATIONAL LEAGUE 1

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PRESIDENT'S WELCOME

PERRY OLIVER



HAPPY NEW YEAR TO YOU ALL & WELCOME BACK TO SILVER LEYS FOR OUR FIRST GAME IN 2018.

I'd like to extend an especially warm welcome for the first time to the Players, Officials and Supporters of Rosslyn Park FC and the guests of our Match Day sponsors BIT Solutions.

As you probably know our game down in Plymouth last Saturday fell foul of the wet weather. Their pitch was deemed unplayable / waterlogged after an inspection at 4pm on the Friday afternoon. Thankfully the timing of the assessment meant that the players and some of the supporters were saved a wasted trip although others were less fortunate and were already down there by the time the news came through. I'm sure though that they had a wonderful but perhaps damp trip nonetheless! The match has now been rescheduled for Saturday 17th March.

In our last game before Xmas we overcame a challenging first half and difficult opponents in Old Elthamians to send us Stortford faithful home for the holiday in fine fettle. A similar result today would not go amiss.

Park visit today sitting in 12th position in the league too close to danger for the liking of such a prestigious and historic club. They have won just five of their 16 games to date although they are unbeaten in their last three and last week edged a high scoring thriller at home against Esher. They will undoubtedly be keen to secure another victory today and in so doing giving themselves a bit of breathing space away from the bottom three. Hopefully our guys went easy on the Christmas pud!

Three senior games did take place last Saturday but it wasn't one of the clubs finest hours with

our Blues, Chindits & Abbotts all coming second. At the time of writing we have six senior games this weekend; Our Blues and Mitres are here against Cinderford & CS Rugby respectively whilst our Chindits and Abbotts have travelled to Weston & Welwyn. Our Ladies resume their league campaign tomorrow with a visit to Royston. A few wins would be good.

Away from playing – today we are likely to have experienced the first real intrusion onto our activity from the extensive housing development going on around us. It is of course an understatement to say that we could do without the weekend closure of Hadham Road for the rest of January. Having to access the site via the town centre particularly on a Saturday is far from ideal but sadly we're just going to have to grin and bear it. Apologies to anyone who was inconvenienced by the work today especially our guests.

The going today around the pitch is likely to be soft, heavy in places, so from now until April I fear it's going to be boots rather than Louboutin's. Hopefully the rain will stay away this afternoon and not add to our discomfort. We do have plans that will help alleviate the problem but unfortunately we'll have to wait for the summer to implement them.

Whatever the weather I hope you enjoy your afternoon (& perhaps evening) with us here at Silver Leys.

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President

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DIRECTOR OF RUGBY

ANDY LONG



WE FINALLY GET THE NEW YEAR UNDER WAY TODAY AGAINST A STRONG ROSSLYN PARK TEAM NO DOUBT BUOYANT FROM A GREAT COMEBACK WIN AGAINST ESHER LAST WEEKEND.

Our away victory over Rosslyn Park at the beginning of the season gave us huge confidence and was the catalyst to our early season form.

We know that once again we need to be at our best to come away with the victory and the squad has trained really well in pursuit of this.

Two weeks without a game has allowed us to get a couple of bodies back on the pitch in Declan Caulfield and Dan Leo both of whom will bolster our pack. Over the coming weeks we hope to have both Mark McCraith and Baxter Wilson back to full fitness and competing for places.

Our injury list this season has been far higher than we've previously known it to be; greater physicality and intensity of the games will certainly lead to a shortened recovery time week on week but I also think there's some good old fashioned bad luck involved too! Our medical team, ably led by Paul, has done a fantastic job under really difficult circumstances and should be applauded for their efforts.

As a group we are really excited about the second half of the season, we are

pleased with where we are currently placed but also feel that there's lots more to come.

Enjoy the game

Longy



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NEWS FROM THE BLUES

A PERFORMANCE TO TURN THE SEASON.

WELCOME BACK TO SILVER LEYS FOR THE FIRST TIME IN 2018.



I hope you all enjoyed your Christmas pudding as much as Ollie Radley did!! The boys were straight back into training on the 2nd Jan in our run up to last weekends fixture against Richmond Norman's (3XV).

During the week the Blues are now trying to replicate the change in style of play you may of noticed in the 1st XV in recent weeks. We are trying to adopt a much wider and open style of play that moves us away from trying to compete with big forwards in the close quarters.

The wider game will suit our lighter and more mobile forward pack, and get the ball in the hands of our flyers that have too often been without the ball this season.

Although the Blues ran out eventual losers against Richmond at the weekend, parts of

the game had really emulated what we were trying to achieve on the training field.

The boys hope to develop this further in the coming weeks and I am very hopeful that the Blues will come good in 2018 and climb up that league table!!!

Scants



THE PLAYERS

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ANDY TODD PHOTOGRAPHY

MY INTEREST IN RUGBY BEGAN AT THE RELATIVELY LATE AGE OF 11, SOON AFTER I STARTED SECONDARY SCHOOL.



Rugby was taught as part of the PE programme and I was identified by one of the teachers to play for the school team. Within a couple of weeks I was playing at blindside flanker for the U12 1st XV, and for the next few years I really enjoyed it. I wasn't the most mobile of players but I could tackle and was a pretty decent ball carrier.

After a few years playing in the 1st XV, a new coach took over and he had a completely different selection policy, based on rotation rather than performance. I kept finding myself on the sidelines for no apparent reason so by the end of that season I decided to pack it in. I went through the rest of school with a passing interest in rugby, watching the Five Nations and World Cups, but not much more.

When I left school at 18 I started working for Action Images, a sports photography agency, and that was where my interest was rekindled. The company sent photographers to various sporting events, including working as club photographer for the likes of Saracens, Harlequins, Leicester Tigers and Northampton Saints. I worked closely with the clubs, selecting the best photos for them to use in their matchday programmes and also went to matches, including England v Australia at Twickenham, to assist photographers with sending images 'live' to newspapers and websites.

My role evolved into marketing but sadly after 16 years at Action Images I was made redundant in early 2015,

which took me along a different path to Longmores Solicitors, and by association, Bishop's Stortford RFC. When I joined Longmores, we had just agreed to sponsor a player in the first XV, Johnny Neville, and whilst it would have been easy for the firm to just write a cheque and then forget about it, I felt we needed to do more to activate the sponsorship. I decided to head to a home match with my camera to capture a few photos to use on our social media sites.

From the first match I was hooked, and some of the photos I produced were included in the next matchday programme, including the front cover. The first time I arrived at Silver Leys I felt so welcome and really appreciated the community atmosphere at the club. That has continued to build over the past couple of years and I am honoured to now be the club's 'official photographer'. I've been particularly privileged to be able to photograph the team winning the National 2 South league title, as well as photo evenings and the 2018 calendar.

I left Longmores at the end of 2017 and have set up my own photography business. My main focus is on sports and action photography but I also have experience in commercial photography, events and portraits. Everything I shoot at Bishop's Stortford RFC is available for purchase, whether that's for personal use or to promote your business. For more information please take a look at my website andytodd.co or get in touch.



ANY GIVEN SATURDAY.....

BY AL JONES, CHAIRMAN OF BSRFC TRADING.



For those of you who have enjoyed a lunch at the club today (or at any other point this season) or for those who have just come up to watch the game, you will not be surprised to learn of the man hours it takes to put together the "off-the-pitch" activities on a match day Saturday.

This season's match day lunches have once again seen unprecedented demand and our lunching numbers are the envy of many a visiting club. Every lunch for the remainder of this season is now sold out – a tremendous shame for anyone wanting to now book a table but a wonderful reflection of the hard work of Anna Smith who has for a number of seasons now had the task of organising and managing the lunches, the "Guess the Score" competition and sort out our "duty-dogs" on the gate selling our match day programmes.

Anna has decided to step down from the match day lunch organisation role at the end of this season and she's going to be tough to replace. I would like to publicly thank her for all her help. Julie North will however continue to organise the corporate bookings.

The match day programme which you are enjoying, which Paul Maxfield has cultivated into a Premiership standard publication over many a season, has this year been put together under the management of Julie North and with significant help from Perry, Novo Creative, ProCo and a small army of volunteer journalists who have been coerced into writing articles every couple of weeks – this one being an example.

The club shop has been busier this year than ever before, in fact the shop has already sold more so far

this season than it had at the end of every season from 2008-09 until 2013-14 and by the end of February is predicted to have broken it's record ever year. This of course would not be possible without the tireless work of Bob Winnington.

Even if you have avoided Bob as you entered the clubhouse today he will doubtless be walking around the pitch this afternoon with a bag of bobble hats / baseball hat / umbrellas due to today's cold / low sun / rain (delete as appropriate!!!) ready to sell you something and although I'm not able to guess the weather at the time of writing, I'm certain Bob will be prepared.

The loss of our pitch side bar to vandals just before the start of the season was obviously a problem but the resurrection, phoenix like from the flames, of Banksy's Bar has allowed us to increase the speed and number of people we can serve beer to on match days which has the two fold result of allowing us to improve our service to you all and allows us to earn more money. As any profit we make is returned to the Charity, that is good news for all club members so please keep up the good work on supporting our bars!

This season I have taken over from the excellent work Peter Curtis carried out in taking on the Chairman's role of the Trading Subsidiary from it's formation with the club restructure a couple of seasons ago and I would like to thank whole Trading Subsidiary executive for their hard work this season and should anyone be interested in giving us any assistance on a match day or in preparation for it, please get in touch at bsrfctrading@gmail.com.



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There was already a Hampstead Football Club (from which both Wasps and Harlequins sprang), so the cricket club's name was adopted, reflecting the area of Hampstead where the cricketers first played their games in the grounds of Rosslyn House. Their original rugby ground was at South End Green, Hampstead, then Gospel Oak and Acton before a lengthy tenure at Old Deer Park, Richmond until 1956, when Rosslyn Park moved to its current premises in Roehampton.

Originally they wore a blue shirt with white Maltese cross but in 1881 adopted its current red-and-white hoops. It still remains a Football Club, without the need for the word Rugby, and so is correctly Rosslyn Park FC, not RFC.

The club became the first English side to play rugby internationally when they beat Stade Français in Paris on 18 April 1892. In 1975 and 1976, the club played in the final of the John Player Cup, narrowly losing on both occasions

When English league rugby began in 1987, Park were placed in Division two, which they won. The first team currently play in the third division of the English league system, National League One.

Their clubhouse has two bars, which are named after two of the club's famous players – Andy Ripley and Alexander Obolensky.

We played our first ever competitive fixture against them at their place in September and emerged victorious 31-24 from a close fought encounter. Our try scorers that day were Ryan Hutler, Jimmy Rea, Will Roberts (2) & Chris Smith. George Cullen converted three of them. The game was also notable for being when Baxter Wilson sustained the knee injury that continues to keep him on the sidelines

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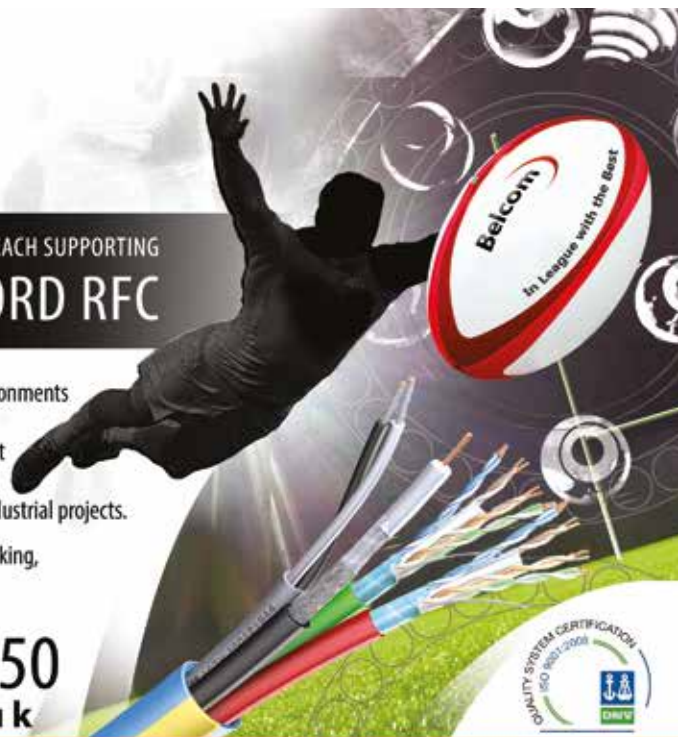
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Ampt&D		28/4	20/1	21-14	17/2	7-8	14/4	7/4	45-5	35-12	45-17	3/2	28-24	33-7	10/3	29-23
B'ham	21-21		25-27	14-55	13-11	10/3	17-41	17-31	3/2	17/2	38-24	36-10	20/1	7/4	24/2	21/4
BSRFC	22-41	10/2		3/2	49-26	21/4	27/1	22-22	24-17	7/4	35-31	43-12	18-14	34-20	17-36	13/1
B'heath	16-15	27/1	19-21		29-17	2/4	23/12	39-24	17/2	10/3	46-13	21-22	31-3	21/4	32-31	17-17
Caldy	22-39	24/3	28/4	14/4		16-20	3/3	20/1	15-7	37-19	27-26	71-14	21-0	27/1	17-34	10/2
Camb	10/2	15-22	22-21	16-27	13/1		7-40	17/3	14/4	28/4	3/3	9-14	24/3	28-29	27/1	50-23
Coventry	63-14	50-11	30-27	37-10	38-14	17/2		21/4	20/1	3/2	28/4	36-0	52-5	10/3	29-14	7/4
DarlMPk	21-15	13/1	24/3	10/2	32-26	35-18	24/2		3/2	14/4	26-0	33-23	27/1	36-21	33-31	36-7
Esher	13/1	27-32	10/3	28-19	21/4	10-13	26-61	33-26		50-12	27/1	2/4	10/2	39-14	29-33	32-17
Fylde	27/1	22-26	29-22	19-26	9-34	12-25	0-64	10-13	24/3		10/2	21/4	3/3	7-43	13/1	29-20
Hull Ion	21/4	13-29	3/2	20/1	10/3	27-21	20-63	15-27	43-28	33-14		17/2	26-36	27-11	7/4	24/2
L'boro S	14-36	3/3	14/4	24/3	26-31	21-28	10/2	28/4	49-38	21-0	58-29		37-18	13/1	28-49	27/1
O.Alb'n	35-35	19-38	17/2	3/2	2/4	7-54	19-21	33-31	29-15	15-16	13/1	10/3		15-24	21/4	0-58
O.Eltham	3/3	47-17	13-19	32-7	23-21	20/1	16-20	3/2	28/4	55-10	24/3	36-20	14/4		10/2	34-27
Plym'th	16-9	14/4	17/3	28/4	3/2	17-10	24/3	17/2	43-10	68-15	29-3	20/1	26-8	17-17		3/3
RossPk	24/3	30-26	24-31	6-25	36-32	3/2	13-43	10/3	44-37	20/1	14/4	49-14	28/4	17/2	26-26	
															Round 16-30	
															Round 1-15	

Season 2017-2018 NATIONAL 1

6th January Results

Home Team			Away Team
Caldy	71	14	Loughborough Students
Cambridge	P	P	Darlington Mowden Park
Hull Ionians	13	29	Birmingham Moseley
Old Elthamians	55	10	Fylde
Amphill & District	21	14	Blackheath
Coventry	52	5	Old Albanian
Plymouth Albion	P	P	Bishop`s Stortford
Rosslyn Park	44	37	Esher

Season 2017-2018 NATIONAL 1

13rd January Fixtures

Home Team		Away Team
Bishop`s Stortford	vs	Rosslyn Park
Cambridge	vs	Caldy
Darlington Mowden Park	vs	Birmingham Moseley
Blackheath	vs	Coventry
Esher	vs	Amphill & District
Fylde	vs	Plymouth Albion
Loughborough Students	vs	Old Elthamians
Old Albanian	vs	Hull Ionians

National League 1

Club	Pld	W	D	L	F	A	PD	TBP	LBP	Ded	Pts
1) Coventry	16	16	0	0	688	213	475	14	0	0	78
2) Darlington Mowden Park	15	11	1	3	426	310	116	12	2	0	60
3) Amphill and District	17	10	2	5	468	340	128	10	4	0	58
4) Plymouth Albion	15	10	2	3	470	283	187	11	2	0	57
5) Blackheath	17	10	1	6	433	336	97	7	3	0	52
6) Bishop's Stortford	16	10	1	5	432	381	51	6	3	0	51
7) Old Elthamians	17	9	1	7	442	377	65	8	2	0	48
8) Birmingham Moseley	16	8	1	7	382	443	-61	7	2	0	43
9) Cambridge	16	8	0	8	344	328	16	4	5	0	41
10) Caldý	17	7	0	10	438	414	24	8	5	0	41
11) Esher	17	5	0	12	431	519	-88	10	5	0	35
12) Rosslyn Park	16	5	2	9	420	461	-41	7	3	0	34
13) Loughborough Students	17	6	0	11	383	563	-180	5	2	0	31
14) Hull Ionians	16	4	0	12	347	533	-186	8	2	0	26
15) Old Albanian	17	3	1	13	280	531	-251	3	4	0	21
16) Fylde	17	3	0	14	235	587	-352	2	3	0	17

THE TEAMS



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BISHOP'S STORTFORD 1ST XV

BLUE AND WHITE

1	Seb Brownhill
2	Dec Caulfield
3	Tom McCrone
4	Ben Kelland
5	Matt Tomlinson
6	James Apperley
7	Ollie Jones
8	Dan Leo
9	Tom Banks
10	George Cullen
11	Nick Hankin
12	Matt Riddington
13	Sam Winter ©
14	Chris Smith
15	Rob Duff

REPLACEMENTS

16	Steve Ball
17	Sean Edwards
18	Rory Banks
19	Johnny Neville
20	Sam Coleman

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Coaches Danny Johnson, Richard Gill, Tom Coleman, Marcus Cattell

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RED, WHITE AND NAVY BLUE

	Mo Nwakor	1
	Karl Gibson	2
	Nick Lovell	3
	Jamie Gray	4
	Henry Spencer	5
	Mike Macfarlane	6
	Jack Barnard	7
	Hugo Ellis ©	8
	Rory Brand	9
	Harry Leonard	10
	Benji Marfo	11
	Dan Barnes	12
	Andrew Henderson	13
	Rhys Crane	14
	Henry Robinson	15

Corporate Diners



REPLACEMENTS

	Owen Hughes	16
	Stewart Maguire	17
	Harry Hudson	18
	Aaron Booth	19
	Oli Grove	20

Head Coach Kieran Power | Assistant coach Andrew Reay | Physio Pippa Rollitt



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BISHOP'S STORTFORD 1ST XV 34 OLD ELTHAMIANS 20

A notable home win for Stortford in a very hard-fought series of encounters with OEs, in which the last three had all been won at the death by the away side. Stortford started strongly and scored an excellent try after 8 minutes, after a couple of quick, flat passes had put Nick Hankin outside the previously strong OEs' defence, allowing the fullback to canter in behind the posts, giving George Cullen an easy conversion. The rest of the half was, though dominated in terms both of possession and territory by the visitors and it took a fantastically committed defensive display from Stortford to limit OEs' scoring to 2 penalties to flyhalf, Tom White after 12 and 15 minutes.

The home side's back row, already severely depleted through injuries was further hit by the late unavailability of Dan Leo, but the trio of Rory Banks, Oli Jones and Steve Ball led from the front against their powerful opposite numbers in an immense defensive effort by the whole team.

Having won the attritional battle of the first half by the narrowest of margins, Stortford came out for the second period in aggressive mode and were unlucky to concede a converted try after 4 minutes to a smartly taken interception try by OEs centre, Max Wilkins, as the home side tried to run out of their 22. This seemed, though only to inspire them and their one point lead was restored within 4 minutes, when quick hands in midfield gave winger, Chris Smith enough of a glimpse of the line to touch down and Cullen did the rest from the touchline. The flyhalf managed to repeat the feat some 10 minutes later from the opposite touchline, after Matt Tomlinson rounded off a series of forward drives at the line, following a break up the middle by Smith.

Stortford's dominance was temporarily interrupted only 4 minutes later, when OEs took full advantage of a charged down clearance kick from the home side's 22 to score a converted try to get within a point once again. The score came from a driven lineup maul, after Sean Edwards had been penalised and yellow-carded for collapsing an earlier maul, being driven at the line. This setback might have rocked a less committed side, but, despite their one man disadvantage, Stortford surged back onto the attack and were rewarded 6 minutes later, when a reckless late challenge on Cullen after he had chipped ahead in midfield brought a yellow card for OEs backrow, Hamish Barton. Cullen took his own immediate retribution by kicking the goal to stretch the lead beyond the reach of White's always threatening left boot.

When a second yellow card was seen 7 minutes later by OEs' number 6, George Messum for a high tackle on Jimmy Rea, as the winger dashed into the opposition 22, any real threat from the visitors was extinguished. Repeating what OEs had done 13 minutes earlier, Stortford took instant advantage, kicking the penalty to touch and driving James Apperley over for a try from the resultant maul. Cullen couldn't quite kick the conversion, but the match was closed out when Matt Riddington went in for an unconverted try in the opposite corner only 3 minutes later, after a great break up the middle by Matt Tomlinson.



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IN THE SPOTLIGHT: JOHN GEORGE



SUCCESS -
FROM THE HIGHS OF SUCCESSFULLY BEING
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SIDE-LINED FOR THE MAJORITY OF THIS SEASON,
RUGBY IS AT TIMES A DIFFICULT GAME TO PLAY!

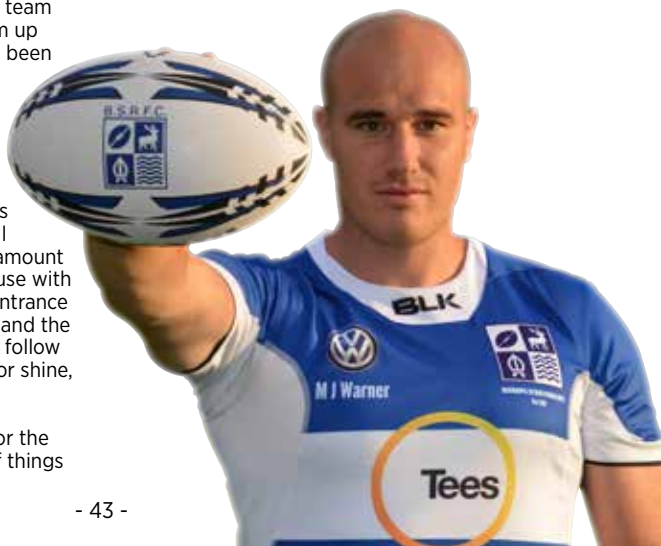
As players I think we need accept that at some point in our rugby career we will all go through periods of time where injury makes us unable to play the game that gives us so much. This year, team rehab numbers have steadily increased as the year has gone by. In a recent discussion I had with Tom Coleman, we counted 7 forwards alone from the 1st XV that have been injured this season. However, the results that we've come away with and our position in the league reflects the hard work put in by the players and the strength in depth of this club.

But, the players aren't the only people involved in this journey. There are a multitude of factors that I'll try and summarise in a few hundred words. The work by the coaches has been meticulous from producing video analysis sessions for the team to view prior to training, to preparing training sessions that specifically work on factors which the boys will need to focus on during the weekend's fixture. The Physio support team behind scenes working hard to patch them up and get them ready for the next week has been fantastic. The Sponsors that provide the financial support which enables us to travel to our fixtures, provide us with the nutrition and hydration strategies that we need to continue to play at the highest level possible. The work by Andy Todd who has photographed our highs and lows through the seasons bringing with it social media interest to the club. The countless amount of supporters that help out in the club house with lunches, manning the bar and collecting entrance fees. Lastly, the ever faithful blazers army and the supporters of Bishop's Stortford RFC who follow us to strange places in the U.K come rain or shine, putting Stortford on the map!

When I was asked about writing a piece for the match day programme I was struggling of things

to write about as I find it difficult to write or talk about myself for any amount of time! After much deliberation I decided to focus on the strength of the team and the club as a whole. I believe a club is only as good as its foundations and Bishop's Stortford RFC had laid down solid foundations which is evident by looking at how many local boys continue to play for the club with the exception to some rogue international players!

I think it's important to realise that the success of the 1st XV isn't down to a handful of players or coaches, but it's due to the countless hours that have previously been put in by a collective group of determined people to be successful. I'm not sure how to measure success, but as a Rugby club we are giving 'it' one hell of a good go! It's a great journey which we are all on and I feel very special to be part of it. I hope you continue to offer your support to the club and hopefully one day we may be successful..... whatever that may be!





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CLUB STORTFORD

NOW IN ITS FIFTH SEASON, CLUB STORTFORD WAS SET UP BY A SMALL WORKING PARTY, TO SUPPORT THE 1STXV SQUAD AFTER PROMOTION TO NATIONAL LEAGUE RUGBY IN 2013/14. OUR AIM IS “TO ENSURE BISHOP’S STORTFORD RFC HAS A SUSTAINABLE FUTURE IN NATIONAL LEAGUE RUGBY AND CONTINUES TO NURTURE HOME GROWN TALENT.”

Working in conjunction with the 1stXV coaching team, CS provides funding for various expenditure beyond the financial resources of the main club.

Director of Rugby, Andy Long, has reiterated on a number of occasions the importance he attaches to the financial support given by Club Stortford. Quite simply, without it's support, the team would not be able to perform at such currently high levels.

We continue to look for new members, to allow us to broaden and deepen the extent of our support.

We would urge you to consider joining Club Stortford. If you are interested and would like further information, please contact our secretary,

Russell Cattell 07778 101988



THE OVAL CLUB



THE OVAL CLUB WAS FORMED IN 1998 BY A GROUP OF BSRFC MEMBERS WHO GOT TOGETHER TO TRY TO FIND A WAY OF RAISING FUNDS TO HELP THE PLAYING SIDE OF THE CLUB WITHOUT HAVING TO INCREASE DEBT OR UTILISE RESERVES. TO THIS END THE OVAL CLUB WAS FOUNDED WITH THE FOLLOWING MISSION STATEMENT:

‘TO CONTRIBUTE TOWARDS PROMOTING THE HIGHEST POSSIBLE STANDARD OF RUGBY THROUGHOUT BISHOP’S STORTFORD RUGBY FOOTBALL CLUB’

The Oval Club is an autonomous body and entirely independent of the Rugby Club's operations. None of the Committee members hold a position or appointment in the Rugby Club's infrastructure. The Oval Club does not seek to influence decisions of the Rugby Club. It responds to requests for financial assistance for projects and purposes which have been approved by the Rugby Club's Executive Committee and which fall within its mission statement above.

Of the funds raised two thirds is set aside for the Rugby Club the other third is reserved to fund social events for Members.

To date the Oval Club has raised over £225,000 and the Rugby Club has received in excess of £138,000.

In line with its mission statement The Oval Club makes contributions for one off projects and purposes which are of long term value to the Rugby Club and not part of on-going budget requirements. Invariably contributions have been made to the Club to enable them to secure grants from the RFU and other sources.

So far, major contributions have been made towards the cost of :

- Pitch repair and maintenance,
- Improvement of the playing surfaces, including the purchase of a verti-drainer,
- Floodlighting the back field pitches,
- Drainage of the floodlit pitches,

- Replacement of goal posts,
- Playing equipment and travel costs for all teams,
- Purchase of physiotherapy equipment,
- Refurbishing the changing room showers,
- Supporting youth and mini through tours, kit and additional playing facilities,
- Junior coaching courses.

On the social side there are several Members' events which take place throughout each year for. Currently these are:

- A self-supporting golf day at one of the local golf clubs.
- An Annual Dinner and Forum
- A First Team Home lunch
- A First Team Away coach trip and lunch

Through its contributions The Oval Club plays a considerable part in helping the Rugby Club enhance its playing related facilities for the use and benefit of all members of the Club.

Anyone who is interested in joining The Oval Club should contact a member of the Committee below.

The Oval Club Committee:

Robbie Kerr - [Chairman](#)
John Robinson - [Secretary](#)
John Power- [Treasurer](#)
Mark Caulfield
Mike Howatson

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BSRFC LADIES'

APPEAR ON BT SPORT RUGBY TONIGHT

THIS WEEK, OUR LADIES' TEAM HEADED TO THE BT SPORT STUDIOS IN STRATFORD TO APPEAR AS A DEMO TEAM ON RUGBY TONIGHT.



The programme was filmed live on Wednesday evening and hosted by Craig Doyle, Lawrence Dallaglio and Austin Healey, featuring special guest Raphael Ibanez.

The ladies were buzzing with excitement, excited to meet some of their rugby heroes, and re-enacted a crucial lineout for Wasps during their 2008 Heineken Cup Final victory over Leicester Tigers. The demonstration eventually saw captain, Nikky Wilkins, play the part of Ibanez and take the ball over the line. As part of tradition, the Ladies brought along one of the pink BSRFC jumpers to give to the show – and although there was no time to give it to them live on air, we're hoping to see it hanging alongside the BSRFC blazer on the wall of the Ruck and Maul!

Looking forward, the Ladies are preparing for their first game after Christmas. The Team is travelling to Royston on Sunday 14th January,

determined to secure another win. KO is at 2pm and any support would be greatly appreciated. BSRFC Women and Girls' Inner Warrior Session On Tuesday 23rd January 2018, BSRFC is hosting another Inner Warrior Camp supported by the RFU. For the first time, the session will be aimed towards both girls (U13-U18) and women (17+) with the aim to encourage more people to take up contact rugby.

Both sessions welcome girls and women of every shape, size and fitness level. The girls' session will run from 6pm – 7.30pm, and is being run by members of the Ladies' Team who recently passed their Level 2 Rugby Coaching Award. The women's session will run from 7.15pm – 9pm.

For more information on the Inner Warrior Sessions, or to find out more about joining the Team, please contact us on one of our social media channels (Facebook, Twitter and Instagram) or email bsrfladies@gmail.com.



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Bishop's Stortford RFC Club Shop



OPENING TIMES:

Saturday: 12 noon - kick off time
(1st XV match days only)

Sunday: 9am - 1pm

For further information please see
the club website: www.bsrfc.co.uk
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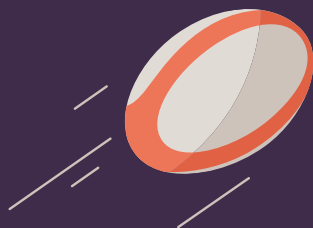
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BISHOP'S STORTFORD RFC MATCH DAY EXPERIENCE

BEHIND THE SCENES WITH THE 1ST XV



As part of the Clubs ethos 'to be a strong and successful rugby club united from Senior to Mini's, trusted and valued by our community' the BSRFC Director of Rugby, Andy Long, Club Captain Sam Winter, & the rest of the 1st XV Squad provide an insight for our "Mini & Junior" Members into what goes on behind the scenes as the Players prepare for a National League

1 Match. The day kicks off with a Q&A in the 1st XV Changing Room, followed by Training, Games & Warm up Sessions with the Coaches and Players. They then form the "Players Tunnel" alongside the "Blazers" to welcome both the opposition and the 1st XV onto the pitch before the game. Their experience culminates with Post Match Photos alongside the Players.



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