



# BSRFC

OFFICIAL MATCH PROGRAMME



**IN THE SPOTLIGHT**  
GEORGE CULLEN

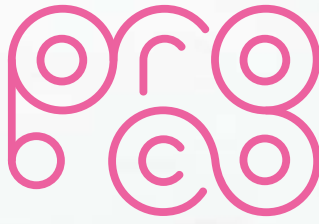
**MATCH REPORT**  
BISHOP'S STORTFORD 1ST XV  
VS CAMBRIDGE

**CLUB DEVELOPMENT UPDATE**  
FROM RICHARD NORDEN

NATIONAL LEAGUE 1  
BISHOP'S STORTFORD RFC V CALDY RFC  
17th November 2018

**£15**

Members £5



This beautiful programme has been  
produced using the very latest  
printing gizmos!

It's produced weekly...  
Designed Friday morning,  
Printed and finished Friday afternoon  
and in your good hands  
by Saturday lunchtime!

**Impressed?**

Give us a call to find out more  
01279 757333 | [proco.com](http://proco.com)



# PRESIDENT'S WELCOME

## MICK COLEMAN



I'd like to extend a very warm welcome to everyone visiting Silver Leys today, especially those who have made the long journey south from Caldy RFC, who provide the opposition for today's first team fixture. Many of us enjoyed a fabulous couple of days, with some great hospitality afforded to us from the officials and supporters of Caldy, back in April to finish off last season, which culminated in a comfortable win for us. It was also rumoured that a couple of Stortford officials, who should have known better, (especially as it was the morning of the match) discovered that the legendary Cavern nightclub in nearby Liverpool, actually closes at 3 am, making their arrival by taxi at 3.30 am a bit of a waste!

However, this season has been a little different from last, with Caldy getting their season off to a great start, although they have stuttered ever so slightly just recently, and Stortford frustratingly losing those tight games by the odd point or two, leaving us 7 league positions adrift of our opponents. But then, we all know how tight this league is..... as we keep proving! Three of our last four games have gone to the wire, with us being on the wrong side of one score defeats each time. But hats off to the boys, we cause problems to every team we play, and are still playing some great rugby which will start bringing us some positive results, hopefully today!

We also need to spare a thought for our Blues, who have suffered probably more than any of our sides as a result of our huge injury list. Despite all that they've had to deal with they are still keen to play each week but sadly others aren't. They lost two opponents this week alone as first Coventry development & then Bury St Edmunds have both had to pull out of games. So to Danny, Rob, Ash and the boys keep going guys. Your efforts are appreciated.

Likewise, the Colts, who take on Ealing in the 2nd round of the National Cup on Sunday, K.O 1.30. Support them if you can, and cheer on our stars of tomorrow!

A very warm welcome is extended to Johnny Hey and his guests from Westbury Garden Rooms, who are today's Man of the Match sponsors.

Also, due a mention is Club Stortford, who have remarkably just gone past the £250,000 mark in funds raised for the first team efforts. Set up and funded by ordinary (?) club members to provide the first team squad with the extra funding that was needed to play, and maintain our position in level 3, particularly around player welfare, and support for youth coaching etc, they have far exceeded their early expectations and are to be hugely congratulated.



As many of you will know, we sadly lost a diamond of a club member last month.

John Follows passed away on October 31st aged just 53, following an earlier heart attack. John will be best remembered by so many players and parents, as being a very amiable character who was always available to referee any youth match on any Sunday. John's funeral is on Monday at Birchanger, our thoughts are with his family.

# **BARONS STANSTED. YOUR LOCAL BMW RETAILER.**

**PROUDLY SUPPORTING BISHOPS STORTFORD RFC.**



The Ultimate  
Driving Machine






As your local BMW Retailer, and sponsor of Bishop's Stortford Rugby Football Club, we have a range of fantastic offers for BSRFC members and fans. Barons Stansted offers the highest levels of service and expertise in the local area, and is the only Centre for all of your BMW needs.

Whether it's a New or Approved Used BMW, or even a Service, our commitment is to maintain the highest of standards.

**For more information or to arrange a test drive\*, call us on 01279 755906  
or visit [www.baronsgroup.co.uk/bmw](http://www.baronsgroup.co.uk/bmw).**

## **BARONS STANSTED**

Stansted Road, Bishop's Stortford,  
Hertfordshire CM23 2BT

**01279 755906**   

[www.baronsgroup.co.uk/bmw](http://www.baronsgroup.co.uk/bmw)

\*Images used for illustration purposes only. Test drive subject to status and availability.



# DIRECTOR OF RUGBY

## ANDY LONG



Good afternoon everyone and welcome to Silver Leys as we embark on the middle third of our season.

It's fair to say that the first period has been one of fine margins and missed opportunities. If we reflect back to this time last season, our first in this league, many of the narrow games we've lost this time round resulted in Stortford wins. Cast your mind back to Moseley, Rosslyn Park, Blackheath and OE's all games that we were victorious in the last moments of the game.

Confidence is still high in the camp and we are training and preparing really well, focussing fully on our performances which we know will lead to a greater chance of success.

We know today will be very competitive, Caldy have backed up last season's fine campaign with some solid performances, they have a strong forward pack and some dangerous backs who we know will punish us if we are not at our best.

Having said that we are desperate to get back to winning ways so this is set up to be a cracking game.

Finally our Colts are in action tomorrow in the next round of the National Cup against Ealing Trailfinders KO 1.30, it would be great to see as many of you here to see our stars of the future.  
Enjoy the game

Longy



**Marcus Cattell**



**Tom Coleman**



**Kathy Hills**



**Adam Vine**



**Ben Sheath**



**Danny Johnston**



**Rob Faiers**



**Ash Boyle**

**SPONSORED BY**




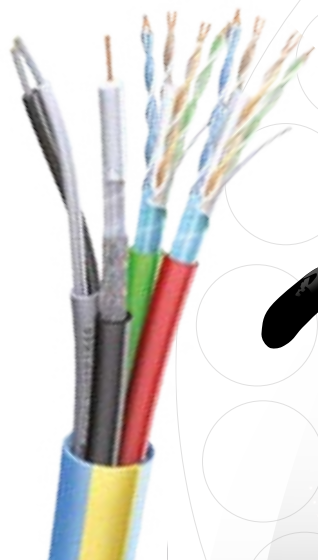


Our cables operate in some of the toughest environments within the industry worldwide.

We design and manufacture cables to the highest performance levels with third party verification, we are specified for use on the world's largest industrial projects.

No secret: Experience, common sense, plain speaking, technical knowhow and the will to deliver.

 01279 871 150



# COLTS REPORT

## SIMON WILSON

Tomorrow (18th), our Colts and their army of supporters hope to take another step towards National cup glory when they clash with Round two opponents Ealing Trailfinders, here at Silver Leys. KO 1.30pm.

Immediately before Kick-off we will be paying our respects to John Follows. So please come along to remember John & play your part in their Cup campaign. The game promises to be a thrillingly close battle.

The team a mixture of U16, U17 and U18 players, aim to raise their game to new heights after an encouraging Round 1 performance against Saracens Amateurs saw them run in 5 tries away from home in East Barnet.

Stortford were the smaller side for that Oct 21st encounter and conditions were in their favour, promising a fast game once the glorious sunshine had dried out the dew on the rather lush and long grass. The larger home side dominated the opening exchanges and they took the lead with a 4th minute penalty.

BSRFC soaked up further pressure from the Saracens pack and levelled the score with a Scott Mitchell penalty on the quarter hour. Continuing with even opportunities, Saracens then scored 2 tries and 1 conversion to make the score 15-3 with half an hour gone. Stortford hit back via a try created by Tyler Gleed and finished by Adam Oakey with Francis Moore converting.

The re-start saw Stortford straight back in the Saracens' half and pushing for the line. No 8. Greg Imber went over from a ruck and Moore hit the upright to deny the Blues a half time lead. 15-15. The home team were visibly tired but were buoyed by an unconverted try within 5 minutes of the re-start. Their lead didn't last long. By now the sun had done its work and a much drier ball meant that Stortford could unleash their talented back line. Some great handling saw the scores even again following a

strong run on the right wing by man-of-the-match Max Hadley and a try in the corner. 20-20.

Making good use of rolling substitutions, BSRFC created a strong platform for the try of the day: Rhys Williams - on at 9 - kicked cross-field for left wing Dan Beer to catch the ball cleanly on the run and circle behind the opposition to score between the posts for Moore to convert. Stortford were ahead but had to wait a further 15 minutes until the result was secured via a powerful Michael Sankey try. With the conversion, the final tally made for happy reading: Saracens Amateurs 20 Bishop's Stortford 34.



# THE PLAYERS

## BSRFC 1'S XV 2017/18



**ALEX PATTON**  
SPONSORED BY  
Ratcliff & Burrage  
ratcliffburrage.co.uk



**ANDY CHRISTIE**  
SPONSORED BY  
AVAILABLE FOR  
SPONSORSHIP



**AUSTIN POPE**  
SPONSORED BY  
119 Production Services  
www.119.org.uk



**BEN CREASEY**  
SPONSORED BY  
AVAILABLE FOR  
SPONSORSHIP



**BEN HARRISON-PRICE**  
SPONSORED BY  
The Axe & the Compass  
theaxeabraughing.uk



**BEN LAW**  
SPONSORED BY  
AVAILABLE FOR  
SPONSORSHIP



**BAXTER WILSON**  
SPONSORED BY  
Bit Solutions  
www.bitsolutions.net



**BRAD ETHERINGTON**  
SPONSORED BY  
R W Marsh



**BRANDON BOWDEN**  
SPONSORED BY  
Shopworks  
theshopworks.com



**CAMERON WILSON**  
SPONSORED BY  
AVAILABLE FOR  
SPONSORSHIP



**CHARLIE KINGHAM**  
SPONSORED BY  
Recruitability  
www.recruitability.co.uk



**CHRIS SMITH**  
SPONSORED BY  
Yoga with Marcella  
yogawithmarcella@gmail.com







**CONNOR MAK**  
SPONSORED BY  
AVAILABLE FOR  
SPONSORSHIP



**CONOR AUSTIN**  
SPONSORED BY  
Family Sankey  
lesley.narburgh@roche.com



**DAVE ALDAM**  
SPONSORED BY  
Lunch Club  
perry@perryoliver.co.uk



**DAN ELSOM**  
SPONSORED BY  
Westbury Garden Rooms Ltd  
www.westburygarden-rooms.com



**DECLAN CAULFIELD**  
SPONSORED BY  
T Tuscany  
www.to-tuscany.com



**DOM LILLEY**  
SPONSORED BY  
AVAILABLE FOR  
SPONSORSHIP



**GEORGE CULLEN**  
SPONSORED BY  
Mantle Business Centres  
mantlebusinesscentres.co.uk



**GEORGE FELGATE**  
SPONSORED BY  
AVAILABLE FOR  
SPONSORSHIP



**GEORGE KEEN**  
SPONSORED BY  
19 Bell Street Dental Practice  
odette.lazarus@19bellstreet.co.uk



**HECTOR BEVITT-SMITH**  
SPONSORED BY  
Felsted School  
www.felsted.org



**JACK SCANTLEBURY**  
SPONSORED BY  
NFU Mutual  
www.nfumutual.co.uk



**JAMES APPERLEY**  
SPONSORED BY  
Japanese Knotweed  
knotweedmanagement.co.uk





**JAMES THACKER**  
**SPONSORED BY**  
 Multitech  
[temporary-electrics.co.uk](http://temporary-electrics.co.uk)



**JAMIE CAMPBELL**  
**SPONSORED BY**  
 MCMillans Engineering  
 Limited  
[mcmillansengineering.co.uk](http://mcmillansengineering.co.uk)



**JIMMY REA**  
**SPONSORED BY**  
 Cammas Hall Farm  
[www.cammashall.co.uk](http://www.cammashall.co.uk)



**JOSS LINNEY**  
**SPONSORED BY**  
 AVAILABLE FOR  
 SPONSORSHIP



**JON GEORGE**  
**SPONSORED BY**  
 Nockolds Solicitors  
[www.nockolds.co.uk](http://www.nockolds.co.uk)



**JOHNNY NEVILLE**  
**SPONSORED BY**  
 Longmores  
[longmores-solicitors.co.uk](http://longmores-solicitors.co.uk)



**LOUIS CASTIGLIONE**  
**SPONSORED BY**  
 Neil Ryner - Ryner &  
 Partners  
[rynerandpartners.co.uk](http://rynerandpartners.co.uk)



**MARK MCCRAITH**  
**SPONSORED BY**  
 Forward Corporate  
 Finance  
[www.forwardcf.co.uk](http://www.forwardcf.co.uk)



**MATT TOMLINSON**  
**SPONSORED BY**  
 Rickard Luckin  
[rickardluckin.co.uk](http://rickardluckin.co.uk)



**MIKE GALLAGHER**  
**SPONSORED BY**  
 AVAILABLE FOR  
 SPONSORSHIP



**NICK HANKIN**  
**SPONSORED BY**  
 Julie Wright - Physio &  
 Sports Clinic  
[www.physio-and-sports-injury-clinic.co.uk](http://www.physio-and-sports-injury-clinic.co.uk)



**OLI JONES**  
**SPONSORED BY**  
 Nuffield Health  
[nuffieldhealth.com/gyms/bishops-stortford](http://nuffieldhealth.com/gyms/bishops-stortford)





**PIERS MARTIN**  
**SPONSORED BY**  
 Barons BMW Stansted  
[baronsgroup.co.uk](http://baronsgroup.co.uk)



**REECE LANE**  
**SPONSORED BY**  
 KMD Private Wealth  
 Management  
[www.kmdpwm.co.uk](http://www.kmdpwm.co.uk)



**ROB DUFF**  
**SPONSORED BY**  
 LCM Scrap Metal  
[www.lcmscrap.com](http://www.lcmscrap.com)



**RORY BANKS**  
**SPONSORED BY**  
 The Star at Stanston  
[www.star-standon.co.uk](http://www.star-standon.co.uk)



**ROSS BIRD**  
**SPONSORED BY**  
 BEW Electrical  
 Distributors Ltd  
[www.bewdirect.co.uk](http://www.bewdirect.co.uk)



**SAM JAMES**  
**SPONSORED BY**  
 Seneca Reid  
[www.senecareid.co.uk](http://www.senecareid.co.uk)



**SAM COLEMAN**  
**SPONSORED BY**  
 Bovis Homes  
[www.bovishomes.co.uk](http://www.bovishomes.co.uk)



**2018-19 1XV CAPTAIN**  
**SAM WINTER**  
**SPONSORED BY**  
 Pestell and Co  
[www.pestell.co.uk](http://www.pestell.co.uk)



**SEAN EDWARDS**  
**SPONSORED BY**  
 Palmer & Martin  
[palmerandmartin.co.uk](http://palmerandmartin.co.uk)



**SEB BROWNHILL**  
**SPONSORED BY**  
 Virtus Property  
 Management  
[www.virtuspm.co.uk](http://www.virtuspm.co.uk)



**SIMON WASLEY**  
**SPONSORED BY**  
 Hanbury Wealth  
[www.hanburywealth.co.uk](http://www.hanburywealth.co.uk)



**STEVE BALL**  
**SPONSORED BY**  
 Croucher Needham  
[www.cnmadvisory.com](http://www.cnmadvisory.com)





**TOM BANKS**  
**SPONSORED BY**  
 Russell Partnership  
[www.russellpp.co.uk](http://www.russellpp.co.uk)



**TOM CATTEALL**  
**SPONSORED BY**  
 Chris Morton  
[chrismorton@gmail.com](mailto:chrismorton@gmail.com)



**TOM COLEMAN**  
**SPONSORED BY**  
 Radleys  
[mark.radley@radleys.co.uk](mailto:mark.radley@radleys.co.uk)



**TOM McCRONE**  
**SPONSORED BY**  
 Hertfordshire Display plc  
[www.hdprint.co.uk](http://www.hdprint.co.uk)



**TOM WALKER**  
**SPONSORED BY**  
 Orwell Shipping Monaco



**WILL PALOMBO**  
**SPONSORED BY**  
 AVAILABLE FOR  
 SPONSORSHIP



**WILL SIMMONDS**  
**SPONSORED BY**  
 Tees Law  
[www.teeslaw.co.uk](http://www.teeslaw.co.uk)



**WILL ROBERTS**  
**SPONSORED BY**  
 R W Pearman & Son  
[Jeffrey.pearman@farmline.com](mailto:Jeffrey.pearman@farmline.com)



# INTERESTED?

## Sponsor a First Team Player

Contact Julie North: [julienorth1@gmail.com](mailto:julienorth1@gmail.com)







# WESTBURY

GARDEN ROOMS

01245 326500

[westburygardenrooms.com](http://westburygardenrooms.com)

Call to visit our Essex Factory and Showroom  
46-52 Cutlers Road, South Woodham Ferrers, Essex, CM3 5XJ

# NEWS FROM THE BLUES

## OLLIE JONES

### How the work I have done with the Blues has given me opportunities with the 1st XV

2013 was my first year in men's rugby after coming through the age groups and the National Cup winning Colts team. The step from Colts to 2nd XV rugby was quite natural and I quickly found my feet enjoying every minute playing for Stortford.

I have always had the desire to represent the 1st XV but without the support of the coaching staff and playing 2nd team or Blues rugby, I wouldn't have been able to achieve this goal.

The many years I've spent in the Blues have enabled me to develop areas of my game that are essential when playing at the highest level at BSRFC. Discipline and controlled aggression are characteristics I was able to build upon whilst playing. These are vital when playing for the 1's, especially in Nat 1 when you're facing ex professionals every week.

Playing regular rugby in the Blues helped me understand the importance of communication during games. The Blues taught me to talk more whilst playing. This is an essential area when playing at any level but especially for the 1's. Knowing what the person inside, outside and behind you is doing and making sure they 'have your back'.

The ongoing support and encouragement of the Blues coaches Danny Johnson & Rob Faiers together with the input of experienced players

such as Dec Caulfield, Mark McCraith and Matt Tomlinson to name a few, has made my transition to the 1st team a natural and enjoyable process. Their professional approach and experience instils confidence in players.

I never forget that I am part of a squad at BSRFC & enjoy playing for the Blues almost as much as I do the 1's. Without doubt playing for the Blues is an essential part of any young player's development & an important part of the process needed to produce effective 1st XV players.

COYB!!





**HANBURY  
WEALTH**

PROUD SPONSORS OF

# Bishop's Stortford Rugby Club



Investment planning | Retirement planning | Protecting your family

01279 466 706

[info@hanburywealth.co.uk](mailto:info@hanburywealth.co.uk)

[www.hanburywealth.co.uk](http://www.hanburywealth.co.uk)

 HanburyWealth



**HANBURY  
WEALTH**

Hanbury Wealth is a trading style of Hanbury Wealth Management Ltd, which is authorised and regulated by the Finance Conduct Authority. FCA number 757991





**CROUCHER  
NEEDHAM**

accountancy • audit • tax • advisory

PROUD SUPPORTERS OF

## **Bishop's Stortford Rugby Club**

Our passion for business combined with a unique approach to helping our clients, enables us to help you towards:

**MORE PROFIT • LESS TAX  
MORE TIME**

Working with us you will be able to concentrate your time on the things you do best - and the things you would rather be doing!



Contact us to arrange a free, no obligation meeting, to chat through how we can help you and your business prosper.

**01279 213 320**

**[www.croucherneedham.com](http://www.croucherneedham.com)**

1A BRIDGE STREET, BISHOP'S STORTFORD CM23 2JU  
MARKET HOUSE, 10 MARKET WALK, SAFFRON WALDEN CB10 1JZ



# We are always on the lookout for your property



**RUSSELL  
PROPERTY**  
SALES CONSULTANCY LETTINGS

**Whether you're a landlord or tenant...**  
you want to work with someone who understands all aspects of lettings.

Whether you're concerned about process, putting people together or getting things right legally, we can help.

Please call 01279 501500 to speak to one of our property professionals





## Whole College

Saturday 22nd September  
9.30am-1.00pm

Consistently ranked within the  
top 100 Independent Schools;  
based on A Level results  
(Telegraph league table)

SatNav for parking CM23 2PQ

## Do you want your child to realise their true potential?

### Come to our Open Morning

"The school successfully meets its aim to be a place of learning with a broad and balanced curriculum that enables all pupils to fulfil their potential in everything they undertake." ISI Inspection 2017.

Come to the Open Morning or arrange a private visit. We look forward to welcoming you.

**Building confidence for life.**

**01279 838604**

[admissions@BishopsStortfordCollege.org](mailto:admissions@BishopsStortfordCollege.org)



## Bishop's Stortford College

Co-educational Day and Boarding 4-18 years

[www.BishopsStortfordCollege.org](http://www.BishopsStortfordCollege.org)



# TODAY'S OPPOSITION

## CALDY RFC



Caldy Rugby Football Club were formed in February 1924 when some Old Boys of Caldly School, with the encouragement of the then Headmaster, decided that they must carry on playing rugby together so the 'Old Caldeians' R.F.C. came into being at a meeting held at a café in West Kirby.

They started playing in a farm field and changing in the farm buildings, bathing facilities were somewhat primitive as they used a tin bath which was filled from a tap in the farm Yard.

They have come a long way since such humble beginnings but like ourselves they've done it the right way, steadily & sustainably. They won National 2 North whilst we were winning 2 South in 2017 & thus we were promoted together. It was therefore fitting that we should play each other in our first ever games at level 3 on the opening weekend of last season's campaign here at Silver Leys. We emerged victorious that day winning a high scoring encounter 49-26.

At that early stage we were both uncertain as to how our respective first seasons at this level would develop but thankfully by the time we met again on the last day of the season at their charming Paton Field home, both sides were assured of a second season at National One. Although it mattered little in the overall scheme of things, our large contingent of travelling support that sunny April day on the Wirral, were pleased that we finished the season with a victory. 28-18.

But that as they say is history and there is no doubt that they have had a much more productive start to the second season than we have! Their record of six wins in the first ten games sees them currently sitting comfortably in 6th position. Two of those 6 victories are particularly notable and can perhaps act as a form guide going into today's game. On 13 Oct they beat Ampthill at home 19-18 & the following week triumphed away at Cambridge 27-22.

As you will know most of the games this season in this league have been decided by a single score and today's match up promises more of the same.





Proud to support Bishop's Stortford Rugby Club

# Wealth management advice to kick-start your financial planning

We provide an experienced wealth management service  
and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact GQ Wealth Management on:

**Tel: 01279 210085**

Email: [leigh.gqwm@sjpp.co.uk](mailto:leigh.gqwm@sjpp.co.uk) Website: [www.gqwm.co.uk](http://www.gqwm.co.uk)



# physio& sports injury clinic

The Physio & Sports Injury Clinic based at Bishop's Stortford Rugby Club,  
supporting BSRFC from Minis to Seniors.

We treat all age groups and abilities, providing Quality Treatment for all types of muscle and joint problems in a Friendly and Supportive atmosphere by Experienced Chartered Physiotherapists.

## Proud Sponsor of Bishop's Stortford Rugby Club

For appointments and information contact **07944 394096**

EMAIL: [physioandsportsclinic@gmail.com](mailto:physioandsportsclinic@gmail.com)

WEBSITE: [www.physio-and-sports-injury-clinic.co.uk](http://www.physio-and-sports-injury-clinic.co.uk)

Clinics Monday-Saturday with evening appointments available

**Julie Wright BSc (Hons) MCSP Chartered Physiotherapist**

The Physio and Sports Injury Clinic, Bishop's Stortford Rugby Club, Hadham Road, Bishop's Stortford, Herts, CM23 2QE



Temporary Electrics - Permanent Commitment®

## BSRFC SPONSORS

AND SUPPLIERS OF TEMPORARY SITE SERVICES TO  
THE UK CONSTRUCTION INDUSTRY SINCE 1998

### New Game, New Job?

Check out the latest career opportunities at Multitech:

**[www.temporary-electrics.co.uk/careers](http://www.temporary-electrics.co.uk/careers)**

See if you can join **our** talented team (*no gum shields required*)

# [temporary-electrics.co.uk](http://temporary-electrics.co.uk)

Multitech Site Services Ltd, Multitech House,  
Flich Industrial Estate, Great Dunmow, Essex CM6 1XJ. Telephone: 01371 877060



# Supporting the Bishop's Stortford Rugby Football Club



Proud  
Sponsors of  
the BSRFC  
Girls & Ladies  
Teams



**Bishop's Stortford**

t: 01279 755777



**London**

t: 020 3892 6800

[www.nockolds.co.uk](http://www.nockolds.co.uk)





# TOTAL SUPPORT FOR COMMERCIAL PROPERTY CLIENTS

Commercial agents who mean business

**Coke Gearing**  
consulting

Chartered Surveyors

**01279 758758**

- INVESTMENTS
- VALUATIONS
- ACQUISITIONS
- LANDLORD AND TENANT
- PLANNING ADVICE
- DEVELOPMENT
- SALES AND LETTINGS
- BUILDING CONSULTANCY

[www.cokegearing.co.uk](http://www.cokegearing.co.uk)

# PROUD SUPPORTERS OF BISHOP'S STORTFORD RFC

OUR HERITAGE,  
OUR PASSION.  
YOUR IPA.

[greenekingipa.co.uk](http://greenekingipa.co.uk)



**GREENE KING**  
BURY ST EDMUNDS





# HR GO RECRUITMENT

SUPPORTING BISHOP'S STORTFORD LADIES RFC

## Who are we?

HR GO Recruitment, based locally in Bishop's Stortford since 1997. During this time we have built a solid reputation for providing excellent customer service to both our candidates and clients.

## Why choose HR GO Recruitment?

Our team in Bishop's Stortford, collectively possess well over 60 years of recruitment experience. The knowledge and expertise we hold, coupled with our ability to provide a professional, reliable and high standard of service, sets us apart.

If you are  
looking for a  
friendly, honest  
and local agency  
then look no further!

We specialise in filling both temporary and  
permanent opportunities within the  
Commercial, Retail, Industrial,  
Engineering and IT Sectors.

**CALL 01279 503505**

**Email: [BishopsStortford@hrgo.co.uk](mailto:BishopsStortford@hrgo.co.uk)**

# BIT Solutions

## Enterprise IT Systems



## BIT Solutions are big on ideas, expertise and results

And small where it matters, offering the personal touch and tailored solutions. BIT Solutions are a leading provider of cloud and on premise IT solutions for clients throughout the South of England.

With our enterprise cloud platform located in two of the most advanced datacentres in Hertfordshire, we are able to provide our clients with flexible, high performance and ultra reliable cloud solutions to suit every need.

We also offer strategic IT planning, on premise IT infrastructure design, assistance to in-house IT teams and a range of business IT support plans.

*Proud sponsors of Bishop's Stortford Rugby Club*

T: 0333 577 2833 | E: [info@bitsolutions.net](mailto:info@bitsolutions.net) | W: [www.bitsolutions.net](http://www.bitsolutions.net)

*Premier support, individually tailored*



# HELPING YOUR BUSINESS SUCCEED

## PROUD SUPPORTERS OF BISHOP'S STORTFORD RFC

Price Bailey offers a full range of compliance and advisory services from audit and assurance to strategic corporate finance, tax consulting, pensions and outsourcing. We are here to help you and your business to grow.

For further information please contact Gary Miller or Tony Pennison:

Gary Miller, Partner

T: 01279 712719

E: [gary.miller@pricebailey.co.uk](mailto:gary.miller@pricebailey.co.uk)

Tony Pennison, Partner

T: 01279 712716

E: [tonyp@pricebailey.co.uk](mailto:tonyp@pricebailey.co.uk)

 **Price Bailey**  
CHARTERED ACCOUNTANTS

[pricebailey.co.uk](http://pricebailey.co.uk)

Price Bailey ® is registered as a UK trademark of Price Bailey Group Limited. © 2018 Price Bailey. For more information about Price Bailey and regulatory details please visit [www.pricebailey.com/legal](http://www.pricebailey.com/legal).



# Expect more

**Legal and financial advice from  
experts on your side.**

**[www.teeslaw.com](http://www.teeslaw.com)**

---

**Call us on 01279 755200**

**Tees House, 95 London Road, Bishop's Stortford, Hertfordshire CM23 3GW**

**Offices also at Chelmsford, Saffron Walden, Royston and Cambridge**

Tees is a trading name of Stanley Tee LLP regulated by the Solicitors Regulation Authority. Registered in England and Wales number OC327874. Tees is a trading name of Tees Financial Limited which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales number 4342506.



THE BEST QUALITY SERVICE  
WHAT YOU WANT, WHEN YOU WANT IT.

 BANKSY'S BAR 



# ANDREW BANKS

Your local wood Specialist  
[andrewbanks.co.uk](http://andrewbanks.co.uk)

01279 626389

# KORU

strength + fitness

## OPEN NOW



## DON'T DREAM OF IT. TRAIN FOR IT.

Without doubt, the best training facility  
in the area. Come and check us out.

Peek Business Park, Woodside, Bishops Stortford, CM23 5RG

T: 01279 506487 E: [team@korugym.com](mailto:team@korugym.com)

[www.korugym.com](http://www.korugym.com)



## Proud supporters of Bishop's Stortford Rugby Football Club



### Strategic Financial Planning

Understanding our clients' goals and values, then deliver ongoing strategic advice aligned to those goals and values.

Together we will devise a financial master plan that will answer questions such as "Will I have enough money to do all the things I want to do?" and "Am I doing everything I should be doing with my money?".

The value of your your investment and any income from it can fall as well as rise and you may not get back the original amount invested.

To discuss how we may be able to help you achieve your financial goals call us on

**01279 874480**

# RESULTS GRID, TABLE & FIXTURES

## NATIONAL LEAGUE 1

FIXTURE SCHEDULE & RESULTS GRID 2018-19

|                | Ampt  | Bkth  | Bir M | BSRFC | Caldy | Camb  | Chin  | Cind  | DMP   | Esher | L'boro | OE's  | Plym A | Ross Pk | Roth  | Sale  |
|----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|--------|---------|-------|-------|
| Ampt           |       | 33-22 | 8.12  | 16.02 | 2.02  | 6-13  | 22.12 | 54-10 | 24.11 | 35-20 | 43-34  | 9.03  | 12.01  | 30.03   | 22-8  | 13.04 |
| Bkth           | 19.01 |       | 30-26 | 30.03 | 16.02 | 2.02  | 8.12  | 9.03  | 15-0  | 27.04 | 24.11  | 10-21 | 5.01   | 23-15   | 13.04 | 41-24 |
| Bir M          | 6.04  | 9.02  |       | 5.01  | 27.04 | 15.12 | 17.11 | 23-24 | 36-41 | 23.03 | 2.03   | 19.01 | 1.12   | 2.02    | 28-22 | 31-22 |
| BSRFC          | 10-29 | 1.12  | 52-8  |       | 17.11 | 2.03  | 26.01 | 23.03 | 23-26 | 26-29 | 57-25  | 13.04 | 9.02   | 22.12   | 8.12  | 12.01 |
| Caldy          | 19-18 | 17-25 | 30-27 | 9.03  |       | 9.02  | 12.01 | 31-38 | 8.12  | 31-29 | 43-19  | 30.03 | 26.01  | 13.04   | 24.11 | 22.12 |
| Camb           | 26.01 | 24-43 | 13.04 | 23-22 | 22-27 |       | 20-22 | 16.02 | 30.03 | 12.01 | 22.12  | 24.11 | 32-26  | 8.12    | 9.03  | 36-36 |
| Chin           | 38-33 | 6.04  | 9.03  | 6-13  | 24-27 | 5.01  |       | 19.01 | 16.02 | 15.12 | 30.03  | 20-20 | 27.04  | 33-33   | 2.02  | 24.11 |
| Cind           | 9.02  | 17.11 | 22.12 | 24.11 | 2.03  | 14-9  | 21-26 |       | 13.04 | 26.01 | 12.01  | 8.12  | 15-12  | 29-36   | 30.03 | 40-31 |
| DMP            | 23.03 | 12.01 | 26.01 | 27.04 | 6.04  | 1.12  | 21-23 | 15.12 |       | 2.03  | 9.02   | 5.01  | 17.11  | 34-33   | 42-19 | 29-31 |
| Esher          | 5.01  | 7-36  | 24.11 | 2.02  | 19.01 | 17-10 | 13.04 | 10-7  | 24-25 |       | 8.12   | 16.02 | 21-24  | 9.03    | 15-45 | 30.03 |
| L'boro         | 27.04 | 23.03 | 35-25 | 19.01 | 5.01  | 14-20 | 1.12  | 8-39  | 39-27 | 6.04  |        | 2.02  | 15.12  | 16.02   | 5-38  | 9.03  |
| OE's           | 17.11 | 22.12 | 38-27 | 15.12 | 1.12  | 23.03 | 9.02  | 6.04  | 31-22 | 22-10 | 48-24  |       | 2.03   | 12.01   | 27.04 | 26.01 |
| Plym A         | 17-5  | 20-21 | 30.03 | 23-19 | 24-14 | 19.01 | 11-26 | 2.02  | 9.03  | 22.12 | 13.04  | 15-19 |        | 24.11   | 16.02 | 8.12  |
| Ross Pk        | 1.12  | 26.01 | 27-22 | 25-17 | 15.12 | 6.04  | 2.03  | 27.04 | 19.01 | 17.11 | 39-31  | 37-24 | 23.03  |         | 5.01  | 9.02  |
| Roth           | 2.03  | 15.12 | 12.01 | 6.04  | 23.03 | 17.11 | 32-26 | 1.12  | 22.12 | 9.02  | 26.01  | 33-34 | 25-14  | 29-12   |       | 32-27 |
| Sale           | 15.12 | 2.03  | 16.02 | 22-8  | 26-24 | 27.04 | 23.03 | 5.01  | 2.02  | 1.12  | 17.11  | 42-38 | 6.04   | 23-31   | 19.01 |       |
| ROUNDS 1 to 15 |       |       |       |       |       |       |       |       |       |       |        |       |        |         |       |       |
| ROUNDS 16-30   |       |       |       |       |       |       |       |       |       |       |        |       |        |         |       |       |



## Season 2018/2019 NATIONAL 1

## Results From 3rd November

| Home Team             |       | Away Team              |
|-----------------------|-------|------------------------|
| Esher                 | 24-25 | Darlington Mowden Park |
| Loughborough Students | 35-25 | Birmingham Moseley     |
| Amphill               | 22-8  | Rotherham              |
| Cambridge             | 23-22 | Bishop's Stortford     |
| Caldy                 | 31-38 | Cinderford             |
| Chinnor               | 33-33 | Rosslyn Park           |
| Plymouth Albion       | 15-19 | Old Elthamians         |
| Blackheath            | 41-24 | Sale FC                |

## Season 2018/2019 NATIONAL 1

## Fixtures for 17th November

| Home Team              |    | Away Team             |
|------------------------|----|-----------------------|
| Darlington Mowden Park | vs | Plymouth Albion       |
| Sale FC                | vs | Loughborough Students |
| Cinderford             | vs | Blackheath            |
| Bishop's Stortford     | vs | Caldy                 |
| Rotherham              | vs | Cambridge             |
| Old Elthamians         | vs | Amphill               |
| Birmingham Moseley     | vs | Chinnor               |
| Rosslyn Park           | vs | Esher                 |

## National League 1 - 2018/19

| Team                   | P  | W | D | L | PF  | PA  | PD   | TBP | LBP | Points |
|------------------------|----|---|---|---|-----|-----|------|-----|-----|--------|
| Blackheath             | 10 | 8 | 0 | 2 | 266 | 187 | 79   | 4   | 0   | 36     |
| Old Elthamians         | 10 | 7 | 1 | 2 | 295 | 240 | 55   | 5   | 1   | 36     |
| Rosslyn Park           | 10 | 6 | 1 | 3 | 288 | 265 | 23   | 7   | 1   | 34     |
| Amphill & District     | 10 | 6 | 0 | 4 | 278 | 191 | 87   | 6   | 3   | 33     |
| Rotherham              | 10 | 6 | 0 | 4 | 283 | 225 | 58   | 6   | 2   | 32     |
| Caldy                  | 10 | 6 | 0 | 4 | 263 | 252 | 11   | 5   | 2   | 31     |
| Cinderford             | 10 | 6 | 0 | 4 | 237 | 240 | -3   | 4   | 3   | 31     |
| Chinnor                | 10 | 5 | 2 | 3 | 244 | 231 | 13   | 4   | 3   | 31     |
| Darlington Mowden Park | 10 | 5 | 0 | 5 | 267 | 274 | -7   | 6   | 2   | 28     |
| Cambridge              | 10 | 4 | 1 | 5 | 209 | 227 | -18  | 2   | 4   | 24     |
| Sale FC                | 10 | 4 | 1 | 5 | 284 | 310 | -26  | 4   | 1   | 23     |
| Plymouth Albion        | 10 | 4 | 0 | 6 | 186 | 197 | -11  | 3   | 4   | 23     |
| Bishops Stortford      | 10 | 3 | 0 | 7 | 247 | 216 | 31   | 3   | 4   | 19     |
| Esher                  | 10 | 3 | 0 | 7 | 182 | 261 | -79  | 2   | 3   | 17     |
| Birmingham Moseley     | 10 | 2 | 0 | 8 | 253 | 321 | -68  | 3   | 5   | 16     |
| Loughborough Students  | 10 | 2 | 0 | 8 | 234 | 379 | -145 | 5   | 1   | 14     |

# THE TEAMS



PLEASE NOTE THAT OUR BAR LICENCE SPEC  
AND GLASS BOTTLES ONTO THE FIELD. REUSABLE, R  
SO PLEASE ASK FOR ONE, IF YOU INT

## BISHOP'S STORTFORD 1<sup>ST</sup> XV

BLUE AND WHITE

|    |                     |
|----|---------------------|
| 1  | Seb Brownhill       |
| 2  | Sam James           |
| 3  | Billy Walker        |
| 4  | Jon George          |
| 5  | Matt Tomlinson      |
| 6  | James Apperley      |
| 7  | Andy Christie       |
| 8  | Charlie Kingham     |
| 9  | Tom Banks           |
| 10 | Manu Vunipola       |
| 11 | Jimmy Rea           |
| 12 | Reuben Bird-Tulloch |
| 13 | Sam Winter ©        |
| 14 | Rob Duff            |
| 15 | Nick Hankin         |

### REPLACEMENTS

|    |                   |
|----|-------------------|
| 16 | Sam Crean         |
| 17 | Louis Castiglione |
| 18 | Brad Etherington  |
| 19 | Will Simmonds     |
| 20 | Tom Coleman       |

### Man of The Match

WESTBURY  
GARDEN ROOMS

**Director of Rugby** Andy Long | **Team Manager** Darren Orbart |  
**Lead Physio** Kathy Hills | **Assistant Physio** Adam Mufti | **Assistant Physio** Tom Phillips  
**Defence Coach** Marcus Cattell | **Attack and Backs Coach** Tom Coleman | **Blues Head Coach** Danny Johnston  
**Backs Transition Coach** Ash Boyle | **Forwards Transition Coach** Rob Faiers  
**Head of Strength and Conditioning** Ben Sheath | **Assistant strength and conditioning coach** - Adam Vine

**Referee** Dr Jonathan Cook  
**Assistant Referee 1** Jonathan Petzig  
**Assistant Referee 2** David Myers

SPECIFICALLY FORBIDS THE TAKING OF GLASSES  
RIGID PLASTIC GLASSES ARE AVAILABLE AT THE BAR,  
TEND TO TAKE YOUR DRINK OUTSIDE



## CALDY RFC

MAROON, WHITE AND BLACK

|                  |           |
|------------------|-----------|
| John Whittaker   | <b>1</b>  |
| Edward Stagg     | <b>2</b>  |
| Derek Salisbury  | <b>3</b>  |
| Gerrad Martin    | <b>4</b>  |
| Thomas Sanders   | <b>5</b>  |
| John Collister   | <b>6</b>  |
| Nyle Davidson    | <b>7</b>  |
| Josiah Dickinson | <b>8</b>  |
| Benjamin Jones   | <b>9</b>  |
| Lewis Barker     | <b>10</b> |
| Luke Hibberd     | <b>11</b> |
| Michael Barlow   | <b>12</b> |
| Gavin Roberts    | <b>13</b> |
| Nicholas Royle   | <b>14</b> |
| Rhys Hayes       | <b>15</b> |

### Corporate Sponsors



### REPLACEMENTS

|                  |           |
|------------------|-----------|
| Richard Vasey    | <b>16</b> |
| Callum Ridgway   | <b>21</b> |
| Michael Cartmill | <b>22</b> |
| Robert O'Donnell | <b>19</b> |
| Ransford Otutaha | <b>20</b> |

**Director of Rugby** Gareth Davies | **Forward Coach** Matt Cairns | **Backs Coach** Simon Verbickas  
**Physiotherapist** Trudi Mercer



## Heating & Plumbing

20 Rectory Lane, Farnham,  
Bishop's Stortford, CM23 1HU,  
Email: [nharper114@aol.com](mailto:nharper114@aol.com)

Proud members of  
**Checkatrade.com**  
Where reputation matters



**01279 771 981**  
[harpersplumbing.co.uk](http://harpersplumbing.co.uk)



## You can rely on a Worcester...

The only gas boiler manufacturer  
to be awarded **Which? Best Buy**  
for 6 years running...

**and you can rely  
on us to install them**





SURVEYORS | PLANNERS | ARCHITECTS



- Rural & Strategic Planning
- Land & Estate Management
- Agricultural Advice
- Acquisitions & Sales
- Architectural Design
- Farm Business Appraisals & Diversification



Specialists in  
Rural Property

With offices in:  
Hertfordshire  
Warwickshire  
Norfolk

01279 77 11 88

[sworders.com](http://sworders.com)

***gourmetürk***  
*midweek special*  
MONDAY AND TUESDAY

2 COURSE MEAL  
**£14.99**

MIDWEEK  
LUNCH MENU  
**£11.90**



BOTTOMLESS PROSECCO BRUNCH **£30pp**

SUNDAY  
ROAST

**£14.45**



# MATCH REPORT

## CAMBRIDGE 23-22 BISHOP'S STORTFORD 1ST XV



This local derby, with both sides sitting in the wrong half of the table and coming off three game losing streaks was always going to be hard fought and so it proved.

Playing against a strong wind, Stortford managed to dominate most of the first half, with their scrum well on top and the whole team running through phase after phase of slick handling to have much the better of both possession and territory, thus preventing the home team from taking any great advantage of the elements. Cambridge, though tackled well and limited the scoring threats that the visitors could pose. The first score in fact went the home side's way, when flyhalf, Lawrence Rayner converted the second of two successive penalty shots at goal after 8 minutes. Undaunted, the visitors swarmed back onto the attack and a spell of intense 15 man attacking play brought its reward 4 minutes later, when quick handling by the threequarters created space out wide for Dan Elsom to go over for an unconverted try.

Stortford continued to enjoy the bulk of the ball and to control territory for the next 25 minutes, but were unable to break down Cambridge's strong defence again and, with time running out, the home side managed a rare sortie into opposition territory. A penalty was again awarded against Stortford in a very kickable position, but Rayner this time crashed the ball against an upright. Unfortunately, for the visitors, Cambridge reacted more quickly to seize the rebound and a quick, long pass to winger, Kwaku Asiedu allowed him to break a despairing tackle from his opposite number to run in for an unconverted try out wide.

Turning to play with the breeze, with only a 3 point deficit, things still looked good for Stortford and, when Louis Castiglione crashed over close to the posts for a try after only 5 minutes of the second period, following several strong thrusts by his fellow forwards, the writing seemed to be on the wall. Manu Vunipola's conversion took his side out to a 4 point lead, but this proved to be short-lived, as Cambridge showed that they too were capable of playing flowing rugby to sweep

back upfield through multiple phases. Stortford's defence, unfortunately proved to be less resilient than had Cambridge's in the first half, as Sam Yawawaya brushed off tackles from 3 or 4 players to touchdown out wide for an unconverted try. This seemed to signal a significant swing in the balance of the game, as the home side suddenly started to enjoy the kind of scrum dominance that Stortford had hitherto enjoyed – the visitors' cause not being helped by the absence from the field of Jon George (injured at the end of the first) half and Mark McCraith now also withdrawn, calling for a wholesale reshuffle of the visitors' pack, requiring scrumhalf, Tom Banks to see out the game at blindside flanker.

Cambridge again attacked through multiple phases and Stortford's defence once more was found to be vulnerable some quarter of an hour later, when flanker, Jake McCloud ran through a wide gap close to a breakdown to touch down under the posts. Rayner's conversion stretched their lead to 8 points, but Stortford continued to battle and forced their way back upfield, where, after 35 minutes, they settled for a penalty goal to Vunipola to bring themselves within one score of the opposition. The visitors then took full advantage of a midfield penalty, which was deflected by Cambridge's fullback into touch in goal, when they mustered a rare solid scrum and Sam Winter took a short pass from Vunipola to step and crash his way between three Cambridge tacklers to stretch out for the line to equalise the scores. Vunipola held his nerve well to kick the conversion and, with only two or three minutes of injury time left, it looked as if it was Stortford's turn to have snatched a result at the death. Unfortunately, though the team lacked the composure to see the game out and were turned over, trying to run the ball out of their own half, instead of playing the percentages with a kick for territory.

Cambridge stormed onto the attack and were rewarded with a penalty close to the visitors' posts. Rayner this time made no mistake with his shot at goal, which proved to be the last act of the game.

# Buy a used car from M J Warner



Your trusted local Volkswagen retailer since 1980...

...AND PROUD SPONSORS OF

**Bishop's Stortford Rugby Club**



Shirt sponsors for BSRFC Mitres

## Sales

## Servicing

## Accident repairs

**M J Warner**

Hare Street, Buntingford, Hertfordshire, SG9 0EA

Telephone: 01763 289 472



[www.mjwarner.co.uk](http://www.mjwarner.co.uk)





# We try harder.

Backup and disaster recovery for Education and Business

**CALL NOW**

01279 465 654

[www.gigasoftwaredatabackup.co.uk](http://www.gigasoftwaredatabackup.co.uk)



## *Opening Hours*

### **Lunch**

Open 7 days a week  
11.30am to 2.00pm

### **Dinner**

Sunday - Thursday  
5.00pm to 11.00pm  
Friday & Saturday  
5.00pm to midnight

## *Find Us*

24 Hadham Road,  
Bishop's Stortford, CM23 2QS

01279 507777/658888

## *Order Online*

[www.zara-dining.com](http://www.zara-dining.com)

# *Zara*

*Indian Dining*

## *Modern Indian Dining in Elegant Surroundings*

We are a family friendly restaurant, serving innovative Indian cuisine for those who enjoy good food and wine with friends in a relaxed atmosphere in the heart of Bishop's Stortford.

Why not pop in for just a glass of wine or one of our specially selected cocktails before your meal.

Or order a take-away by phone or from our web site.



LADLERS  
RED POLL

# JR Farming

Fuelling our 1st XV this  
Season with Red Poll Beef !



Providing Bishop's Stortford & surrounding  
areas with **SCRUMmy** local beef ...



LADLERS  
RED POLL

Ladlers, Dunmow, Essex, CM6 1SP

07729 562996 [ladlers@hotmail.co.uk](mailto:ladlers@hotmail.co.uk)

[www.facebook.com/ladlersredpoll](http://www.facebook.com/ladlersredpoll)

# IN THE SPOTLIGHT:

## GEORGE CULLEN

Looking back on the first third of this season, it has been a frustrating one so far for us as a group, defined by a ridiculous number of injuries and losing pretty much every game that could have gone either way! Despite this, I know for a fact that we are one of the best teams in this league and I have no doubt that the results will start coming! We've played some great stuff at times and we just need to learn how to marry this up with closing out games. Despite results not quite going our way thus far, one thing I still believe is that everyone is immensely proud to pull on the blue and white jersey whenever the chance is presented, and this in itself will pay dividends as the season progresses.

As all of the lads will testify, the support we get week in, week out is absolutely unbelievable. There is honestly no better sight than being 5 hours up the road on an away trip and a bus load of blazers rolls on in mid-warm up to prop up the bar! So, thank you all for the support- it's part of what makes our club special.

This season is something of a funny one for me personally. On the one hand being part of this group is something really special and a focal point of my life- particularly having the chance to play alongside some of my best mates and guys I have played with since the age of 7. \*I still vividly recall turning up for my first ever training session, getting a gum shield fitting and throwing up because I couldn't work out how to just breath through my nose.

I am determined to give everything I can to the team while I am around (Hopefully the hamstring gets itself together!)

For those that aren't aware, in March I will cycling, alongside Ben Cook (son of Joolie), from London

to Tokyo in aid of The Movember Foundation and The Ian Williams Foundation. We aim to raise £30,000 as we pedal eastwards over the course of 6 or 7 months and will (hopefully) make it in time for the Rugby World Cup. We are using the game today as a platform to promote what we are doing and the incredible work that these respective charities do, and hopefully raise a bit of money as well.

Embarking on an adventure such as this has been nibbling away at me for some years now. It has got to a point in my life, age 25, that if I don't go for it now then there is every chance that real life will take hold and I will be looking back in 10 years regretting that I didn't go. The sudden death of my friend Ian Williams (my former flat and team mate at Oxford), while training with Doncaster Knights, showed how life is too short and my decision was made. So after a few too many pints one night, Ben and I decided to give a whirl. Since then 'The Hairy Handlebars' has slowly snow-balled into something that I believe has the chance to make some real positive changes to the state of men's health.

Both Ben and I are immeasurably grateful to everyone at the club who has supported us in A) backing the rogue decision to go and B) Help get our story out there and hit our fundraising target. You can find out more and donate via our website: [www.thehairyhandlebars.co.uk](http://www.thehairyhandlebars.co.uk) or by collaring me in the bar!

In the meantime, with help of my awesome sponsors Mantle Estates, here's to getting Stort back to winning ways!

Oh Stort We Are.





## Nuffield Health – Specialist in you

At Nuffield Health's gym in Bishop's Stortford our clinically trained fitness experts are on hand to guide you in your pursuit of health and fitness.

Classes range from aerobic fitness and calorie burning to muscular conditioning and toning and even classes designed to help you relax and re-energise. Beside structured classes you also get access to a fully equipped gym and swimming pool.

**Book your trial now by calling our team on  
01279507002 or visit  
[www.nuffieldhealth.com/gyms/bishops-stortford](http://www.nuffieldhealth.com/gyms/bishops-stortford)**



# **Bovis Homes** is delighted to support Bishop's Stortford RFC



**New Bovis Homes coming soon  
to Bishop's Stortford**

Photography shows a typical Bovis Homes interior

**bovishomes.co.uk**

  
**BOVIS**  
HOMES

# CLUB STORTFORD

NOW IN ITS FIFTH SEASON, CLUB STORTFORD WAS SET UP BY A SMALL WORKING PARTY, TO SUPPORT THE 1STXV SQUAD AFTER PROMOTION TO NATIONAL LEAGUE RUGBY IN 2013/14. OUR AIM IS “TO ENSURE BISHOP’S STORTFORD RFC HAS A SUSTAINABLE FUTURE IN NATIONAL LEAGUE RUGBY AND CONTINUES TO NURTURE HOME GROWN TALENT.”

Working in conjunction with the 1stXV coaching team, CS provides funding for various expenditure beyond the financial resources of the main club.

Director of Rugby, Andy Long, has reiterated on a number of occasions the importance he attaches to the financial support given by Club Stortford. Quite simply, without it's support, the team would not be able to perform at such currently high levels.

We continue to look for new members, to allow us to broaden and deepen the extent of our support.

We would urge you to consider joining Club Stortford. If you are interested and would like further information, please contact our secretary,

Russell Cattell 07778 101988



# THE OVAL CLUB



The Oval Club was established in 1998 with the mission statement  
**“To contribute towards promoting the highest possible standard of rugby throughout Bishop’s Stortford Rugby Football Club”**

The Oval Club is autonomous and entirely independent of BSRFC’s financial and administrative functions. Members of the Oval Club contribute each month by standing order to raise funds to support one off projects within the Rugby Club which should be of benefit to the whole club and to provide social events for Oval Club members.

Since its inception The Oval Club has contributed more than £150,000 towards the cost of BSRFC projects such as:

- Drainage and floodlighting of the No 1 and back pitches
- Improvement and maintenance of all playing surfaces
- Protective fencing around back pitches
- Funding the cost of the use of additional playing surfaces
- Supporting Minis and Youth sections
- Refurbishment of changing rooms and showers

Regular social events are organised for and enjoyed by Oval Club members each year.

The Oval Club has played a considerable part in donating much needed funds to enable BSRFC to provide facilities and to enhance its reputation in the local and rugby communities.

**Membership of the Oval Club is currently 76 and any member of BSRFC who is interested in joining the Oval Club should contact the Secretary, John Robinson, via [jbr@talktalk.net](mailto:jbr@talktalk.net)**



# Reedside Ltd

(Ben Clarke)

## Offices To Let

From starter units of 150sq. ft. increasing in size.  
All with parking, near to railway station.  
Keen prices, lease or licence.

**Tel: 01279 658 301**

**Fax: 01279 506 126**

Email: [jsbclarke@zoo.co.uk](mailto:jsbclarke@zoo.co.uk)

### Properties:

The Maltings, Southmill Road, Bishop's Stortford, Herts.  
The Maltings, Station Road, Sawbridgeworth, Herts.

david  
hawkins



Essex Commercial Photography  
[www.davidhawkins.biz](http://www.davidhawkins.biz)  
[mail@davidhawkins.biz](mailto:mail@davidhawkins.biz)  
08707 874 184

WE ARE VERY PROUD TO SUPPORT  
BISHOP'S STORTFORD RUGBY FOOTBALL CLUB  
GOOD LUCK FOR THE REST OF THE SEASON



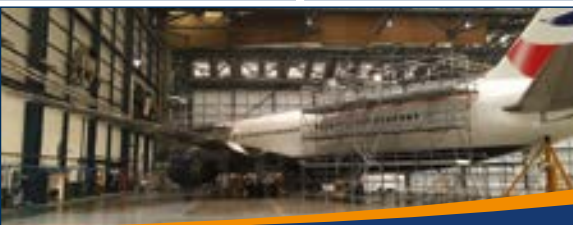


  
**CONNECT  
SCAFFOLDING**

  
**CONNECT  
EVENTS**



  
**CONNECT  
HOISTS**



*Safer, easier, quicker ... better connected!*



## EXCELSIOR KITCHENS

QUALITY | EXPERIENCE | SERVICE

Established in 2000, Excelsior Kitchens are one of the leading fitted kitchen specialists in East Anglia, the South and London. With a wide range of materials, colours and styles, we can find a solution for all projects, budgets and locations. Our experienced designers can offer expert advice and a professional service.

---

[EXCELSIORKITCHENS.COM](http://EXCELSIORKITCHENS.COM)

3 Takeley Business Centre, Dunmow Road, Takeley, Essex, CM22 6SJ - T 01279 870700

# WORK HERE



**Thremhall Park is a beautifully restored, classic neo-Georgian building, set in 12 acres of historic parkland. We offer modern serviced offices, co-working spaces, virtual services & meeting rooms.**

**Call** 0333 00 66 330  
**Mail** [hello@mantlebusinesscentres.co.uk](mailto:hello@mantlebusinesscentres.co.uk)  
**Visit** [mantlebusinesscentres.co.uk](http://mantlebusinesscentres.co.uk)



**THREMHALL PARK**  
STANSTED

# We'll work around the clock to find a buyer for your property...



**RUSSELL  
PROPERTY**  
SALES CONSULTANCY LETTINGS

## **Considering a move this year?**

With a wealth of local knowledge Russell Property can advise you on the best ways to maximise your homes full potential when moving.

Please call 01279 501500 to speak to one of our property professionals who will help guide you through the moving process.





Propel your business into the **New Season!**

Find out how we can help reduce costs in your office and make life easier for you and your staff with increased productivity and profit!

**System One** will streamline your office workflow with a range of multi-functional devices to suit both your working environment and your pocket.

**System Two** will design, print and provide mailing services, helping you to promote your business, services or products.

**Get in touch now to find out more...**

**SystemOne**  
SIMPLE OFFICE SOLUTIONS

**01279 602700**  
[www.systemone.co.uk](http://www.systemone.co.uk)



**SystemTwo**  
PRINT SOLUTIONS

**01279 602709**  
[www.systemtwo.co.uk](http://www.systemtwo.co.uk)



# yoga with Marcella

vinyasa  flow



## Benefits of Yoga

Yoga is a beautiful exercise for both the body and the mind.

- . Increased **Core Strength**
- . Lowers Blood Pressure
- . Increased **Flexibility**
- . Improved **Intuition**
- . Improved Digestion
- . Body **Detoxification**

## What is Vinyasa Flow Yoga?

The word "**vinyasa**" can be translated as "arranging something in a special way," like yoga poses for example. Vinyasa Yoga is a style of **yoga** that **focuses on flow**. Vinyasa Yoga movements are very **smooth** and each pose **connects to the next** with either an inhale or an exhale.


**"YOGA IS  
THE PRACTISE  
OF QUIETING  
THE MIND"**


PANTAJALI





## Book Now:


- . Classes in and around:  
Great Dunmow,  
Bishop Stortford, Henham  
and Harlow
- . Private and group bookings  
also available
- . Specialising in Yoga  
for athletes
- . Trained in pregnancy yoga
- . Bishops Stortford 1st XV  
Rugby team official sponsor  
and Yoga Instructor


 @yogawithmarcella

 @marcellayoga

 @yogawithmarcella

yogawithmarcella@gmail.com 

07852 197539 

/yogawithmarcella 

www.yogawithmarcella.co.uk

# BSRFC Girls and Ladies Update

By Jasmin Bice

Last weekend saw two of our girls Coaches, Donna Bird and Carleigh LaLonge head off to Hitchin for a girl's festival. Donna was with the U13s Girls which was a great atmosphere with girls helping clubs out to ensure we got 12 vs 12 or 10 vs 10.

All the girls had a good time as being part of newly formed girls' teams along with Cheshunt and Datchworth, this was a fantastic show of rugby bringing all the clubs together.

Carleigh with the U15s made a Barbarians team together with Cheshunt & Biggleswade and were able to receive game time. They also were able to play a big mix game with Hitchin joining in to make two x 15 a side teams.

All the girls got stuck in making tackles and running well with the ball. This was a great experience for the Girls to build confidence on.

We are taking some of our U11 & U13 girls to Twickenham after being asked to perform guard of honour duties for the England Vs Australia game on 24/11/18. They will also enjoy a lunch, tour of the stadium and playing a game on the pitches, we are very excited to be able to share this experience with the girls!

## A Cheeky Christmas Present

You might think it's a little early to start thinking about Christmas (but probably not, unless you're a last-minute-Christmas-Eve-present-buyer), but the BSRFC Ladies are incredibly pleased to announce that you will very shortly be able to buy our BRAND NEW cheeky calendar.

On sale soon, the calendars will be available in desk or wall calendar formats and sold online and through the club shop. At £10 each (plus postage if bought online) these calendars are in aid of The Eve Appeal, a charity which raises awareness and funds ground-breaking awareness into the five gynaecological cancers.

With the aim of raising as much money as we possibly can for this charity, our ladies stood strongly for body positivity and empowering as many women as we could.

We obviously wouldn't have been able to do this without our sponsors, Charterhouse Voice and Data, HR Go, and Nockolds Solicitors, and of course, the wonderful Andy Todd (who was very professional, and is probably owed quite a few apologies from the ladies who took part...).

We owe a very special thanks to Amwell Electrical who VERY kindly paid for the printing of the calendar. Their generosity means that we are able to donate 100% of all profits to The Eve Appeal – make sure to keep an eye out for when they go on sale!



# Bishop's Stortford Independent

[www.bishopsstortfordindependent.co.uk](http://www.bishopsstortfordindependent.co.uk)

est: 2017 | Publication day: Wednesday | 01279 216515



7,882

Publisher's  
statement

weekly readership

51,100

Publisher's  
statement

unique browsers



TRUST LOCAL

 ILIFFE MEDIA



# Bishop's Stortford RFC Club Shop



OPENING TIMES:

**Saturday: 12.00 noon - 3.00pm**  
(1st XV match days only)

**Sunday: 9.00am to 12.30pm**

For further information please see the club website: [www.bsrfc.co.uk](http://www.bsrfc.co.uk)  
or contact **Bob Winnington** on  
**07988 646 384.**





Unit 14 Twyford Business Centre  
London Road  
Bishop's Stortford  
Herts  
CM233YT  
Tel: 01279 505072  
Fax: 01279 508004



We pride ourselves in providing you with a one stop shop for your Self Drive Hire

Storage, haulage and Garage service requirements. Our extensive fleet has Cars, People Carriers, Small vans, Pannel vans, Luton vans, 7.5 tonne, 18 tonne, 32 tonne & 44 tonne trucks &

Trailers for self drive hire purposes. We can offer substantial discounts on long term and contract hires.

Our well equip workshop can service and maintain most makes of cars and HGV vehicles and we can offer a range of courtesy vehicles whilst your vehicle is in being repaired with us\*.

Don't delay call us today on 01279 505072 one of our helpful staff will see to your requirements.

Proud Sponsors of The Bishop's Stortford Rugby Club .

*The driving force behind "The Bishop's Stortford Rugby Club"*



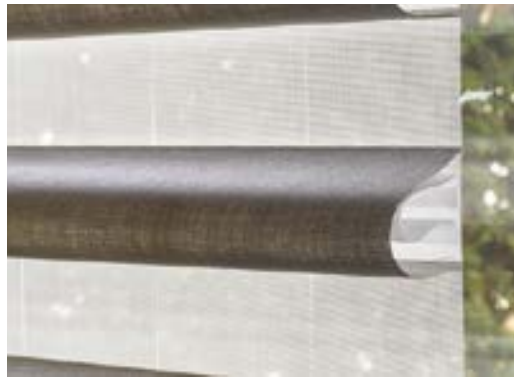


# STORT BLINDS

INDIVIDUAL STYLE

YOUR LOCAL BLIND AND SHUTTER SUPPLIER

BLINDS | SHUTTERS | AWNINGS



## CALL FOR A FREE ESTIMATE

[www.stortblinds.co.uk](http://www.stortblinds.co.uk) | Tel: 01279 504121

# Club Development Update

From Richard Norden, Chairman BSRFC Board of Directors/Trustees

£950,000 – that is the amount we've spent on improvements to the clubhouse and pitch space over the last 13 years. Where has it all been spent you might well ask? – A fair question. Well, on a series of projects which started with the new car park extension opposite the Squash Club and continued with various upgrades to the clubhouse, which included the main toilets, a refurbishment of the shower block, conversion of the old gym into the Stokes Room, the refurbishment of the Main Hall, a new Bar and the creation of a new entrance, to include the Club Shop.

There has also been considerable expenditure on the pitches, with professional drainage & floodlights installed to pitches 3 and 4 behind the clubhouse. More recently we've also added floodlights to Pitch 1 in the hope that they will benefit us all during the winter months. Indeed, today will see them in use for the first time.

Within the last few days we have completed work to provide a new significantly upgraded electricity supply to the clubhouse. This should provide sufficient capacity for current and future needs. It has proved to be a very complex and time-consuming project, ably coordinated by John Allanson with assistance from Sid Sidey.

However, that is very much the past and the Trustees have for some time been working on two future projects which are much needed. The first and most important, involves the construction of additional changing rooms in a new extension to the rear of the clubhouse. Ultimately, we hope to be able to produce eight changing rooms, five in the extension and three refurbished in the clubhouse, together with improved referee's facilities, a larger kitchen and more storage.

The design of the new changing rooms incorporates the RFU's exacting specification which means each room must be self-contained (so that Men's & Ladies games can be played alongside each other) & capable of accommodating 22 players. One of their conditions is that there cannot be any plunge baths anywhere in the clubhouse – a touch of nostalgia for older readers!

Planning permission was granted on 18th August for this project, which involves the removal of all of the trees which currently occupy the proposed location of the new development. This will enable soil survey tests to be carried out and a foundation design to

be prepared. Although we do not as yet have any firm costings for the project, it is unlikely to be less than £700,000 and ideally, providing we have the funding in place, we would like to commence construction at the end of the 2019/2020 season but it may be 20/21.

We are anticipating that a potential source of funding will arise from the housing developments that are currently being undertaken, either within or adjacent to the Stortford North developments close to Silver Leys. As part of the planning consent for these developments, the housebuilders have signed a Section 106 Agreement to provide funds for sport and leisure facilities in the Town, part of which is specifically earmarked for the Rugby Club. However, these sums will only be paid after the occupation of a minimum number of houses, so this will by no means be immediate. We are however in regular contact with Councillors and Officers of East Herts Council to try and progress our application for a grant from this future funding source.

Indications have already been given by the Rugby Football Federation that provided the layout and specification of the new changing rooms meets their requirements, then a substantial interest free loan could be forthcoming. Peter Scarlett will be pursuing this & other avenues of potential grant funding.

We cannot however rely on others alone to finance this project and we will need to look to club members and sponsors to assist with this. Perry Oliver has agreed to lead the Appeal for funds for a project that is vital to the future of the Club, so you have been warned! It is likely to commence next year, linking up with our Centenary celebrations due to take place in 2020/21. We very much hope that when the time comes, all of those who have an interest in the Club will feel able to make a contribution to this Appeal in some shape or form. The important thing to remember with the project is that this will be very much a whole Club facility, used by members from all teams and age groups.

Apart from the building project, but complimentary to it, there is also the need to upgrade the remaining utilities and drainage. Whilst the new electricity supply is now in place, a similar exercise will be required to upgrade the gas, water and main drainage which will all add to the overall cost of the scheme.



The other project for which planning consent has been granted is the erection of two 100 seat stands to be located either side of half way on the far side of Pitch 1 to provide improved spectator facilities. We are hoping that a sponsor or sponsors will be prepared to assist with the funding of these as part of our appeal.

To complete the picture on the property and infrastructure front, the Trustees are in discussion with the Silver Leys Trustees to enable the club to take up a new 50-year lease of the trust land we currently occupy. This is an important development in securing the long-term future of the club at Silver Leys.

The club has also obtained agreement from the Stortford North consortium to use a grassed area on the other side of Dane O'Coys for Mini rugby purposes and Tubby is now working hard to bring the surface up to a playing standard.

The Club has also been given permission by the College to use a pavilion and toilet facilities, as well

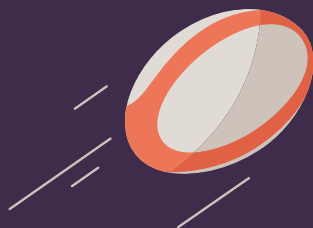
as their pitch space, on a Sunday morning. This helps to cement a relationship with the school for which the Club is extremely grateful.

Finally, it is no secret that we have a long-term aspiration to incorporate the pitch space currently used by the Swifts Football club into our playing area. This would enable the Minis to move back from the College. However, this is dependent on the Swifts finding alternative pitch space and clubhouse facilities. These may be provided in the Hoggetts Wood area of the new Stortford North development. However, this is not imminent and could only take place in the latter stages of the project & sadly we have no real control over this.

So significant challenges lie ahead!

# FORWARD.

Corporate Finance



## **Proud sponsors of Bishop's Stortford RFC**

Helping you complete

Business  
acquisitions

Management  
buy outs

Business  
sales

Independent corporate finance,  
consulting and private equity services  
for East Anglia and the South East.

[forwardcf.co.uk](http://forwardcf.co.uk)

T: 01279 215559 E: [hello@forwardcf.co.uk](mailto:hello@forwardcf.co.uk)

Thremhall Park, Start Hill, Bishop's Stortford CM22 7WE

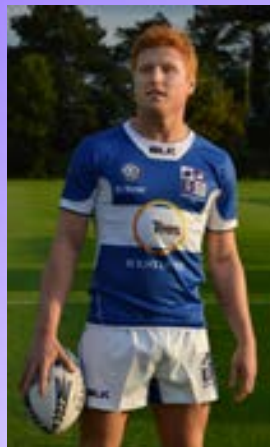


# ANDY TODD

PHOTOGRAPHY



OFFICIAL PHOTOGRAPHER OF  
BISHOP'S STORTFORD RFC



TO BUY PHOTOS, OR COMMISSION A PHOTO SHOOT, GET IN TOUCH:

T: 07903 816279 | E: [ANDY@ANDYTODD.CO](mailto:ANDY@ANDYTODD.CO) | W: [ANDYTODD.CO/BSRFC](http://ANDYTODD.CO/BSRFC)



PROUDLY SPONSORED FOR 2018-19 BY





# Proud to be BSRFC Chosen Charity

Accuro is a small, vibrant local charity providing a range of specialist services for children, young people and adults with a disability in West Essex.

## Get in touch

01279 870297 | 01279 871133

[enquiries@accuro.org.uk](mailto:enquiries@accuro.org.uk)

[www.accuro.org.uk](http://www.accuro.org.uk)



Registered Charity No:  
1094736

Tocher House, Dunmow Road, Bishop's Stortford, CM22 7TA

# BISHOP'S STORTFORD RFC MATCH DAY EXPERIENCE

## BEHIND THE SCENES WITH THE 1ST XV



As part of the Clubs ethos 'to be a strong and successful rugby club united from Senior to Mini's, trusted and valued by our community' the BSRFC Director of Rugby, Andy Long, Club Captain Sam Winter, & the rest of the 1st XV Squad provide an insight for our "Mini & Junior" Members into what goes on behind the scenes as the Players prepare for a National League

1 Match. The day kicks off with a Q&A in the 1st XV Changing Room, followed by Training, Games & Warm up Sessions with the Coaches and Players. They then form the "Players Tunnel" alongside the "Blazers" to welcome both the opposition and the 1st XV onto the pitch before the game. Their experience culminates with Post Match Photos alongside the Players.



SPONSORED BY

**RUSSELL  
PROPERTY**

**SALES  
CONSULTANCY  
LETTINGS**



## Why not join Bishop's Stortford Rugby Club?

As an Associate member:

- You receive notices and newsletters
- Will be entitled to a reduced entrance fee on 1st XV Match Days
- 10% Bar Discount
- Become a part of a thriving and vibrant community of like minded people

### MEMBERSHIP

Associate Membership

### Amount

£ 75.00

### CONTACT DETAILS

**Name:**

**D.O.B.:**

**Contact address :**

**Postcode:**

**Telephone :**

**Mobile :**

**Email :**

Hand this form with your payment to a member of the bar staff or contact the Membership Secretary – contact information on the website.

**For Playing, Non Playing and Family Memberships  
please check the website for details:**

[www.pitchero.com/clubs/bishopsstortfordrfc/signup](http://www.pitchero.com/clubs/bishopsstortfordrfc/signup)





Your trusted  
technology partner to  
transform and connect  
your business.



Proud sponsors of the  
Bishop's Stortford Colts  
and Ladies Teams.



# WESTBURY

WINDOWS & JOINERY

01245 326510

[westburyjoinery.com](http://westburyjoinery.com)

Call to visit our Essex Factory and Showroom  
46-52 Cutlers Road, South Woodham Ferrers, Essex, CM3 5XJ