



BSRFC

OFFICIAL MATCH PROGRAMME



IN THE SPOTLIGHT

SAM COLEMAN

MATCH REPORT

BISHOP'S STORTFORD 1ST XV
VS BIRMINGHAM MOSELEY

PHIL GATLAND

THE ORIGINAL STORTFORD SUPER VOLUNTEER



NATIONAL LEAGUE 1
BISHOP'S STORTFORD RFC V SALE FC
12th January 2019

£15

Members £5



This beautiful programme has been
produced using the very latest
printing gizmos!

It's produced weekly...
Designed Friday morning,
Printed and finished Friday afternoon
and in your good hands
by Saturday lunchtime!

Impressed?

Give us a call to find out more
01279 757333 | proco.com



PRESIDENT'S WELCOME

MICK COLEMAN



It gives me great pleasure to extend a very warm welcome to the players, officials and supporters of Sale, who have made the long trip south to provide the opposition for today's first team match. Also good luck to our Blues away to Richmond Saxons, hopefully they are fully recovered after their excursion to Jersey last weekend!

Sale are currently doing a little better than us, hovering around a mid table position, and will no doubt be buoyed by an excellent 31-17 win over Cinderford last week.

Unfortunately for our first team, 2019 has started pretty much as we finished 2018 – with a hard-fought defeat away at Birmingham Moseley. We built up a good lead playing some excellent rugby, but our Achilles heel caught up with us again in the second half, resulting in a 41-31 loss. Despite our precarious position, we are still playing some good entertaining rugby, and it's now more than ever that we need to get behind the boys and give them as much support as we can.

I am delighted to announce that your wonderful attire of festive jumpers together with the generous

auction prize of a Champneys Spa Package from Barons BMW we raised in excess of £1300 for our chosen charity Accuro, a huge thank you to everyone that supported this!

It's great to see corporate supporters Coke Gearing here, as Man of the Match sponsors represented by Adam Tindall and Louise Campbell, and also the ever-present David and Brian from Three Willows/Ace of Lanes. Also joining us today is Mary McHutchinson from Bovis Homes who are one of our First team sponsors, and sponsor of Sam Coleman, you're all very welcome.

And finally, it was with great sadness that we learnt of the passing of a legendary club volunteer, Phil Gatland, over the Christmas period. For many years Phil could be found behind the bar pulling pints both on match days and training nights and a more delightful, sincere man it would be hard to find. A lovely character, who will be sorely missed by everyone who had the pleasure of knowing him. I wish everyone an enjoyable afternoon at Silver Leys today, with some great rugby, great company and most of all, a Stortford win!



BARONS STANSTED. YOUR LOCAL BMW RETAILER.

PROUDLY SUPPORTING BISHOPS STORTFORD RFC.



The Ultimate
Driving Machine






As your local BMW Retailer, and sponsor of Bishop's Stortford Rugby Football Club, we have a range of fantastic offers for BSRFC members and fans. Barons Stansted offers the highest levels of service and expertise in the local area, and is the only Centre for all of your BMW needs.

Whether it's a New or Approved Used BMW, or even a Service, our commitment is to maintain the highest of standards.

**For more information or to arrange a test drive*, call us on 01279 755906
or visit www.baronsgroup.co.uk/bmw.**

BARONS STANSTED

Stansted Road, Bishop's Stortford,
Hertfordshire CM23 2BT

01279 755906   

www.baronsgroup.co.uk/bmw

*Images used for illustration purposes only. Test drive subject to status and availability.

DIRECTOR OF RUGBY

ANDY LONG



Good afternoon everyone and welcome to Silver Leys

It's was another frustrating game for us last week, we started fantastically and built an early lead but the sin bin killed our momentum and we didn't really manage this time and conceded some easy points that allowed Moseley back in the game. Some missed opportunities in the second half coupled with our hosts scrum dominance meant they gained the momentum of the game and pulled away. We valiantly pulled the bonus point try back so we left with something from the game. However it really should've been more.

Clearly we are in a real dogfight and as a group we are all up for the battle that confronts us. Training intensity has been excellent and competition for places high.

Our visitors Sale FC have enjoyed a great first season in National 1. A physical side with dangerous players dotted across the backline will mean we will need to be at our best for 80 minutes today.

There is no magic wand but a combination of hard work, courage and belief is what's required. There are still 65 points at stake and we know we need to get a huge chunk of these.

I ask you all to get behind your team today and make the difference as the 16th man.

Enjoy the game

Longy



Marcus Cattell



Tom Coleman



Kathy Hills



Adam Vine



Ben Sheath



Danny Johnston



Rob Faiers



Ash Boyle

SPONSORED BY





Industrial Network Cables



A LOCAL COMPANY WITH INTERNATIONAL REACH, SUPPORTING **BISHOP'S STORTFORD RFC**

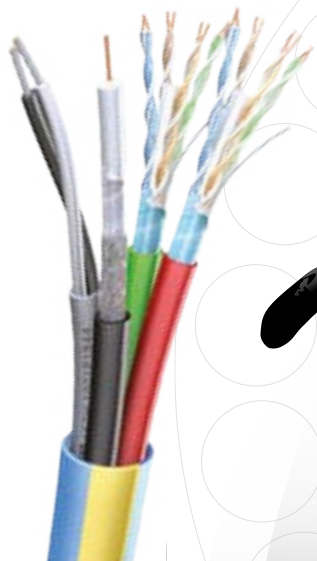
Our cables operate in some of the toughest environments within the industry worldwide.

We design and manufacture cables to the highest performance levels with third party verification, we are specified for use on the world's largest industrial projects.

No secret: Experience, common sense, plain speaking, technical knowhow and the will to deliver.

www.belcom.co.uk

 01279 871 150



COLTS REPORT

Preparations are well under way for next month's National Cup Round 3 encounter between a resurgent Bishop's Stortford Colts squad and old rivals Hitchin.

Stortford Colts are riding high after two convincing victories in the early rounds and are looking forward to the clash at Silver Leys and hoping for a strong home crowd. After losing to Hitchin in the County Cup Final last season, the U18 contingent are particularly keen to set matters straight. The squad has continued to train hard all over Christmas and the New Year and at training this week they were looking very sharp, with none of the usual drop-off in fitness at this time of the year.

As part of the build-up, on 27th January, the National Cup squad will travel to Maidenhead to challenge the side that knocked Stortford out of the Cup last season, before going on to win the competition outright. "That's how ambitious we are!" says Colts' Director of Rugby Andre Beukes, who insists his boys are a match for any team. "This is an outstanding group of rugby players. As a team, who play for each other, they have no equal."

They are also giving him no end of selection

headaches with two or three players from across the U16s, 17s and 18s contesting almost every position. It's a good problem to have.

Tuesday night sessions have moved to an all-weather pitch courtesy of Bishop's Stortford College whilst Thursday nights will continue at Silver Leys with input planned from 1st XV and Blues coaches over the next few crucial weeks.

The coming months are not just about the National Cup squad. The second half of the season is jam-packed with rugby for the four Colt's sides: U17 A's and B's and U18 A's and B's. Up to Christmas, school rugby has to take precedence and playing time carefully managed so as to minimise the risk of injury and burnout. Now most of the schools have moved over to football and hockey, it's full steam-ahead at the club. It promises to be an exciting time for the U18 B's who are so far unbeaten and sit at the top of the League table. The A's league campaign gets underway against Wasps on 3rd Feb. U17 B's remain undefeated in the league after two fixtures with their next game against Chess Valley tomorrow. Beset with injuries, the A's have had a harder time of it so far but are confident of turning the corner against Hammersmith and Fulham next week now that school rugby has finished.

Other highlights to look forward to are the County Cup matches which get underway for all sides early in March and on Saturday 23rd March, Colts will take on Spanish side Oviedo at home as a warm-up to the 1st XV game. Plenty of silverware, glory and fun still to be had this season.



THE PLAYERS

BSRFC 1'S XV 2017/18



ALEX PATTON
SPONSORED BY
 Ratcliff & Burridge
ratcliffburridge.co.uk



ANDY CHRISTIE
SPONSORED BY
 AVAILABLE FOR
 SPONSORSHIP



AUSTIN POPE
SPONSORED BY
 119 Production Services
www.119.org.uk



BEN CREASEY
SPONSORED BY
 AVAILABLE FOR
 SPONSORSHIP



BEN HARRISON-PRICE
SPONSORED BY
 The Axe & the Compass
theaxeabraughing.uk



BEN LAW
SPONSORED BY
 AVAILABLE FOR
 SPONSORSHIP



BAXTER WILSON
SPONSORED BY
 Bit Solutions
www.bitsolutions.net



BRAD ETHERINGTON
SPONSORED BY
 R W Marsh



BRANDON BOWDEN
SPONSORED BY
 Shopworks
theshopworks.com



CAMERON WILSON
SPONSORED BY
 AVAILABLE FOR
 SPONSORSHIP



CHARLIE KINGHAM
SPONSORED BY
 Recruitability
www.recruitability.co.uk



CHRIS SMITH
SPONSORED BY
 Yoga with Marcella
yogawithmarcella@gmail.com





CONNOR MAK
SPONSORED BY
AVAILABLE FOR
SPONSORSHIP



CONOR AUSTIN
SPONSORED BY
Family Sankey
lesley.narburgh@roche.com



DAVE ALDAM
SPONSORED BY
Lunch Club
perry@perryoliver.co.uk



DAN ELSOM
SPONSORED BY
Westbury Garden Rooms Ltd
www.westburygarden-rooms.com



DECLAN CAULFIELD
SPONSORED BY
T Tuscany
www.to-tuscany.com



DOM LILLEY
SPONSORED BY
AVAILABLE FOR
SPONSORSHIP



GEORGE CULLEN
SPONSORED BY
Mantle Business Centres
mantlebusinesscentres.co.uk



GEORGE FELGATE
SPONSORED BY
AVAILABLE FOR
SPONSORSHIP



GEORGE KEEN
SPONSORED BY
19 Bell Street Dental Practice
odette.lazarus@19bellstreet.co.uk



HECTOR BEVITT-SMITH
SPONSORED BY
Felsted School
www.felsted.org



JACK SCANTLEBURY
SPONSORED BY
NFU Mutual
www.nfumutual.co.uk



JAMES APPERLEY
SPONSORED BY
Japanese Knotweed
knotweedmanagement.co.uk





JAMES THACKER
SPONSORED BY
 Multitech
temporary-electrics.co.uk



JAMIE CAMPBELL
SPONSORED BY
 MCMillans Engineering
 Limited
mcmillansengineering.co.uk



JIMMY REA
SPONSORED BY
 Cammas Hall Farm
www.cammashall.co.uk



JOSS LINNEY
SPONSORED BY
 Everyone Active
everyoneactive.com/GrangePaddocks



JON GEORGE
SPONSORED BY
 Nockolds Solicitors
www.nockolds.co.uk



JOHNNY NEVILLE
SPONSORED BY
 Longmores
longmores-solicitors.co.uk



LOUIS CASTIGLIONE
SPONSORED BY
 Neil Ryner - Ryner &
 Partners
rynerandpartners.co.uk



MARK MCCRAITH
SPONSORED BY
 Forward Corporate
 Finance
www.forwardcf.co.uk



MATT TOMLINSON
SPONSORED BY
 Rickard Luckin
rickardluckin.co.uk



MIKE GALLAGHER
SPONSORED BY
 AVAILABLE FOR
 SPONSORSHIP



NICK HANKIN
SPONSORED BY
 Julie Wright - Physio &
 Sports Clinic
www.physio-and-sports-injury-clinic.co.uk



OLI JONES
SPONSORED BY
 Nuffield Health
nuffieldhealth.com/gyms/bishops-stortford





PIERS MARTIN
SPONSORED BY
 Barons BMW Stansted
baronsgroup.co.uk



REECE LANE
SPONSORED BY
 KMD Private Wealth
 Management
www.kmdpwm.co.uk



ROB DUFF
SPONSORED BY
 LCM Scrap Metal
www.lcmscrap.com



RORY BANKS
SPONSORED BY
 The Star at Stanston
www.star-standon.co.uk



ROSS BIRD
SPONSORED BY
 BEW Electrical
 Distributors Ltd
www.bewdirect.co.uk



SAM JAMES
SPONSORED BY
 Seneca Reid
www.senecareid.co.uk



SAM COLEMAN
SPONSORED BY
 Bovis Homes
www.bovishomes.co.uk



2018-19 1XV CAPTAIN
SAM WINTER
SPONSORED BY
 Pestell and Co
www.pestell.co.uk



SEAN EDWARDS
SPONSORED BY
 Palmer & Martin
palmerandmartin.co.uk



SEB BROWNHILL
SPONSORED BY
 Virtus Property
 Management
www.virtuspm.co.uk



SIMON WASLEY
SPONSORED BY
 Hanbury Wealth
www.hanburywealth.co.uk



STEVE BALL
SPONSORED BY
 Croucher Needham
www.cnmadvisory.com

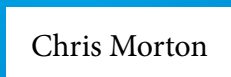




TOM BANKS
SPONSORED BY
 Russell Partnership
www.russellpp.co.uk



TOM CATTELL
SPONSORED BY
 Chris Morton
chrismorton@gmail.com



TOM COLEMAN
SPONSORED BY
 Radleys
mark.radley@radleys.co.uk



TOM McCRONE
SPONSORED BY
 Hertfordshire Display plc
www.hdprint.co.uk



TOM WALKER
SPONSORED BY
 Orwell Shipping Monaco



WILL PALOMBO
SPONSORED BY
 AVAILABLE FOR
 SPONSORSHIP



WILL SIMMONDS
SPONSORED BY
 Tees Law
www.teeslaw.co.uk



WILL ROBERTS
SPONSORED BY
 R W Pearman & Son
Jeffrey.pearman@farmline.com



INTERESTED?

Sponsor a First Team Player

Contact Julie North: julienorth1@gmail.com





WESTBURY

GARDEN ROOMS

01245 326500

westburygardenrooms.com

Call to visit our Essex Factory and Showroom
46-52 Cutlers Road, South Woodham Ferrers, Essex, CM3 5XJ

NEWS FROM THE BLUES

JERSEY REDS 24 - 19 BISHOP STORTFORD BLUES

The first game of the new year saw the Blues back on their travels, and Jersey Reds certainly counts as a travelling fixture.

The Blues had the usual challenges ahead of them with a physically bigger Jersey side as expected, but also the journey over to the island which added more challenge to the usual game preparation the Blues are used to.

The game started with both teams setting a competitive and physical tone to the game, which would very much prove to be the formula for the entire match. Stortford scored the first try of the match when a clever inside ball from fly half Jack White, put a powerful Connor Austin over the line for a try under the posts. The try converted by Ben Creasey. 0-7 This was topped up soon after when Ben Harrison held on to the ball at the back of a well-set mail to touch down in the corner. The score went unconverted meaning the lead stayed at 0-12 with 20 minutes gone.

With Stortford in the ascendancy, chances started to present themselves for an extension in the lead, however desperate defence and soft penalties from Stortford gave crucial opportunities to Jersey for them to clear their lines. It was two offside penalties that gave Jersey the opportunity to kick to the corner, and from here they launched their first driving lineout attack. This led to their first score, which when converted brought the score to 7-12 with a few moments of the first half remaining.

Jersey now aware of the effectiveness of their driving line out wasted no time in making the most of their lineout again, and in the final play of the first half scored another driving lineout to make the score 12-12.

The second half was much the same. Jersey scored another driving lineout, and a try against the bottom of the posts in the first few exchanges of the half making the score 24-12.

With the threat of the game becoming focused around the driving threat of Jersey, the Blues had to find a way to keep the ball and challenge Jersey in their own half, and through an excellent build-up of continuity and ball carrying play, Stortford responded with a converted try from Conor Mak who scored for a converted try. 19-24

Despite Stortford's best efforts they were unable to cross the line again and the score line remained 24-19.





**HANBURY
WEALTH**

PROUD SPONSORS OF

Bishop's Stortford Rugby Club




Investment planning | Retirement planning | Protecting your family

01279 466 706

info@hanburywealth.co.uk

www.hanburywealth.co.uk

 HanburyWealth



**HANBURY
WEALTH**

Hanbury Wealth is a trading style of Hanbury Wealth Management Ltd, which is authorised and regulated by the Finance Conduct Authority. FCA number 757991



**CROUCHER
NEEDHAM**

accountancy • audit • tax • advisory

PROUD SUPPORTERS OF

Bishop's Stortford Rugby Club

Our passion for business combined with a unique approach to helping our clients, enables us to help you towards:

**MORE PROFIT • LESS TAX
MORE TIME**

Working with us you will be able to concentrate your time on the things you do best - and the things you would rather be doing!



Contact us to arrange a free, no obligation meeting, to chat through how we can help you and your business prosper.

01279 213 320

www.croucherneedham.com

1A BRIDGE STREET, BISHOP'S STORTFORD CM23 2JU
MARKET HOUSE, 10 MARKET WALK, SAFFRON WALDEN CB10 1JZ

We are always on the lookout for your property



**RUSSELL
PROPERTY**
SALES CONSULTANCY LETTINGS

Whether you're a landlord or tenant...
you want to work with someone who understands all aspects of lettings.

Whether you're concerned about process, putting people together or getting things right legally, we can help.

Please call 01279 501500 to speak to one of our property professionals





Whole College

Saturday 22nd September

9.30am-1.00pm

Consistently ranked within the top 100 Independent Schools; based on A Level results

(Telegraph league table)

SatNav for parking CM23 2PQ

Do you want your child to realise their true potential?

Come to our Open Morning

"The school successfully meets its aim to be a place of learning with a broad and balanced curriculum that enables all pupils to fulfil their potential in everything they undertake." ISI Inspection 2017.

Come to the Open Morning or arrange a private visit. We look forward to welcoming you.

Building confidence for life.

01279 838604

admissions@BishopsStortfordCollege.org



Bishop's Stortford College

Co-educational Day and Boarding 4-18 years

www.BishopsStortfordCollege.org



TODAY'S OPPOSITION

SALE FC



Sale Football Club was founded in 1861 by a team of enthusiastic sportsmen drawn mainly from Sale Cricket Club and is the fifth oldest surviving rugby club.

The Clubs most treasured possession is a Minute Book from 1865 which included for the first time the ten rules to be followed by all players & it is believed to be the world's oldest existing rugby rule book.

The clubs famous Heywood Road ground has been home for them since 1903.

Over the years, Sale FC have featured many prominent international and county players including Fran Cotton, Steve Smith, Dewi Morris, Richard Trickey and Jason Robinson.

Sale Sharks, the professional premiership team are an offshoot of Sale RFC moving out of Heywood Road to plough their own furrow in 2003.

Sale were National 3 North champions in 2015 and National 2 North champions last season thus securing themselves promotion to National One & Level 3.

We made our first ever visit to Heywood Road in September but left empty handed after suffering a 22-8 defeat.

They currently sit 10th in the table having won 7 of their 17 games to date.





Proud to support Bishop's Stortford Rugby Club

Wealth management advice to kick-start your financial planning

We provide an experienced wealth management service
and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact GQ Wealth Management on:

Tel: 01279 210085

Email: leigh.gqwm@sjpp.co.uk Website: www.gqwm.co.uk

physio& sports injury clinic

The Physio & Sports Injury Clinic based at Bishop's Stortford Rugby Club,
supporting BSRFC from Minis to Seniors.

We treat all age groups and abilities, providing Quality Treatment for all types of muscle and joint problems in a Friendly and Supportive atmosphere by Experienced Chartered Physiotherapists.

Proud Sponsor of Bishop's Stortford Rugby Club

For appointments and information contact **07944 394096**

EMAIL: physioandsportsclinic@gmail.com

WEBSITE: www.physio-and-sports-injury-clinic.co.uk

Clinics Monday-Saturday with evening appointments available

Julie Wright BSc (Hons) MCSP Chartered Physiotherapist

The Physio and Sports Injury Clinic, Bishop's Stortford Rugby Club, Hadham Road, Bishop's Stortford, Herts, CM23 2QE



Temporary Electrics - Permanent Commitment®

BSRFC SPONSORS

AND SUPPLIERS OF TEMPORARY SITE SERVICES TO
THE UK CONSTRUCTION INDUSTRY SINCE 1998

New Game, New Job?

Check out the latest career opportunities at Multitech:

www.temporary-electrics.co.uk/careers

See if you can join **our** talented team (*no gum shields required*)

temporary-electrics.co.uk

Multitech Site Services Ltd, Multitech House,
Flitch Industrial Estate, Great Dunmow, Essex CM6 1XJ. Telephone: 01371 877060



Supporting the Bishop's Stortford Rugby Football Club



Proud
Sponsors of
the BSRFC
Girls & Ladies
Teams



Bishop's Stortford

t: 01279 755777



London

t: 020 3892 6800

www.nockolds.co.uk





TOTAL SUPPORT FOR COMMERCIAL PROPERTY CLIENTS

Commercial agents who mean business

Coke Gearing
consulting

Chartered Surveyors

01279 758758

- INVESTMENTS
- VALUATIONS
- ACQUISITIONS
- LANDLORD AND TENANT
- PLANNING ADVICE
- DEVELOPMENT
- SALES AND LETTINGS
- BUILDING CONSULTANCY

www.cokegearing.co.uk

PROUD SUPPORTERS OF BISHOP'S STORTFORD RFC

OUR HERITAGE,
OUR PASSION.
YOUR IPA.

greenekingipa.co.uk



GREENE KING
BURY ST EDMUNDS



HR GO RECRUITMENT

SUPPORTING BISHOP'S STORTFORD LADIES RFC

Who are we?

HR GO Recruitment, based locally in Bishop's Stortford since 1997. During this time we have built a solid reputation for providing excellent customer service to both our candidates and clients.

Why choose HR GO Recruitment?

Our team in Bishop's Stortford, collectively possess well over 60 years of recruitment experience. The knowledge and expertise we hold, coupled with our ability to provide a professional, reliable and high standard of service, sets us apart.

If you are
looking for a
friendly, honest
and local agency
then look no further!

We specialise in filling both temporary and
permanent opportunities within the
Commercial, Retail, Industrial,
Engineering and IT Sectors.

CALL 01279 503505

Email: BishopsStortford@hrgo.co.uk

BIT Solutions

Enterprise IT Systems



BIT Solutions are big on ideas, expertise and results

And small where it matters, offering the personal touch and tailored solutions. BIT Solutions are a leading provider of cloud and on premise IT solutions for clients throughout the South of England.

With our enterprise cloud platform located in two of the most advanced datacentres in Hertfordshire, we are able to provide our clients with flexible, high performance and ultra reliable cloud solutions to suit every need.

We also offer strategic IT planning, on premise IT infrastructure design, assistance to in-house IT teams and a range of business IT support plans.

Proud sponsors of Bishop's Stortford Rugby Club

T: 0333 577 2833 | E: info@bitsolutions.net | W: www.bitsolutions.net

Premier support, individually tailored



HELPING YOUR BUSINESS SUCCEED

PROUD SUPPORTERS OF BISHOP'S STORTFORD RFC

Price Bailey offers a full range of compliance and advisory services from audit and assurance to strategic corporate finance, tax consulting, pensions and outsourcing. We are here to help you and your business to grow.

For further information please contact Gary Miller or Tony Pennison:

Gary Miller, Partner

T: 01279 712719

E: gary.miller@pricebailey.co.uk

Tony Pennison, Partner

T: 01279 712716

E: tonyp@pricebailey.co.uk

 **Price Bailey**
CHARTERED ACCOUNTANTS

pricebailey.co.uk

Price Bailey ® is registered as a UK trademark of Price Bailey Group Limited. © 2018 Price Bailey. For more information about Price Bailey and regulatory details please visit www.pricebailey.com/legal.



Expect more

**Legal and financial advice from
experts on your side.**

www.teeslaw.com

Call us on 01279 755200

Tees House, 95 London Road, Bishop's Stortford, Hertfordshire CM23 3GW

Offices also at Chelmsford, Saffron Walden, Royston and Cambridge

Tees is a trading name of Stanley Tee LLP regulated by the Solicitors Regulation Authority. Registered in England and Wales number OC327874. Tees is a trading name of Tees Financial Limited which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales number 4342506.

THE BEST QUALITY SERVICE
WHAT YOU WANT, WHEN YOU WANT IT.

 BANKSY'S BAR 



ANDREW BANKS

Your local wood Specialist
andrewbanks.co.uk

01279 626389

KORU

strength + fitness

OPEN NOW



DON'T DREAM OF IT. TRAIN FOR IT.

Without doubt, the best training facility
in the area. Come and check us out.

Peek Business Park, Woodside, Bishops Stortford, CM23 5RG

T: 01279 506487 E: team@korugym.com

www.korugym.com



Proud supporters of Bishop's Stortford Rugby Football Club



Strategic Financial Planning

Understanding our clients' goals and values, then deliver ongoing strategic advice aligned to those goals and values.

Together we will devise a financial master plan that will answer questions such as "Will I have enough money to do all the things I want to do?" and "Am I doing everything I should be doing with my money?".

The value of your your investment and any income from it can fall as well as rise and you may not get back the original amount invested.

To discuss how we may be able to help you achieve your financial goals call us on

01279 874480

RESULTS GRID, TABLE & FIXTURES

NATIONAL LEAGUE 1

FIXTURE SCHEDULE & RESULTS GRID 2018-19

	Ampt	Bkth	Bir M	BSRFC	Caldy	Camb	Chin	Cind	DMP	Esher	L'boro	OE's	Plym A	RossPk	Roth	Sale
Ampt		33-22	25-17	16.02	2.02	6-13	38-27	54-10	40-29	35-20	43-34	9.03	12.01	30.03	22-8	13.04
Bkth	19.01		30-26	30.03	16.02	2.02	22-14	9.03	15-0	27.04	39-32	10-21	27-32	23-15	13.04	41-24
Bir M	6.04	9.02		41-31	27.04	15-06	33-40	23-24	36-41	23.03	2.03	19.01	48-26	2.02	28-22	31-22
BSRFC	10-29	15-16	52-8		3-13	2.03	26.01	23.03	23-26	26-29	57-25	13.04	9.02	25-27	20-22	12.01
Caldy	19-18	17-25	30-27	9.03		9.02	12.01	31-38	14-08	31-29	43-19	30.03	26.01	13.04	29-33	20-23
Camb	26.01	24-43	13.04	23-22	22-27		20-22	16.02	30.03	12.01	25-22	17-20	32-26	8-17	9.03	36-36
Chin	38-33	6.04	9.03	6-13	24-27	27-26		19.01	16.02	24-18	30.03	20-20	27.04	33-33	2.02	28-21
Cind	9.02	22-22	38-14	0-11	2.03	14-9	21-26		13.04	26.01	12.01	12-32	15-12	29-36	30.03	40-31
DMP	23.03	12.01	26.01	27.04	6.04	3-22	21-23	10-07		2.03	9.02	41-26	22-19	34-33	42-19	29-31
Esher	49-48	7-36	21-38	2.02	19.01	17-10	13.04	10-7	24-25		17-14	16.02	21-24	9.03	15-45	30.03
L'boro	27.04	23.03	35-25	19.01	53-19	14-20	48-46	8-39	39-27	6.04		2.02	06-34	16.02	5-38	9.03
OE's	13-13	11-12	38-27	17-03	34-07	23.03	9.02	6.04	31-22	22-10	48-24		2.03	12.01	27.04	26.01
Plym A	17-5	20-21	30.03	23-19	24-14	19.01	11-26	2.02	9.03	19-16	13.04	15-19		21-35	16.02	14-7
RossPk	10-06	26.01	27-22	25-17	26-10	6.04	2.03	27.04	19.01	17-25	39-31	37-24	23.03		46-24	9.02
Roth	2.03	10-07	12.01	6.04	23.03	14-25	32-26	20-03	25-13	9.02	26.01	33-34	25-14	29-12		32-27
Sale	10-27	2.03	16.02	22-8	26-24	27.04	23.03	31-17	2.02	38-44	38-31	42-38	6.04	23-31	19.01	
																ROUNDS 18-30
																ROUNDS 1 to 17

Season 2018/2019 NATIONAL 1

Results From 5th January

Home Team		Away Team
Rosslyn Park	46-24	Rotherham
Birmingham Moseley	41-31	Bishop's Stortford
Loughborough Students	53-19	Caldy
Chinnor	27-26	Cambridge
Darlington Mowden Park	41-26	Old Elthamians
Esher	49-48	Amphill
Sale FC	31-17	Cinderford
Blackheath	27-32	Plymouth Albion

Season 2018/2019 NATIONAL 1

Fixtures for 12th January

Home Team		Away Team
Caldy	vs	Chinnor
Cambridge	vs	Esher
Amphill	vs	Plymouth Albion
Old Elthamians	vs	Rosslyn Park
Rotherham	vs	Birmingham Moseley
Cinderford	vs	Loughborough Students
Bishop's Stortford	vs	Sale FC
Darlington Mowden Park	vs	Blackheath

National League 1 - 2018/19

Team	P	W	D	L	PF	PA	PD	TBP	LBP	Points
Rosslyn Park	17	12	1	4	466	384	82	10	1	61
Blackheath	17	12	1	4	411	323	88	6	2	58
Old Elthamians	17	11	2	4	448	345	103	8	2	58
Amphill & District	17	10	1	6	475	346	129	10	5	57
Rotherham	17	11	0	6	431	368	63	7	2	53
Chinnor	17	9	2	6	450	437	13	9	4	53
Plymouth Albion	17	8	0	9	351	358	-7	6	5	43
Darlington Mowden Park	17	8	0	9	393	427	-34	8	3	43
Caldy	17	8	0	9	375	432	-57	6	4	42
Sale FC	17	7	1	9	452	491	-39	6	4	40
Cinderford	17	7	1	9	336	380	-44	5	4	39
Cambridge	17	7	1	9	338	345	-7	2	6	38
Esher	17	7	0	10	372	459	-87	4	5	37
Birmingham Moseley	17	6	0	11	459	508	-49	7	6	37
Loughborough Students	17	4	0	13	440	597	-157	9	5	30
Bishop's Stortford	17	4	0	13	355	352	3	4	7	27

THE TEAMS



PLEASE NOTE THAT OUR BAR LICENCE SPEC
AND GLASS BOTTLES ONTO THE FIELD. REUSABLE, R
SO PLEASE ASK FOR ONE, IF YOU INT

BISHOP'S STORTFORD 1ST XV

BLUE AND WHITE

1	Seb Brownhill
2	Sam Crean
3	Ben Harrison-Price
4	Sekonaia Kalou
5	Matt Tomlinson ©
6	James Apperley
7	Dan Elsom
8	Charlie Kingham
9	Tom Banks
10	George Cullen
11	Joss Linney
12	Jack Scantlebury
13	George Keen
14	Rob Duff
15	Nick Hankin

REPLACEMENTS

16	Harrison King
17	Tom McCrone
18	Mark McCraith
19	Tom Coleman
20	Sam Coleman

Man of the Match Sponsors



Director of Rugby Andy Long | **Team Manager** Darren Orbart |
Lead Physio Kathy Hills | **Assistant Physio** Adam Mufti | **Assistant Physio** Tom Phillips
Defence Coach Marcus Cattell | **Attack and Backs Coach** Tom Coleman | **Blues Head Coach** Danny Johnston
Backs Transition Coach Ash Boyle | **Forwards Transition Coach** Rob Faiers
Head of Strength and Conditioning Ben Sheath | **Assistant strength and conditioning coach** - Adam Vine

IFICALLY FORBIDS THE TAKING OF GLASSES
IGID PLASTIC GLASSES ARE AVAILABLE AT THE BAR,
TEND TO TAKE YOUR DRINK OUTSIDE



SALE FC

GREEN AND BLUE

	Daniel Birchall	1
	Neil Briggs	2
	Simon Griffiths	3
	Rhys Davies	4
	Matthew Postlethwaite	5
	Andrew Hughes ©	6
	David Seymour	7
	Ryan Parkinson	8
	Matthew Bradley	9
	Mark Lawrence	10
	Paolo Odogwu	11
	Johnny Leota	12
	Connor Doherty	13
	Jack Moorhouse	14
	Jonty Rawcliffe	15

Corporate Sponsors



REPLACEMENTS

	Joe Kelly	16
	Christian Taylor	17
	Stone Priestley-Nangle	18
	Tom Ailes	19
	Chris Owen	20



Heating & Plumbing

20 Rectory Lane, Farnham,
Bishop's Stortford, CM23 1HU,
Email: nharper114@aol.com

Proud members of
Checkatrade.com
Where reputation matters



01279 771 981
harpersplumbing.co.uk



You can rely on a Worcester...

The only gas boiler manufacturer
to be awarded **Which? Best Buy**
for 6 years running...

**and you can rely
on us to install them**



SURVEYORS | PLANNERS | ARCHITECTS



- Rural & Strategic Planning
- Land & Estate Management
- Agricultural Advice
- Acquisitions & Sales
- Architectural Design
- Farm Business Appraisals & Diversification



Specialists in
Rural Property

With offices in:
Hertfordshire
Warwickshire
Norfolk

01279 77 11 88

sworders.com

gourmetürk
midweek special
MONDAY AND TUESDAY

2 COURSE MEAL
£14.99

MIDWEEK
LUNCH MENU
£11.90



BOTTOMLESS PROSECCO BRUNCH £30pp

SUNDAY
ROAST

£14.45



MATCH REPORT

BIRMINGHAM MOSELEY 41 - 31 BISHOP'S STORTFORD 1ST XV



Stortford came out of the traps quickly and were 7 points up with less than 5 minutes gone,

George Keen touched down close to the posts after, Jack Scantlebury ripped through the home defence, cutting a great angle, after Nick Hankin had run back a loose Moseley kick. Tom Banks converted, but the home side bounced straight back onto the offensive and tested the visitors' defence through phase after phase, with inside centre, Jamie Williams a constant threat. In the end, though, Moseley had to settle for three points, when the referee stopped play to allow George Keen to be treated for an injury, with play under Stortford's posts and then awarded a penalty to the home team at the restart scrum, with 15 minutes gone.

Stortford soon registered their second converted try, though, after Hankin, once again threatened from a Moseley kick, backed up this time by James Apperley, making a telling break through the middle.

The home side could stem the threat only by conceding a penalty at a breakdown some 10 metres from their line, but the respite was extremely short-lived, as Tom Banks seized on the ball, took a quick tap and forced his way over, giving himself a relatively straightforward conversion.

Despite the disruption inevitably caused by a series of enforced substitutions of Stortford threequarters, the visitors' backline continued to threaten and the team again dominated the exchanges.

Their third try duly came after 27 minutes, when Seb Brownhill touched down from a tremendous forward drive from an attacking lineout, after a long George Cullen penalty kick to touch. The attempted conversion from the touch line went wide, but this seemed insignificant, as Stortford powered back onto the attack. Unfortunately though, they were unable to capitalise on another

lineout within striking range of the Moseley line, with the throw missing its target and to compound this error, the pack was unable to win its own scrum, when the opposition knocked the ball on almost immediately.

With barely 5 minutes of the half left, Moseley again showed their attacking skills in surging quickly downfield and this time were able to make the pressure count, with number 8, Chris Brightwell touching down in the corner. A great conversion from the touchline by that man, Williams twisted the knife in the wound and a penalty goal from the same player, as time ran out brought his side's deficit down to a mere 6 points.

Stortford again looked threatening at the start of the second period, but two poor handling errors, when in attacking positions turned the ball over and, with their scrum now in total control, Moseley were able on each occasion to take full advantage by running in tries. Both were well converted again by Williams to take his side into an 8 point lead, with barely 10 minutes of the half gone.

With penalties now being conceded by Stortford at virtually every scrum, the home side drove ruthlessly on and further converted tries after 20 and 30 minutes took the game beyond the visitors' reach.

Full credit to the Stortford team, though for showing considerable pride and commitment in fighting back against the inexorable tide and forcing the final two scores. The first went to Charlie Kingham, plunging over by the posts, after several phases of expansive rugby, with the side finding renewed energy and purpose in their running lines.

The conversion was made and the Moseley defence again had no answer, as the Stortford pack launched a driving maul 5 minutes later from a 5 metre lineout from one of a series of penalties, with time running out. The conversion attempt this time bounced out off an upright and the final whistle blew.

Buy a used car from M J Warner



Your trusted local Volkswagen
retailer since 1980...

...AND PROUD SPONSORS OF

Bishop's Stortford Rugby Club



Shirt sponsors for BSRFC Mitres

Sales

Servicing

Accident repairs

M J Warner

Hare Street, Buntingford, Hertfordshire, SG9 0EA

Telephone: 01763 289 472



www.mjwarner.co.uk



We try harder.

Backup and disaster recovery for Education and Business

CALL NOW

01279 465 654

www.gigasoftwaredatabackup.co.uk



Opening Hours

Lunch

Open 7 days a week
11.30am to 2.00pm

Dinner

Sunday - Thursday
5.00pm to 11.00pm
Friday & Saturday
5.00pm to midnight

Find Us

24 Hadham Road,
Bishop's Stortford, CM23 2QS

01279 507777/658888

Order Online

www.zara-dining.com

Zara

Indian Dining

Modern Indian Dining in Elegant Surroundings

We are a family friendly restaurant, serving innovative Indian cuisine for those who enjoy good food and wine with friends in a relaxed atmosphere in the heart of Bishop's Stortford.

Why not pop in for just a glass of wine or one of our specially selected cocktails before your meal.

Or order a take-away by phone or from our web site.



LADLERS
RED POLL

JR Farming

Fuelling our 1st XV this
Season with Red Poll Beef !



Providing Bishop's Stortford & surrounding
areas with **SCRUMmy** local beef ...



LADLERS
RED POLL

Ladlers, Dunmow, Essex, CM6 1SP

07729 562996 ladlers@hotmail.co.uk

www.facebook.com/ladlersredpoll

IN THE SPOTLIGHT:

SAM COLEMAN

I have been playing rugby at Bishop's Stortford Rugby Club since I was 6 years old where I joined with my brother Jack, we were following in the footsteps of our eldest brother, Tom, and our Dad, Mick. As a family we have so many amazing memories through this club, and on a personal level I have made some very good mates – whether they are from my age group level, Colts or 1st XV.

As most of you will know, my Old Man is now the President – let's hope his jokes improve as soon as possible (apologies to anyone at the lunch who has had to listen to some awful ones). Dad represented the 1st XV from the age of 17 until he was far too old. Tom also represented all age groups and 1st XV from the age of 17. He is now the backs coach for the 1st XV, having hung up his boots last season and then taken them back down to play again this season – are you actually playing anymore, no one seems to know?

Jack decided to focus on his Farming and drinking career so hung up his boots (that he probably took off me or Tom) a long time ago, however he did actually play some senior rugby up here... apparently? Then there's me, still struggling to understand rules, moves and general tackle technique, but enjoying it (most of the time) nonetheless. I think it's safe to say Jack's possibly in the best position!

Some of the National Cup and County Cup victories with the Colts are memories I will cherish forever, however my top two have to be winning National Leagues 2 and 3. There aren't many clubs that can boast the achievements we have as a club with so many homegrown players, and it's that togetherness that helps us to succeed. Even the players that aren't home grown have become such an important part of this team, and that's not down to talent, it's through buying in to our culture and being proud to represent and be part of this club.

Speaking of togetherness, the support we have as a squad from within the club is huge. We appreciate the effort from every single one of you

that turns out to support this squad, volunteer around the club, coach the younger age groups and cheer us on as a team week in week out, so thank you. We all support the same team and when we have finished our playing days we will be right next to you cheering on the next generation of players.

I also want to say a big thank you to Bovis Homes who are my player sponsor and support the club as a whole in a big way. Bovis have really bought into the culture of our rugby club and the community around the club – so thank you Bovis (especially you, Mary). I am looking forward to Ladies Day with you!

We are currently in a bit of a tough situation, but I have no doubt we will battle through and come out the other end. I've already mentioned my top two memories, however turning this season around will be up there challenging them both. There aren't any other blokes I'd rather take on this task with.

Enjoy the game today cheer us on, keep faith, and I look forward to sharing a beer with you after the game!



Nuffield Health – Specialist in you

At Nuffield Health's gym in Bishop's Stortford our clinically trained fitness experts are on hand to guide you in your pursuit of health and fitness.

Classes range from aerobic fitness and calorie burning to muscular conditioning and toning and even classes designed to help you relax and re-energise. Beside structured classes you also get access to a fully equipped gym and swimming pool.

**Book your trial now by calling our team on
01279507002 or visit
www.nuffieldhealth.com/gyms/bishops-stortford**

Bovis Homes is delighted to support Bishop's Stortford RFC



New Bovis Homes coming soon
to Bishop's Stortford

Photography shows a typical Bovis Homes interior

bovishomes.co.uk


BOVIS
HOMES

CLUB STORTFORD

NOW IN ITS FIFTH SEASON, CLUB STORTFORD WAS SET UP BY A SMALL WORKING PARTY, TO SUPPORT THE 1STXV SQUAD AFTER PROMOTION TO NATIONAL LEAGUE RUGBY IN 2013/14. OUR AIM IS “TO ENSURE BISHOP’S STORTFORD RFC HAS A SUSTAINABLE FUTURE IN NATIONAL LEAGUE RUGBY AND CONTINUES TO NURTURE HOME GROWN TALENT.”

Working in conjunction with the 1stXV coaching team, CS provides funding for various expenditure beyond the financial resources of the main club.

Director of Rugby, Andy Long, has reiterated on a number of occasions the importance he attaches to the financial support given by Club Stortford. Quite simply, without it's support, the team would not be able to perform at such currently high levels.

We continue to look for new members, to allow us to broaden and deepen the extent of our support.

We would urge you to consider joining Club Stortford. If you are interested and would like further information, please contact our secretary,

Russell Cattell 07778 101988



THE OVAL CLUB



The Oval Club was established in 1998 with the mission statement
“To contribute towards promoting the highest possible standard of rugby throughout Bishop’s Stortford Rugby Football Club”

The Oval Club is autonomous and entirely independent of BSRFC’s financial and administrative functions. Members of the Oval Club contribute each month by standing order to raise funds to support one off projects within the Rugby Club which should be of benefit to the whole club and to provide social events for Oval Club members.

Since its inception The Oval Club has contributed more than £150,000 towards the cost of BSRFC projects such as:

- Drainage and floodlighting of the No 1 and back pitches
- Improvement and maintenance of all playing surfaces
- Protective fencing around back pitches
- Funding the cost of the use of additional playing surfaces
- Supporting Minis and Youth sections
- Refurbishment of changing rooms and showers

Regular social events are organised for and enjoyed by Oval Club members each year.

The Oval Club has played a considerable part in donating much needed funds to enable BSRFC to provide facilities and to enhance its reputation in the local and rugby communities.

Membership of the Oval Club is currently 76 and any member of BSRFC who is interested in joining the Oval Club should contact the Secretary, John Robinson, via jbr@talktalk.net



Reedside Ltd

(Ben Clarke)

Offices To Let

From starter units of 150sq. ft. increasing in size.
All with parking, near to railway station.
Keen prices, lease or licence.

Tel: 01279 658 301

Fax: 01279 506 126

Email: jsbclarke@zoo.co.uk

Properties:

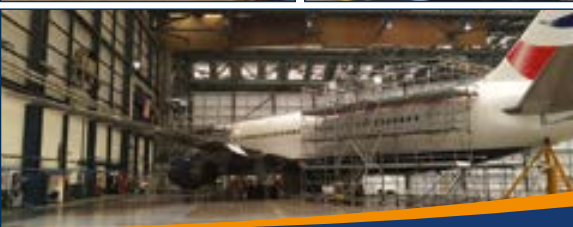
The Maltings, Southmill Road, Bishop's Stortford, Herts.
The Maltings, Station Road, Sawbridgeworth, Herts.



Essex Commercial Photography
www.davidhawkins.biz
mail@davidhawkins.biz
08707 874 184



WE ARE VERY PROUD TO SUPPORT
BISHOP'S STORTFORD RUGBY FOOTBALL CLUB
GOOD LUCK FOR THE REST OF THE SEASON




**CONNECT
SCAFFOLDING**


**CONNECT
EVENTS**


**CONNECT
HOISTS**

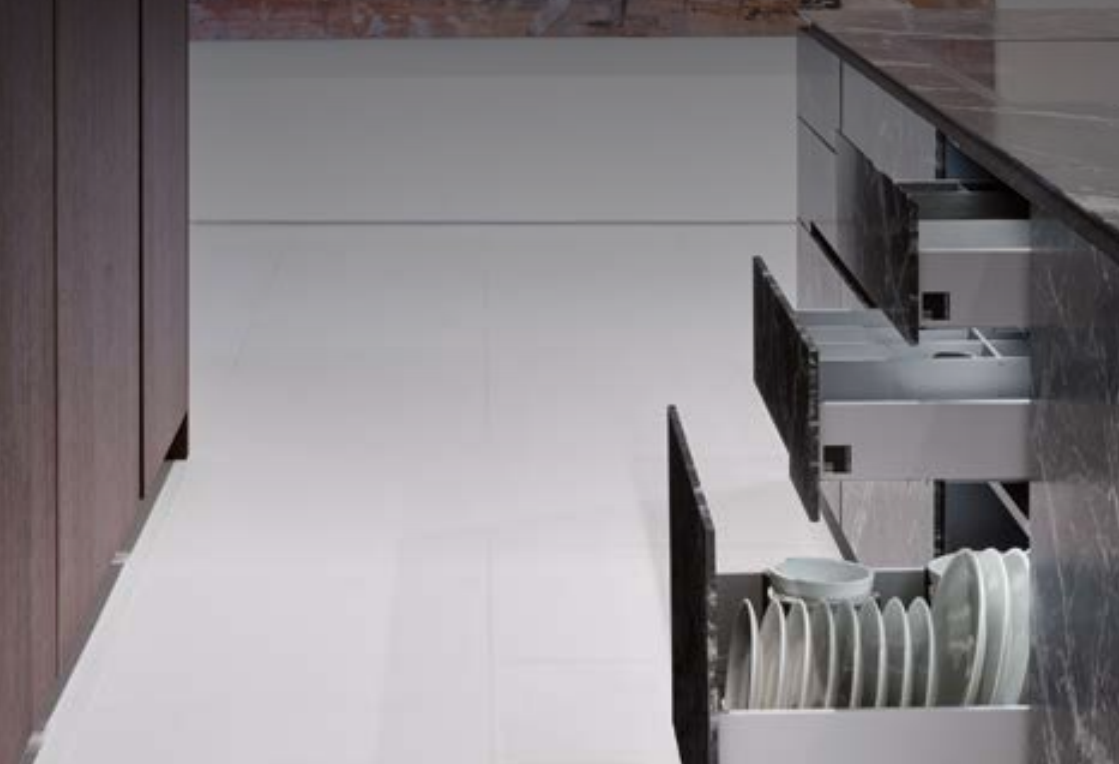


Safer, easier, quicker ... better connected!



EXCELSIOR KITCHENS

QUALITY | EXPERIENCE | SERVICE



Established in 2000, Excelsior Kitchens are one of the leading fitted kitchen specialists in East Anglia, the South and London. With a wide range of materials, colours and styles, we can find a solution for all projects, budgets and locations. Our experienced designers can offer expert advice and a professional service.

EXCELSIORKITCHENS.COM

3 Takeley Business Centre, Dunmow Road, Takeley, Essex, CM22 6SJ - T 01279 870700

WORK HERE



Thremhall Park is a beautifully restored, classic neo-Georgian building, set in 12 acres of historic parkland. We offer modern serviced offices, co-working spaces, virtual services & meeting rooms.

Call 0333 00 66 330
Mail hello@mantlebusinesscentres.co.uk
Visit mantlebusinesscentres.co.uk



THREMHALL PARK
STANSTED

We'll work around the clock to find a buyer for your property...



**RUSSELL
PROPERTY**
SALES CONSULTANCY LETTINGS

Considering a move this year?

With a wealth of local knowledge Russell Property can advise you on the best ways to maximise your homes full potential when moving.

Please call 01279 501500 to speak to one of our property professionals who will help guide you through the moving process.





Propel your business into the **New Season!**

Find out how we can help reduce costs in your office and make life easier for you and your staff with increased productivity and profit!

System One will streamline your office workflow with a range of multi-functional devices to suit both your working environment and your pocket.

System Two will design, print and provide mailing services, helping you to promote your business, services or products.

Get in touch now to find out more...

SystemOne
SIMPLE OFFICE SOLUTIONS

01279 602700
www.systemone.co.uk



SystemTwo
PRINT SOLUTIONS

01279 602709
www.systemtwo.co.uk

yoga with Marcella

vinyasa  flow



Benefits of Yoga

Yoga is a beautiful exercise for both the body and the mind.

- . Increased **Core Strength**
- . Lowers Blood Pressure
- . Increased **Flexibility**
- . Improved **Intuition**
- . Improved Digestion
- . Body **Detoxification**

What is Vinyasa Flow Yoga?

The word "**vinyasa**" can be translated as "arranging something in a special way," like yoga poses for example. Vinyasa Yoga is a style of **yoga** that **focuses on flow**. Vinyasa Yoga movements are very **smooth** and each pose **connects to the next** with either an inhale or an exhale.


**"YOGA IS
THE PRACTISE
OF QUIETING
THE MIND"**


PANTAJALI




Book Now:

- . Classes in and around:
Great Dunmow,
Bishop Stortford, Henham
and Harlow
- . Private and group bookings
also available
- . Specialising in Yoga
for athletes
- . Trained in pregnancy yoga
- . Bishops Stortford 1st XV
Rugby team official sponsor
and Yoga Instructor


 @yogawithmarcella

 @marcellayoga

 @yogawithmarcella

yogawithmarcella@gmail.com 

07852 197539 

/yogawithmarcella 

www.yogawithmarcella.co.uk



WOMEN'S & GIRLS' RUGBY

TRAINING EVERY TUESDAY

GIRLS (U13-U18): 6PM - 7.15PM

WOMEN: 7.30PM - 9PM

**BISHOP'S STORTFORD RUGBY
FOOTBALL CLUB, CM23 2PE**

**NEW
PLAYERS
WELCOME**

**TRY FOR
FREE**



BSRFC GIRLS & LADIES RUGBY



@BSRFCGIRLSWOMEN



BSRFCGIRLSANDLADIES



BSRFCCLADIES@GMAIL.COM

Bishop's Stortford Independent

www.bishopsstortfordindependent.co.uk

est: 2017 | Publication day: Wednesday | 01279 216515



7,882

Publisher's
statement

weekly readership

51,100

Publisher's
statement

unique browsers

TRUST LOCAL

 ILIFFE MEDIA

Bishop's Stortford RFC Club Shop



OPENING TIMES:

Saturday: 12.00 noon - 3.00pm
(1st XV match days only)

Sunday: 9.00am to 12.30pm

For further information please see the club website: www.bsrfc.co.uk
or contact **Bob Winnington** on
07988 646 384.





www.palmerandmartin.com

Unit 14 Twyford Business Centre
London Road
Bishop's Stortford
Herts
CM233YT
Tel: 01279 505072
Fax: 01279 508004



We pride ourselves in providing you with a one stop shop for your Self Drive Hire

Storage, haulage and Garage service requirements.

Our extensive fleet has Cars, People Carriers, Small vans, Pannel vans, Luton vans, 7.5 tonne, 18 tonne, 32 tonne & 44 tonne trucks &

Trailers for self drive hire purposes.

We can offer substantial discounts on long term and contract hires.

Our well equip workshop can service and maintain most makes of cars and HGV vehicles

and we can offer a range of courtesy vehicles whilst your vehicle is in being repaired with us*.

Don't delay call us today on 01279 505072

one of our helpful staff will see to your requirements.

Proud Sponsors of The Bishop's Stortford Rugby Club .

The driving force behind "The Bishop's Stortford Rugby Club"



STORT BLINDS

INDIVIDUAL STYLE

YOUR LOCAL BLIND AND SHUTTER SUPPLIER

BLINDS | SHUTTERS | AWNINGS



CALL FOR A FREE ESTIMATE

www.stortblinds.co.uk | Tel: 01279 504121

RESETCRYO

CRYOTHERAPY

WHAT IS CRYOTHERAPY?

Step Inside our
Cryochamber & after
3 minutes you exit
feeling Rejuvenated,
Refreshed & RESET.



As our state of the art electronic chamber drops to -85°C temperature you will be provided with all of the equipment necessary to enjoy Cryotherapy safely. Full-Body Cryotherapy stimulates cold receptors all over your body and triggers innate biological mechanisms within yourself. You'll notice an Adrenaline kick almost right away & your body will begin an anti-inflammatory response to the cold temperatures in order to increase blood flow & circulation to key parts of the body whilst restricting blood flow to your extremities.


**Replenish, Rejuvenate
and Reset your body**

Benefits of Full-Body Cryotherapy:

- Metabolism boost for 5-8hrs. Up to 3 times faster rate than normal, promoting weight loss. On average burns between 500-800 calories
- Improves the signs of ageing
- Alleviation of depression, anxiety, fatigue, insomnia, migraines & the effects of stress
- Enhanced energy and releasing "feel good" endorphins
- Decreased muscle soreness, spasms, and inflammation
- Pain relief from disorders such as rheumatoid diseases and fibromyalgia
- Faster, more efficient recovery from the stress of competitive sports or training.

BOOK NOW!

TALK TO JACQUI OR EMMA

 **01279 297070**

 **resetcryo**

 **resetcryo.co.uk**

Reset Cryotherapy Studio
Falconers (Opposite 'The Hand & Crown')
High Wych Rd
Sawbridgeworth.
CM21 0AY

Each Session is 3 minutes of Cryo, though we allocate you a total time of 15-30 mins with us.

Single session	£50
All New customers offer 4 sessions in 14 days	£100
4 sessions (single user) To be taken within 3 months	£140
8 sessions (single user) To be taken within 6 months	£240
Monthly unlimited sessions (single user)	£240

Groups of friends, family, organisations.

10 sessions. To be used within 6 months	£350
20 sessions. To be used within a year	£700

PHIL GATLAND

THE ORIGINAL STORTFORD SUPER VOLUNTEER

Sadly we lost one of our longest serving members over the Christmas Break.

Phil Gatland, who was one of our Distinguished & Honorary Life members passed away on Christmas Eve having recently celebrated his 90th birthday.

Whilst he may not have been a familiar face to many of our newer members, to those who have been 'around a while' Phil certainly was! For well over 40 years Phil provided a reassuring welcome to all who visited the club in his regular voluntary role as barman.

The most commonly recanted story about Phil is about his 'under the counter' dispensing of 100% proof 'Vodka', which he obtained on his frequent business trips to Russia, to his favourite customers to act as a chaser for their ordered pint of IPA. It is reported that several of those apparent favourites subsequently needed assistance to leave the premises!

Phil continued to man the pumps long after we transitioned from an entirely voluntary bar team to paid staff, something Phil never really forgave us for. He was still pouring the odd pint on match days, in the then called Presidents bar as recently as 2012 but inescapably age related health issues soon enforced his complete retirement.

In many ways Phil was the personification of the strong volunteer culture we have today & upon which we rely so heavily to deliver our core objectives as a charity and club.

In his youth Phil played for his local team in South London 'Old Mitchamians' and although only a lad when war broke out, did his bit by acting as a messenger for the Air Raid Wardens, before joining the RAF at 18 as a radio operator.

In 1954 he moved with his wife June to Harlow New Town and took a job as a lab assistant at Revertex, a company that produced a natural latex in drums that could be shipped all over the world. His career soon took him to Malaysia, the birthplace of the company at a time when British colonialism was coming to an end.

Upon his return to the UK we are fortunate that they chose to settle in Dane Park, across the road from the Rugby club, and raise a family. Given this proximity getting involved with the rugby club and indeed the cricket club was almost inevitable.

Phil eventually rose to become General Manager at Revertex and in that capacity made frequent trips to their biggest emerging customers, the Soviet Union & China, often having high level meetings with members of the communist regimes, hence the Vodka presents.

In 2010 Phil was made an Honorary Life member of the club in recognition for his long & distinguished voluntary service and continued, when his health allowed, to visit the club, meet old friends and cheer on whoever was playing right until the end.

Phil's funeral was on Monday & it was great to see a so many blazers on parade to say farewell. Afterwards a pint of two was also raised to his memory but no vodka!

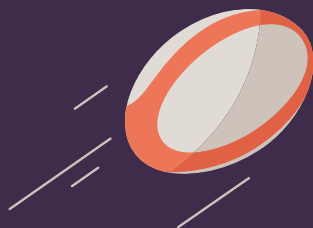
Our thoughts are with June, his children Phillip & Helen & their families at this time.

Thank you for allowing him to spend so much time over the years with us at the club. He will be greatly missed.



FORWARD.

Corporate Finance



Proud sponsors of Bishop's Stortford RFC

Helping you complete

Business
acquisitions

Management
buy outs

Business
sales

Independent corporate finance,
consulting and private equity services
for East Anglia and the South East.

forwardcf.co.uk

T: 01279 215559 E: hello@forwardcf.co.uk

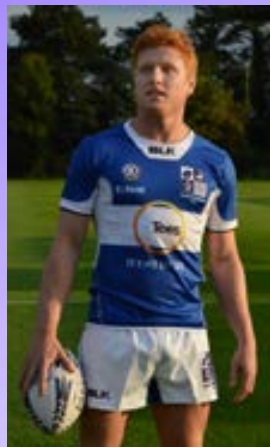
Thremhall Park, Start Hill, Bishop's Stortford CM22 7WE

ANDY TODD

PHOTOGRAPHY



OFFICIAL PHOTOGRAPHER OF
BISHOP'S STORTFORD RFC



TO BUY PHOTOS, OR COMMISSION A PHOTO SHOOT, GET IN TOUCH:

T: 07903 816279 | E: ANDY@ANDYTODD.CO | W: ANDYTODD.CO/BSRFC



PROUDLY SPONSORED FOR 2018-19 BY





accuro

supporting people with a disability

Proud to be BSRFC Chosen Charity

Accuro is a small, vibrant local charity providing a range of specialist services for children, young people and adults with a disability in West Essex.

Get in touch

01279 870297 | 01279 871133

enquiries@accuro.org.uk

www.accuro.org.uk



Registered Charity No:
1094736

Tocher House, Dunmow Road, Bishop's Stortford, CM22 7TA

BISHOP'S STORTFORD RFC MATCH DAY EXPERIENCE

BEHIND THE SCENES WITH THE 1ST XV



As part of the Clubs ethos 'to be a strong and successful rugby club united from Senior to Mini's, trusted and valued by our community' the BSRFC Director of Rugby, Andy Long, Club Captain Sam Winter, & the rest of the 1st XV Squad provide an insight for our "Mini & Junior" Members into what goes on behind the scenes as the Players prepare for a National League

1 Match. The day kicks off with a Q&A in the 1st XV Changing Room, followed by Training, Games & Warm up Sessions with the Coaches and Players. They then form the "Players Tunnel" alongside the "Blazers" to welcome both the opposition and the 1st XV onto the pitch before the game. Their experience culminates with Post Match Photos alongside the Players.



SPONSORED BY

**RUSSELL
PROPERTY**

**SALES
CONSULTANCY
LETTINGS**



Why not join Bishop's Stortford Rugby Club?

As an Associate member:

- You receive notices and newsletters
- Will be entitled to a reduced entrance fee on 1st XV Match Days
- 10% Bar Discount
- Become a part of a thriving and vibrant community of like minded people

MEMBERSHIP

Amount

Associate Membership

£ 75.00

CONTACT DETAILS

Name:

D.O.B.:

Contact address :

Postcode:

Telephone :

Mobile :

Email :

Hand this form with your payment to a member of the bar staff or contact the Membership Secretary – contact information on the website.

**For Playing, Non Playing and Family Memberships
please check the website for details:**

www.pitchero.com/clubs/bishopsstortfordrfc/signup



Your trusted
technology partner to
transform and connect
your business.



Proud sponsors of the
Bishop's Stortford Colts
and Ladies Teams.



WESTBURY

WINDOWS & JOINERY

01245 326510

westburyjoinery.com

Call to visit our Essex Factory and Showroom
46-52 Cutlers Road, South Woodham Ferrers, Essex, CM3 5XJ